

## **Continuing Education Information**

### **IHS Division of Diabetes Treatment and Prevention**

**Title:** Diabetes Foot Care

**Presenter:** Stephen Rith-Nijarian, MD

**Type of Activity:** Enduring Event (Web-based training)

**Release Date:** December 14, 2011

**Expiration Date:** December 13, 2012

**Original Accreditation period:** December 14, 2009 – December 12, 2010

**Target Audience:** Health care providers, especially those working in Special Diabetes Programs for Indians (SDPI) grant programs.

**Description:** This on-line training provides a review of foot care for people with diabetes and includes information on screening, interventions and treatment and prevention of injuries. A description of a Best Practice in foot care is also included.

**Objectives:** As a result of completing this training, participants will be able to:

1. Incorporate identification of 4 risk factors for diabetic foot complications into clinical practice.
2. Conduct a complete diabetic foot exam yearly on patients with diabetes.
3. Incorporate appropriate risk interventions strategies to decrease risk for foot complications.
4. Provide education to patients at high risk for foot complications.
5. Give an example of at least one change you will incorporate into your clinical or public health practice.

**Note:** Before you begin any of the web-based trainings, you can review the IHS Privacy Policy ([http://www.ihs.gov/privacy\\_policy.asp](http://www.ihs.gov/privacy_policy.asp)). Also, you can review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.

(<http://help.surveymonkey.com/app/srch/list/kw/privacy%20policy/sno/1/search/1/session/L3NpZC9XNn04bEJhaw%3D%3D>).

**Requirements:** You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at [diabetesprogram@ihs.gov](mailto:diabetesprogram@ihs.gov) for alternate viewing options.

If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to [diabetesprogram@ihs.gov](mailto:diabetesprogram@ihs.gov).

**Continuing Professional Education (CE) Credit Information:** To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score  $\geq$  80%), and complete an evaluation. You will be able to print a "Certificate of Continuing Education Credits" online following the training.

## ACCREDITATION:



### **Continuing Medical Education Credit**

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The IHS Clinical Support Center designates this enduring activity for a maximum of 1 *AMA PRA Category 2 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nurses Continuing Education Credit**

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been designated 2 contact hour for nurses.



Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

### **Disclosure Statements**

As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be included in course materials so those participating in the activity may formulate their own judgments regarding the presentations. The course directors/coordinators, planning committee members, and faculty for this activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose.

### **Sponsors and Partners**

The planning and development included IHS Division of Diabetes Treatment and Planning and a team of individuals with expertise in relevant professions.

<b>Name and Credentials</b>	<b>Present Position/Title</b>
Lorraine Valdez, RN, BSN, MPA	Acting Director, IHS Division of Diabetes
Ann Bullock, MD	Clinical Consultant, IHS Division of Diabetes
Tom Taylor, DDS	Tele-Health Program Director - IHS Division of Diabetes
Wendy Sandoval, PHD, RD, CDE	Nutritionist/Training Officer – IHS Division of Diabetes
Jan Frederick, MS, RD	Dietitian/Training Assistant – IHS Division of Diabetes
Stephen Rith-Nijarian, MD	Area Diabetes Consultant, Foot Care Specialist