



Indian Health Service QPR Suicide Prevention Training

Sacramento, CA – May 21, 2024

Question, Persuade, Refer (QPR) is an **evidence-based suicide prevention training**. Our QPR trainings are **culturally customized for American Indian/Alaska Native communities** by experts in AI/AN behavioral health. QPR is a quick intervention to help someone with suicidal thoughts or feelings

Suicide Prevention Training

Holiday Inn Sacramento Downtown Arena
300 J Street
Sacramento, CA 95814

• **QPR Gatekeeper Training** – Learn to effectively support our community members struggling with mental health issues and suicidal feelings through a 2.5 -hour training. (1- year certification)

Each course can accommodate up to 25 trainees.

Prerequisite Required:

- Complete online Pre-Survey Prior to attending the In-person QPR Session.
- Registration will close on May 17th.

To learn more or get signed up for one of the QPR Sessions please contact:

Rachel Harvey at rachel.harvey@ihs.gov OR
Karen Tenorio at ihs-spt-training@sisterskyinc.com

Training Events

- **QPR Gatekeeper Training**

Tuesday, May 21

2 Repeat Sessions

8am – 10:30 am

And

1:30 pm – 4:00 pm

