

Continuing Education Information

IHS Division of Diabetes Treatment and Prevention

Creating Strong Diabetes Programs: Plan a Trip to Success!

Release Date: July 1, 2010

Expiration Date: June 30, 2011

Target Audience: Health care providers working in Special Diabetes Programs for Indians (SDPI) grant programs.

Activity Overview:

This training and corresponding workbook are designed to offer skills and knowledge related to the concepts and processes of planning and evaluating a diabetes program. Following the completion of the training, one can use the tools provided for program improvement and complete a draft program plan and evaluation for their own program.

Description: Plan a Trip to Success!

Planning a diabetes program is an important responsibility. This training offers steps and tools on how to identify and get stakeholders involved in the program, how to assess community needs, provides activities in the form of Best Practices that are shown to be effective, and how to document results and how resources were used.

Many diabetes programs conduct a lot of interesting activities, but may not be getting credit for their accomplishments by the participants, community, and health care providers.

Why does this happen? Often programs conduct programs that are focused on doing activities but they do not have data to demonstrate that their activities and efforts are successful. Many times programs are not planning appropriately and are not conducting evaluation.

The IHS DDTP offers a web-based learning program in which participants can learn about the basics of program planning and evaluation. The information in the program will help participants understand what program planning and evaluation are, why they is necessary, how to program plan and conduct an evaluation step by step.

The web-based program is an interactive experience involving activities and videos designed to apply the concepts learned.

Training objectives

1. Define planning and state why planning a diabetes program is necessary
2. State how to identify and engage stakeholders involved in the diabetes program.
3. Assess the diabetes needs of your community.
4. Select diabetes activities that are shown to be effective.
5. Write a goal and an objective for your diabetes program.
6. State the importance of documenting activities, results and how resources were used.
7. Develop a plan for your diabetes program using a visual planning tool (or road map).

You can start and stop the training, but you will need to note where you stop as the program does not keep track of this for you.

NOTE: If you stop once you start the final section with the quiz and practice session, your answers will not be saved. Your computer will not remember your answers, nor will it score your quiz unless you complete the final section in one sitting.

If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

Continuing Professional Education (CE) Credit Information

To receive CE credit, you must view the entire training, successfully pass the quiz (score \geq 80%), and complete an evaluation. You will be able to print a "Certificate of Continuing Education Credits" online following the training.

ACCREDITATION:



Continuing Medical Education Credit

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The IHS Clinical Support Center designates this educational activity for a maximum of 2 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses Continuing Education Credit

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been designated up to 2.0 contact hours for nurses. (ID No.ANCC-IHS-083/09)





Registered Dietitian Continuing Education Credit

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 2 CEUs. Each attendee should only count the number of hours for each activity attended.



DABNB Approval indicates that a continuing education course sponsor is a qualified provider as described in the Dental Registration Guidelines. DABNB does not, however, guarantee or warrant any particular continuing education course and is not responsible for the quality of any course content.

The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.

The IHS Division of Oral Health designates this continuing dental education course for one (1) credit.

Sponsors and Partners of Program Planning and Evaluation Training

The planning and development included IHS Division of Diabetes Treatment and Planning and a team of individuals with expertise in relevant professions.

Name and Credentials	Present Position/Title
Wendy Sandoval, PhD, RD, CDE	Training Officer - IHS Division of Diabetes
Tom Taylor, DDS	Tele-Health Program Director - IHS Division of Diabetes
Lorraine Valdez, RN	Deputy Director - IHS Division of Diabetes
Kelly Acton, MD	Director - IHS Division of Diabetes
Susan Gilliland, PhD, MPH, RN	Evaluation and Epidemiology Consultant - IHS Division of Diabetes
Dianna Richter, MPH, RD	Nashville Area Diabetes Consultant
Melanie Sells, BS	Training Assistant – IHS Division of Diabetes
Karen Higgins, PhD, RD	Tucson Area Diabetes Consultant
Dorinda Wiley-Bradley, RN, CDE	Diabetes Program Albuquerque Indian Health Center
Theresa Kuracina, MS, RD	Diabetes Dietitian - Albuquerque Indian Health Center
Jan Atencio, RN	Albuquerque Indian Health Center
Mariela Cisco, MPH, RD	Nutrition Case Manager, SDPI Healthy Heart Grant Albuquerque Indian Health Center
Eugenia Johnson, BSHS	SDPI Health Heart Project - Albuquerque Indian Health Center

Disclosure Statements

All planning committee members and all faculty members for this series of trainings have completed the disclosure process and have indicated they have no significant financial relationships or affiliations with any product or commercial manufacturer that might constitute a conflict of interest. Additionally, each faculty member has indicated that he or she will identify any experimental or “off-label” uses of any medications, and will use generic names or multiple trade names when discussing medications.

Hardware/Software Requirements:

Flash Player 8 or higher

Windows	Macintosh
Intel Pentium II 450MHz or faster processor (or equivalent)	PowerPC G3 500MHz or faster processor
128MB of RAM	128MB of RAM

Operating systems and browsers

Flash Player 8 is supported on the following operating systems and browsers:

Windows

Platform	Browser
Microsoft Windows 98	Microsoft Internet Explorer 5.5, Firefox 1.x, Mozilla 1.x, Netscape 7.x or later, AOL 9, Opera 7.11 or later
Windows Me	Microsoft Internet Explorer 5.5, Firefox 1.x, Mozilla 1.x, Netscape 7.x or later, AOL 9, Opera 7.11 or later
Windows 2000	Microsoft Internet Explorer 5.x, Firefox 1.x, Mozilla 1.x, Netscape 7.x or later, CompuServe 7, AOL 9, Opera 7.11 or later
Windows XP	Microsoft Internet Explorer 6.0, Firefox 1.x, Mozilla 1.x, Netscape 7.x or later, CompuServe 7, AOL 9, Opera 7.11 or later
Windows Server 2003	Microsoft Internet Explorer 6.0, Firefox 1.x, Mozilla 1.x, Netscape 7.x or later, CompuServe 7, AOL 9, Opera 7.11 or later

Macintosh

Platform	Browser
Mac OS X v.10.1.x, 10.2.x, 10.3.x, or 10.4.x	Internet Explorer 5.2, Firefox 1.x, Mozilla 1.x, Netscape 7.x or later, AOL for Mac OS X, Opera 6, Safari 1.x or later

To view video segments - 500kbps (broadband, such as: DSL, cable modem, T1 or faster)

Methods Used in Development of this Workbook

The concepts provided in this online training course and the workbook are based on the CDC Practical Evaluation of Public Health Programs. We encourage you to seek out this valuable information to enhance your learning process. The materials are available on line <http://www.cdc.gov/eval/framework.htm>

Updates to Future Program Planning Training Materials

The materials will be updated as needed.