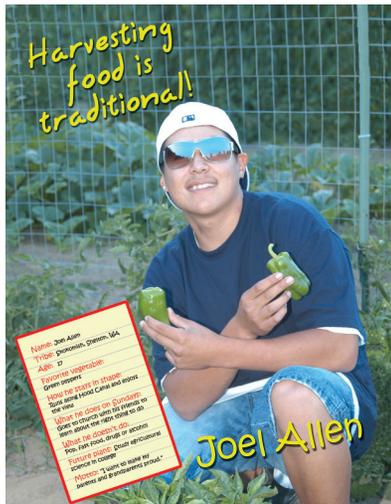


Name: Kaitlyn Joplin
 Tribe: Spring Mountain Apache, Oklahoma, AZ
 Age: 13
 Favorite activity: Running
 Favorite foods: Anything healthy
 Favorite hobbies: Reading, drawing, and playing guitar
 Health goal: To be a professional athlete
 Life goal: To be a professional athlete

Katelyn Joplin



Name: Joel Allen
 Tribe: Cherokee, Oregon, OR
 Age: 15
 Favorite vegetable: Broccoli
 What he likes to do on weekends: Hang out with his friends and go to the gym
 What he doesn't like: Not having enough sleep
 Health goal: To be a professional athlete
 Life goal: To be a professional athlete

Joel Allen



Name: Arielle Cawston
 Tribe: Cherokee, Georgia, GA
 Age: 14
 Favorite activity: Reading
 Favorite foods: Anything healthy
 Favorite hobbies: Reading, drawing, and playing guitar
 Health goal: To be a professional athlete
 Life goal: To be a professional athlete

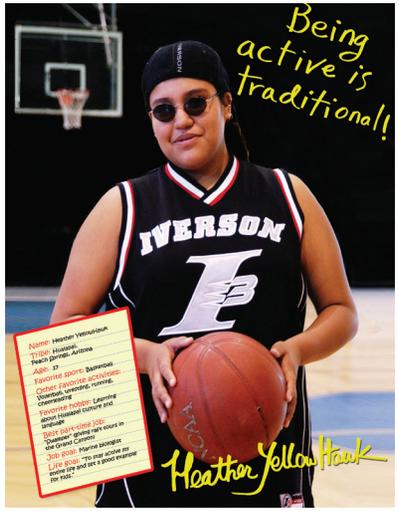
Arielle Cawston

**Let's Celebrate
 Our Heritage
 by
 Preventing
 Diabetes**

November is National Diabetes Awareness Month
 and American Indian & Alaska Native Heritage Month

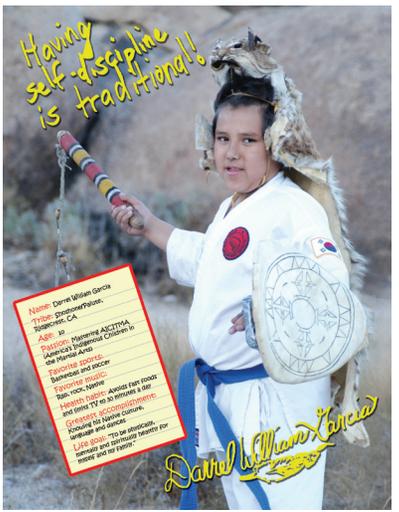
Let's join these youth
 in preventing diabetes,
 knowing that it is our tradition
 to be well in mind, body and spirit,
 envisioning wellness
 in our youth, our families,
 our communities.

Produced by I.H.S. Division of Diabetes Treatment and Prevention, 11/2011



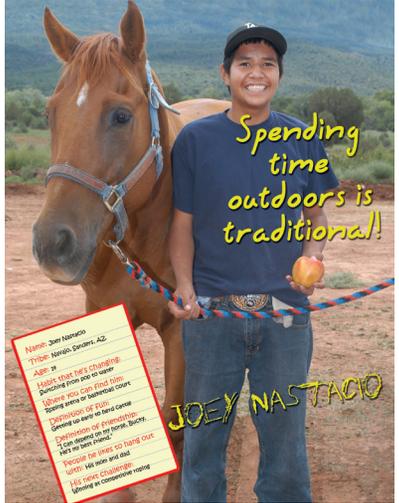
Name: Heather Yellow Hawk
 Tribe: Navajo, Arizona
 Age: 14
 Favorite sports: Basketball
 Favorite foods: Anything healthy
 Favorite hobbies: Reading, drawing, and playing guitar
 Health goal: To be a professional athlete
 Life goal: To be a professional athlete

Heather Yellow Hawk



Name: Danel Williams Garcia
 Tribe: Guaraní, Mexico, CA
 Age: 14
 Favorite activity: Martial Arts
 Favorite foods: Anything healthy
 Favorite hobbies: Reading, drawing, and playing guitar
 Health goal: To be a professional athlete
 Life goal: To be a professional athlete

Danel Williams Garcia



Name: Joey Nastacio
 Tribe: Navajo, Arizona, AZ
 Age: 14
 Favorite activity: Spending time outdoors
 Favorite foods: Anything healthy
 Favorite hobbies: Reading, drawing, and playing guitar
 Health goal: To be a professional athlete
 Life goal: To be a professional athlete

JOEY NASTACIO



Name: Evangeline Bradley
 Tribe: Navajo, Arizona, AZ
 Age: 14
 Favorite activity: Playing saxophone
 Favorite foods: Anything healthy
 Favorite hobbies: Reading, drawing, and playing guitar
 Health goal: To be a professional athlete
 Life goal: To be a professional athlete

Evangeline Bradley

How to use the Heritage and Diabetes Prevention photo display --

- Components:** Eight 8.5" by 11" full-color pages (7 posters plus title sheet)
- Space Needed:** 4' (wide) by 2 1/2' (high) or arrange to fit available wall space
- Date to Put Up:** November 1, 2011 (start of National Diabetes Awareness Month and National American Indian & Alaska Native Heritage Month) -- leave up through month or longer
- Audiences:** American Indian and Alaska Native parents, youth, families and staff
- Places to Post:** Clinic waiting rooms, community rooms, fitness centers, staff gathering areas, youth centers
- Purpose:** To motivate audiences of all ages to follow the youths' role modelling by taking similar steps to prevent diabetes

Produced by I.H.S.
 Division of Diabetes
 Treatment and Prevention
 11/2011

