

## Comparison Summary: Indian Health Service and American Diabetes Association Diabetes Education Recognition Programs

The following outline summarizes the general requirements of the Indian Health Service (IHS) and American Diabetes Association (ADA) diabetes education recognition programs. The IHS and ADA are approved by the Centers for Medicare and Medicaid Services (CMS) as national accreditation organizations. Programs accredited by these organizations may be eligible to seek Medicare reimbursement of their diabetes self-management education (DSME).

The IHS and ADA requirements are summarized in the first two columns according to major DSME program components and process. CMS requirements are summarized in the third column. More detailed information about these programs is available from the following websites:

- ✚ Indian Health Service: [www.ihs.gov/medicalprograms/diabetes](http://www.ihs.gov/medicalprograms/diabetes)
- ✚ American Diabetes Association: [www.diabetes.org](http://www.diabetes.org)
- ✚ Centers for Medicare and Medicaid Services: [www.cms.gov](http://www.cms.gov)

	IHS IDERP	ADA Education Recognition Program	CMS Rules for Coverage of DSME
<b>Mission</b>	National accreditation program to promote and recognize quality comprehensive diabetes education programs which meet <i>National Standards for DSME</i> in the Indian health system (I/T/U communities) and which integrate educational, clinical, and public health services.	National accreditation program to promote and recognize quality comprehensive diabetes education programs which meet <i>National Standards for DSME</i> in U.S.  <b>To promote quality education for people with diabetes, the Association endorses the National Standards for DSME.</b>	CMS formulates rules for expenditure of tax revenues for Medicare recipients  CMS oversees the national accrediting organizations
<b>Technical assistance on DSME</b>	Ongoing varied and individualized T.A. to I/T/U sites, including on-site visits. Random site audits 5% accredited sites	Phone technical assistance per accreditation application. Random site audits 5% accredited sites	Peer Review Organization (PRO) provides training and consultation

	<b>IHS Integrated Diabetes Recognition Program</b>	<b>American Diabetes Association-Education Recognition Program</b>	<b>CMS Rules for Coverage of DSME</b>
<b>Cost of Application</b>	None	\$1100 plus a \$100 fee for each additional site requested at the time of application	Not applicable
<b><i>DSME Program Components:</i></b>			
<b>Diabetes team</b>	Multidisciplinary with minimum RN, RD, and Primary Care Provider	Not required (see Instructional Team)	Not required (see Instructional Team)
<b>Instructional team</b>	Multidisciplinary with minimum RN and RD	Multidisciplinary with minimum RN and RD	Multidisciplinary with minimum RD and CDE (If rural site, a single individual who is both RD/CDE meets requirements)
<b>Certified Diabetes Educator</b>	Recommended; At least one instructional staff must be CDE or have recent didactic and experiential preparation in education and diabetes management	Not Required; Coordinator and staff do not need to be CDE	
<b>Instructors: continuing education requirement</b>	12 hours every two years, for all instructors with or without CDE	No requirement if CDE (maintaining CDE requires CEU)  Minimum 15 hours per year if instructor not a CDE	12 hours every two years
<b>Types of CEUs required For Instructors</b>	Diabetes management, Behavioral interventions, Teaching and learning, and counseling skills	Diabetes-specific, Diabetes-related, education or psychosocial topics	

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<b>Coordinator</b>	<p>Required Criteria:</p> <ul style="list-style-type: none"> <li>• Credentialed Health Professional</li> <li>• Have minimum 12 hours/2years CEUs</li> <li>• Have academic and/or experience in program management and care of individuals with chronic disease</li> </ul>	<p>Required Criteria:</p> <ul style="list-style-type: none"> <li>• Have academic preparation and/or experience in program management</li> <li>• Have academic preparation and/or experience in the care of persons with chronic disease</li> </ul>	Required
<b>Coordinator: continuing education requirement</b>	12 hours every two years, for all instructors with or without CDE	<p>No requirement if CDE (maintaining CDE requires CEU)</p> <p>Minimum 15 hours per year if instructor not a CDE</p>	12 hours every two years
<b>Types of CEUs required For Coordinators</b>	Diabetes related, Educational principles, Leadership/management	Same as instructors	
<b>Advisory Body System</b>	Required	Required	Not addressed
<b>Annual program plan</b>	Required	Required	Not addressed
<b>Diabetes registry</b>	Required	Not addressed	Not addressed

