



Appendix G

Additional Resources



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1. Your local billing office or your Area business office coordinator
2. IHS Division of Diabetes Treatment and Prevention website:
www.ihs.gov/medicalprograms/diabetes
 - **IHS MNT and DSMT information**
Learn more about MNT and DSMT Medicare coverage and billing. Go to the IHS Division of Diabetes Treatment and Prevention website and select the “Nutrition” link. You will find a document titled, “IHS Medicare Part A and B Coverage Billing Requirements for MNT and DSMT” by Sandra Lahi and Tammy Brown. (This document is also included in Appendix E.)
 - **Nutrition documents**
Find nutrition documents and presentations. Go to the IHS Division of Diabetes Treatment and Prevention website and select the “Nutrition” link.
3. CMS website: www.cms.hhs.gov
 - **CMS Program Memorandum regarding payment to RDs for DSMT services**
You can obtain this memo at the website:
<http://new.cms.hhs.gov/Transmittals/Downloads/AB02151.pdf>.
4. ADA website: www.eatright.org
 - **Medicare provider information (ADA members only)**
Obtain details about enrollment, local carriers, MNT regulations, billing, and compliance, as well as links to official government documents. Visit the ADA website at: www.eatright.org (click on “Food and Nutrition Information”, click on “Medical Nutrition Therapy”, click on “For RD Medicare MNT Providers”, and select “Updated 2/05 I mplement the Medicare MNT Benefit”).
 - **ADA Policy Initiatives and Advocacy**
Obtain information on ADA policy initiatives, advocacy activities, regulatory actions, testimony, and statements. Visit the ADA website at: www.eatright.org and select the “Advocacy and the Profession” link.



- ***ADA MNT Evidence-based Guides for Practice on CD-ROM***
To obtain these guidelines on CD-ROM, visit the website: www.eatright.org (click on “Shop Online”, click on “Professional Reference”, and scroll down to “MNT Evidence-based Guides for Practice CD-ROMs”).
- ***ADA Nutrition Practice Guidelines for Type 1 and 2 Diabetes***
The Diabetes Care and Education Practice Group of the ADA developed these guidelines, which serve as a companion to the *ADA MNT Evidence-based Guides for Practice*. To obtain the guidelines, visit the website: www.guideline.gov (click on “Guideline Index” under “Browse”, scroll down to “American Dietetic Association”, and select “Nutrition Practice Guidelines for Type 1 and Type 2 Diabetes Mellitus”). You can also obtain a CD-ROM of these guidelines by visiting the website: www.eatright.org (click on “Shop Online”, click on “Professional Reference”, and scroll down to “MNT Evidence-based Guides for Practice CD-ROMs”).
- ***ADA Guide to Private Practice: An Introduction to Starting Your Own Business***
This 248-page book by Ann S. Litt, MS, RD, and Faye Berger Mitchell, RD, serves as an introductory resource for dietetic professionals considering private practice. You can order a copy at the website: www.eatright.org (click on “Shop Online”, click on “Professional Reference”, scroll down to “Administration and Research”, and select “ADA Guide to Private Practice”).

5. Other organizations, programs, and resources

- **American Association of Diabetes Educators**
www.aadenet.org
- **American Diabetes Association**
www.diabetes.org
- **Centers for Disease Control and Prevention
Division of Diabetes Translation**
www.cdc.gov/diabetes/index.htm
- ***Journal of the American Dietetic Association***
www.adajournal.org
- **MedlinePlus for diabetes information**
www.nlm.nih.gov/medlineplus/diabetes.html



- **National Diabetes Education Program**
www.ndep.nih.gov
- **National Institute of Diabetes and Digestive and Kidney Diseases
information on nutrition**
www.niddk.nih.gov/health/nutrition.htm
- **TrailBlazer Health Enterprises, LLC**
(A CMS-contracted intermediary and carrier)
www.trailblazerhealth.com