



The Native American Cardiology Program

# **The 2<sup>ND</sup> Annual Cardiovascular Disease Update: Strategies For Successful Care of the Cardiovascular Patient**

Presented by the  
Native American Cardiology Program  
University Medical Center

Accredited by the IHS Clinical Support Center

Thursday October 29, 2009 at 1pm  
until Friday October 30, 2009 at 4pm

Chaparral Suites Resort Scottsdale  
5001 N Scottsdale Rd, Scottsdale, AZ 85250  
(800) 528-1456



## **2<sup>nd</sup> Annual Cardiovascular Disease Update: Strategies for Successful Care of the Cardiovascular Patient October 29<sup>th</sup> & 30<sup>th</sup> 2009**

**COURSE DESCRIPTION:** This will be one and a half day conference to provide high quality continuing education primarily to clinicians and providers in the Indian Health Service. The first half day will focus on more acute problems including evaluation of a patient with acute stroke, treatment of cardiac arrest survivors and management of acute coronary syndromes. The second day will focus on more chronic cardiovascular disease. We hope to bring providers the most up to date information on evaluation and treatment of cardiovascular diseases with particular emphasis on practical diagnostic and therapeutic strategies for common cardiovascular conditions, including chronic kidney disease, chronic angina, dyslipidemia, atrial fibrillation and peripheral vascular disease.

**COURSE LEARNING OBJECTIVES:** Review the changing epidemiology of heart disease, diabetes and obesity among Native Americans. Discuss the rapid evaluation and appropriate care of the acute stroke patient. Review the treatment options and guidelines for the management of acute myocardial infarction, as they apply to rural Indian Health Service sites. Discuss ways to improve intact neurologic survival for cardiac arrest patients using optimal resuscitation, hypothermia, and transfer protocols. Assess the data regarding the benefits of medical therapy compared with revascularization for patients with chronic angina and coronary artery disease. Provide clinical strategies to optimize the evaluation and treatment of patients with heart failure. Review medical therapies and treatment goals for the patients with chronic kidney disease. Delineate strategies for the management of the patient with atrial fibrillation. Discuss lipid and blood pressure management and review studies on cardiac risk factors in Native Americans. Assess strategies for limb salvage in patients with peripheral vascular disease. Review fundamentals of ECG analysis and treatment of arrhythmias.

**INTENDED AUDIENCE:** Physicians, nurse practitioners, physician assistants, and nurses with an interest in cardiovascular disease

**CONTINUING MEDICAL EDUCATION CREDIT:** The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The IHS Clinical Support Center designates this educational activity for a maximum of 8 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This Category 1 credit is accepted by the American Academy of Physician Assistants and the American College of Nurse Midwives.

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This activity is designated 8 contact hours (including 0.25 hours of pharmacology) for nurses.

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**SPONSORS:** American Heart And Stroke Association, University Medical Center Native American Cardiology Program, Indian Health Service and Indian Health Service Clinical Support Center (the accredited sponsor).

**REGISTRATION:** To register, please complete the attached form and return by any of 3 possible routes:

E-mail: [lkoepke@umcaz.edu](mailto:lkoepke@umcaz.edu) or [bmalasky@umcaz.edu](mailto:bmalasky@umcaz.edu)

Fax to: (520) 694-6712

Mail to: Laura Koepke, ANP, Native American Cardiology Program, 1501 N Campbell Ave, PO Box 245202, Tucson, AZ 857254

**FEES:** There is no charge for the course for IHS and tribal providers. There is a nominal \$75 fee for non-IHS personnel who wish to participate.

**FACULTY LIST AND FINANCIAL DISCLOSURES**

Dr. David Armstrong, DPM, PhD  
Professor of Surgery  
Arizona Health Sciences Center  
Founder and Co-Director, Southern Arizona Limb Salvage Alliance (SALSA)

Dr. Eric Brody, MD, FACC  
Assistant Professor of Clinical Medicine  
Arizona Health Sciences Center  
Director of Clinical Services and Associate Director, Native American Cardiology Program

Dr. Samir Dahdal, MD, FACC  
Native American Cardiology Program  
University Medical Center

Dr. Wm. James Howard, MD  
Professor of Medicine  
George Washington University School of Medicine  
Vice President of Academic Affairs  
Washington Hospital Center

Dr. Timothy Ingall, MD, PhD, FRACP  
Associate Professor of Neurology  
Mayo Clinic at Scottsdale

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**FACULTY LIST AND FINANCIAL DISCLOSURES**

Dr. Karl B. Kern, MD, FACC  
Professor of Medicine  
Director, Cardiac Catheterization Lab  
Arizona Health Sciences Center

Dr. Beth Malasky, MD, FACC  
Clinical Associate Professor of Medicine  
Arizona Health Sciences Center  
Native American Cardiology Program  
University Medical Center

Dr. Joseph Mills, MD, FACS  
Chief, Section of Vascular Surgery  
Professor of Surgery  
Co-Director, Southern Arizona Limb Salvage Alliance  
Arizona Health Sciences Center

Dr. Peter Ott, MD, FACC  
Associate Professor of Medicine  
Director, Electrophysiology Laboratory and Arrhythmia Services  
Arizona Health Sciences Center

Dr. David Whittman, MD, MPH  
Associate Professor of Clinical Medicine  
Arizona Kidney Disease and Hypertension Center  
Arizona Health Sciences Center

**Faculty Disclosure Statement**

As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be included in course materials so those participating in the activity may formulate their own judgments regarding the presentations. The course directors/coordinators, planning committee members, and faculty for this activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to

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**Faculty Disclosure Statement (continued)**

disclose, with the following exceptions:

**Dr. Howard** has been on the speaker's bureau of Abbott and Daiichi/Sankyo; he has been a consultant for Merck, Pfizer and Schering and he has received research support and has been on the speaker's bureau of AstraZeneca, Pfizer, Merck and Schering.