<b>Data collection and tracking</b>	Required for Education Program Profile and CQI activities 6 months of data required with initial application	Required for CQI activities 6 months of data required with initial application	Requires data collection made available to PRO
<b>Curriculum</b>	Based on content areas of <b>National Standards</b> and includes learning objectives, instructional methods, content outline and evaluation. IHS BYLD Curriculum available.	Based on content areas of <b>National Standards</b> and includes learning objectives, instructional methods, content outline and evaluation.	Requires content areas consistent with <b>National Standards</b>  Content per physician comprehensive care plan
<b>Patient Education records</b>	Requires documentation: <ul style="list-style-type: none"> <li>• Educational needs assessment</li> <li>• Education plan</li> <li>• Education intervention and evaluation</li> <li>• Team collaboration</li> </ul>	Requires documentation: <ul style="list-style-type: none"> <li>• Individualized needs assessment</li> <li>• Education plan with learning and behavioral goals</li> <li>• Interventions</li> <li>• Evaluations</li> <li>• Staff collaboration</li> </ul>	Requires documentation of educational needs assessment, education plan, education intervention, evaluation and team collaboration  Requires PRO access to group training records
<b>Program Process:</b>			
<b>CQI process (Annual program evaluation)</b>	Required annually	Required annually	Annual program evaluation required
<b>Physician referral</b>	Required (or qualified non-physician)	Required	Required (or qualified non-physician)

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<b>Eligibility requirement for referral</b>	None Program open to all people with diabetes in I/T/U communities	None	Coverage available to beneficiaries who have a diagnosis of "diabetes". "Diabetes" is diabetes mellitus, a condition of abnormal glucose metabolism diagnosed using the following criteria: <ul style="list-style-type: none"> <li>• FBS <math>\geq</math> 126mg/dl on 2 different occasions</li> <li>• 2 HR post glucose challenge <math>\geq</math> 200mg/dl on 2 different occasions, or</li> <li>• random glucose test over 200 mg/dl for a person with symptoms of undiagnosed diabetes</li> </ul> These same services must be available to Medicare and non-Medicare eligible clients with diabetes
<b>Physician prepared comprehensive care plan</b>	Not required	Not required	Required

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<b>Individualized education needs assessment (including nutritional needs assessment)</b>	Required	Required	Required Beneficiary allowed a <u>lifetime benefit</u> of: 10 hours of initial education within a 12-month period. 1 of the 10 hours may be individualized assessment.
<b>Group classes</b>	No requirement	No requirement	Required Beneficiary allowed a <u>lifetime benefit</u> of: 10 hours of initial education within a 12-month period. 9 hours must be group (2-20) instruction.
<b>Individual instruction</b>	No restrictions	No restrictions	Only allowed if medically or educationally necessary, or if group program is not available within 2 months.
<b>Periodic re-assessment and follow-up</b>	Requires periodic assessment of progress toward learning and behavioral objectives and development of new objectives	Requires periodic assessment of progress toward learning and behavioral objectives and development of new objectives	Required <u>After initial education benefit in 12-month period used</u> , CMS will cover up to 2 hours per year of follow-up education (group or individual) if original eligibility criteria (see above) are documented

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<b>Cost to patient</b>	No charge to patients	Not addressed	Patient pays 20% of cost and deductibles apply.
<b>Reimbursement</b>	Accredited programs receive deemed status under Medicare program	Accredited programs receive deemed status under Medicare program	Medicare pays 80% of 100% of the physician fee schedule. Fee schedule varies by region. Contact local billing department for Medicare carrier information.

**(Revised 6/06 IHS Diabetes Education Recognition Program)**