The Special Diabetes Program for Indians: Facts At-a-Glance

The purpose of the *Special Diabetes Program for Indians* (SDPI) is to treat and prevent diabetes in American Indians and Alaska Natives.

RESPONDING TO THE DIABETES EPIDEMIC

1997	Congress passed legislation to create the *Special Diabetes Program for Indians*
$150 million	Current annual funding for the *Special Diabetes Program for Indians*
399	Number of grant programs funded by the *Special Diabetes Program for Indians*, located at Tribal, Indian Health Service, and urban Indian health programs in 35 states

Of the 399 grant programs:

333	**Community-Directed Grant Programs** providing diabetes treatment and prevention interventions to address local community priorities
$116.4 million	Annual amount of *Special Diabetes Program for Indians* funding for the 333 Community-Directed Grant Programs
66	**Demonstration Projects** translating the science of diabetes prevention and cardiovascular disease risk reduction in American Indian and Alaska Native communities
$27.4 million	Annual amount of *Special Diabetes Program for Indians* funding for the 66 Demonstration Projects
$5.2 million	Annual amount of *Special Diabetes Program for Indians* funding to improve **diabetes data collection and analysis** in American Indians and Alaska Natives

SPECIAL DIABETES PROGRAM FOR INDIANS RESULTS:

A Decade of Success in Delivering Excellent Diabetes Care

13%	Percent reduction in **mean blood sugar levels** in American Indians and Alaska Natives from 1996 to 2006
17%	Percent reduction in **mean LDL cholesterol** (i.e., "bad" cholesterol) levels in American Indians and Alaska Natives from 1998 to 2006

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33%	Percent reduction in the prevalence of **protein in the urine** (a sign of kidney dysfunction) in American Indians and Alaska Natives from 1996 to 2006
99%	Percent of programs tracking diabetes patients through **diabetes registries** in 2006
98%	Percent of programs with **diabetes teams** to coordinate diabetes care in 2006
67%	Percent of programs with **diabetes clinics** to deliver organized diabetes care in 2006

Promoting Healthy Lifestyles

82%	Percent of programs that offer type 2 **diabetes prevention** programs for **youth** in 2006
72%	Percent of programs that offer **weight management** programs for **youth** in 2006
84%	Percent of programs that offer **weight management** programs for **adults** in 2006
96%	Percent of programs that offer **nutrition** services for **adults** in 2006
94%	Percent of programs that offer **nutrition** services for **youth** in 2006
92%	Percent of programs that offer **community walking and running** programs in 2006
79%	Percent of programs that offer **community exercise** classes in 2006
96%	Percent of programs that offer **organized diabetes education** activities in 2006
92%	Percent of programs that offer **culturally-appropriate diabetes education** programs in 2006
79%	Percent of programs that use one or more **traditional Native approaches** for diabetes education, support, and strengthening traditional ties in 2006

The *Special Diabetes Program for Indians* (SDPI) has successfully implemented the most far-reaching, innovative program to address the diabetes epidemic in American Indians and Alaska Natives. The program has helped improve the health and quality of life of thousands of American Indians and Alaska Natives. The successes achieved thus far represent only the beginning of what can be achieved when Tribal, government, and organizational partners work together towards the shared goal of a diabetes-free future.

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