**Dr. Ingall** has been a consultant for Genentech when tPA was evaluated for use in acute stroke.

**Dr. Kern** is on the speaker's bureau of Medivance.

**Dr. Ott** is has received honoraria for speaking on behalf of St. Jude Medical and Medtronic Corporation.

Prior to presentation, all lectures were reviewed by the steering committee, for content of presentation, with special attention to best available evidence and to ensure that the above listed financial disclosures/conflicts of interest did not result in bias of presentation. Due to Dr. Howard's financial relationships, the accredited sponsor deemed it prudent to offer this lecture without CME credit.

**AGENDA**

**Thursday October 29, 2009**

1-1:45: Registration

1:45-2: Opening remarks and Prayer

2:00-2:30 You're Breaking My Heart: Diabetes and Cardiovascular Disease Among Native Americans

**Dr. Beth Malasky**

2:30-3:15: Improving Stroke Outcomes: Rapid Assessment and Treatment of the Patient with Acute Neurologic Symptoms

**Dr. Timothy Ingall**

3:15-3:30: Break

3:30-4:15: Acute Coronary Syndromes on the Reservation: Translating Guideline Care to Clinical Practice in Rural Sites

**Dr. Eric Brody**

4:15-5:00: Effective Resuscitation from the Field to the Flight: Improving Survival from Cardiac Arrest

**Dr. Karl Kern**

5:45-8:00: Reception and Dinner: The Roaring Fork Restaurant, 4800 N Scottsdale Rd # 1700

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**AGENDA**

**Friday October 30, 2009**

7:15-8: Registration and Breakfast

8-8:15: Opening remarks and Prayer

8:15-9: Chronic Angina: Having the COURAGE To Treat  
**Dr. Beth Malasky**

9-9:45: Not Too Wet, Not Too Dry, Just Right: Tips for the Treatment of Heart Failure  
**Dr. Samir Dahdal**

9:45-10:00: Break

10:00-10:30: Successful Treatment of the Patient with Renal Insufficiency  
**Dr. David Whittman**

10:30-11:00: You Make My Heart Go Pitter-Patter: Atrial Fibrillation  
**Dr. Peter Ott**

11:00-12: From STRONG To SANDS: Managing Lipids and Blood Pressure among Native Patients—Yes We Can!!

**Dr. James Howard**

*(Due to Dr. Howard's financial relationships, the accredited sponsor deemed it prudent to offer this lecture without CME credit.)*

12-1: Lunch

1:00-1:45: Roundtable/ Cases

1:45-2:30: "Toe and Flow": How Two Chefs in the Kitchen Can Make SALSA--Lessons for Amputation Prevention in High Risk Patients  
**Dr. Joseph Mills and Dr. David Armstrong**

2:30-2:45 Break

2:45-3:15: ECG and Rhythm Evaluations: A Hand's On Approach  
**Dr. Peter Ott**

3:15-3:45: Antithrombotics, Antihypertensives, Antilipidemics: A Quick Review  
**Drs. Brody, Dahdal and Malasky**

3:45-4: Conference Wrapup  
**Dr. Beth Malasky**

**REGISTRATION FORM**  
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**Location:** Chaparral Suites Resort Scottsdale  
5001 N Scottsdale Rd, Scottsdale, AZ 85250  
**Telephone:** (800) 528-1456

For room reservations, refer to Native American Cardiology Program 2<sup>nd</sup> Annual Cardiovascular Disease Update. A limited number of rooms have been reserved for a guaranteed government rate for night of October 29, 2009. Reservations can be extended 3 days before and after, based on availability. Please **book by October 9, 2009** to obtain the guaranteed rate. Single \$122 plus tax; Double \$132 plus tax

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Attendee: Last name, First name, Middle Initial

Degree: MD\_\_\_ DO\_\_\_ PA\_\_\_ NP\_\_\_ RN\_\_\_ Other\_\_\_

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Institution

E-mail : \_\_\_\_\_

Mailing Address: \_\_\_\_\_

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City

State

Zip

Contact Phone Number: \_\_\_\_\_

I **will** attend dinner Thursday night \_\_\_\_\_ (please initial)

I **will not** attend dinner \_\_\_\_\_(please initial)

**COURSE REGISTRATION CLOSSES OCTOBER 15, 2009**

**TO REGISTER:**

**E-mail:** [bmalasky@umcaz.edu](mailto:bmalasky@umcaz.edu) or [lkoepke@umcaz.edu](mailto:lkoepke@umcaz.edu)

or

**FAX:** (520) 694-6712

or

**Mail:** Dr. Beth Malasky, Native American Cardiology Program  
1501 N Campbell Avenue, PO BOX 245202, Tucson, AZ 85724

\*The course is free for INDIAN HEALTH SERVICE OR TRIBAL EMPLOYEES.  
NON-IHS EMPLOYEES COST: \$75.00 Please make checks payable to: UMC FOUNDATION  
NACP CONFERENCE