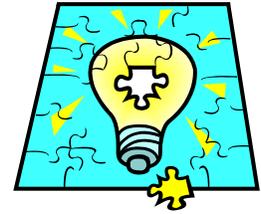


RESOURCE GUIDE



Coordinators are encouraged to obtain and use the following resources for child passenger safety (CPS) educational materials and activities.

NOTE: Coordinators are encouraged to look for additional resources from a variety of locations. Coordinators should be cautious in their use of materials that come from non-government web pages, as information provided on these pages may not be standardized or have been reviewed by appropriate entities.

General Resources



National Highway Traffic Safety Administration

The NHTSA is a branch of the United States Department of Transportation. Within its website, NHTSA gives the latest information on child passenger safety, car seat inspections, activity planners, air bags, traffic safety, crash statistics, driver distractions, car and traffic related regulations, recalls, and tips in purchasing a safe car.

<http://www.nhtsa.gov/>



Indian Health Service Injury Prevention Program

The IHS Injury Prevention Program's mission is to decrease the incidence of severe injuries and death to the lowest level possible and increase the ability of tribes to address their injury problems. Environmental Health Officers and Injury Prevention Specialists assist tribes in addressing injuries. The IHS web site includes information on contacts, resources, success stories, training courses, links, and Area-specific information.

<http://www.ihs.gov/MedicalPrograms/InjuryPrevention>



The Centers for Disease Control & Prevention (CDC)

The CDC offers facts and safety tips regarding many topics in injury prevention (motor vehicle, fire, falls, assault, etc.). The CDC gives information on rear-facing car seats, safety belts, drinking and driving, as well as statistics on child occupant restraints. The CDC website also provides links to other child passenger safety related websites. CDC offers WISQARS, an interactive website that can be used to obtain injury morbidity and mortality data. CDC also offers EPI 2003, a data entry and analysis program.

<http://www.cdc.gov>



The American Academy of Pediatrics (AAP)

The AAP provides a variety of information for parents on child passenger seat topics, including tips to parents on keeping children comfortable and occupied while in a child safety seat, product listings, suppliers, and estimated costs, and the relationship between airbags and children. It also includes tips on child safety seat placement and selection, with a section on guidelines on child safety seats for large or special needs children.

<http://www.aap.org/family/carseatguide.htm>



SAFE KIDS

The National SAFE KIDS Campaign is a non-profit organization committed to unintentional childhood injury. SAFE KIDS provides safety tips for parents on car seats and seat belts, poison, fire, household hazards, bike helmets, playground safety and more.

<http://www.safekids.org/>



Insurance Institute for Highway Safety

This institute gives the top stories related to vehicle crashes and safety. Given are statistics on child fatalities and their correlation with the lack of child restraints and seatbelts. This site features several short videos on highway safety for children as well as older passengers and drivers.

<http://www.hwysafety.org>

Booster Seat Calculator & Video Clips

Visit www.BoosterSeat.gov for a quick calculator you can use to determine which child safety seat to select based on a child's age, weight and height. This site also gives resources and video clips that can be used as part of an educational program.

BoosterSeat.gov

What's a booster seat?
5'0" **4'9"**

Which seat is right for my child?
Safety Quick Check
Find out what kind of seat your child needs.

Where can I find a booster seat?

1. How old is your child?
 years months

2. How much does he weigh?
 pounds

3. How tall is your child?
 feet inches



If they're under 4'9", they need a booster seat.



Join the Campaign | Contact Us

[State Booster Seat Requirements](#)

[Booster Seat Video Clips](#)

Campaign

Teachers

Inspections

Child Passenger Safety Planner 2006

[News](#)
[FAQs](#)

Children's Resources



Risk Watch™

This is a comprehensive injury prevention curriculum designed to link teachers with community safety experts and parents. Developed by the NFPA for use with children in preschool through grade eight, the curriculum addresses the following topics: motor vehicle safety; fire and burn prevention; choking, suffocation, and strangulation prevention; prevention; bike and pedestrian safety; and water safety.

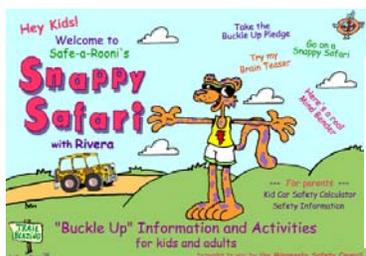
<http://www.nfpa.org>.

Child Passenger Safety Seat Internet Links

Go to the following Internet Sites to find additional child passenger safety seat information, ideas, and activities for children.



Visit www.bucklebear.com to learn more about BuckleBear. This program was created in 1982 to aid teaching pre-school children about motor vehicle safety. Materials that can be purchased include puppets, books, teacher kits, videos/DVDs, interactive computer programs, and stuffed BuckleBears.



The MN Safety Council offers **Safe-A-Rooni**, at www.safe-a-rooni.org – with CPS tips, Buckle-Up Pledge, quizzes, and Snappy Safari, an interactive buckle up adventure (www.safe-a-rooni.org/Trailblazing/Snappy)

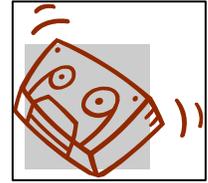
National Highway Traffic Safety Administrator's "Vince and Larry's Safety School" The crash test dummies guide children through car safety related games. <http://www.nhtsa.dot.gov/kids/>

Sesame Street Color sheets

Color sheets of Sesame Street characters using health and safety techniques. <http://www.sesameworkshop.org/sesamestreet/coloringpages/0,5903,,00.html>

Videos for Parents and Ride Safe Partners

Combining a child passenger safety video with classroom discussion can help staff, parents & childcare providers improve their understanding of Child Passenger Safety issues. Some video selections address specific CPS issues found in AI/AN communities.



UTTC: Car Seat Safety

This video was prepared by the United Tribes Technical College (UTTC) of North Dakota and the North Dakota Department of Transportation. During the 15 minute video UTTC students discuss the reasons for why child safety seat usage is important. Students also discuss how to select and install the appropriate child safety seat. The video also provides excellent tips on keeping a child in a child safety seat during trips. The video is available for purchase from KAT Communications (www.katcommunications.net) and it is also provided on the Ride Safe DVD.

Securing our Future: Surviving Vehicle Crashes

This video is presented by the 27 Confederated Tribes of Washington State and the Washington Traffic Safety Commission. *Securing Our Future* explains how to reduce automobile fatalities through the use of rear-facing car seats, forward facing car seats, and booster seats. This video also simulates automobile crashes with and without the use of restraints and instructs how to make sure a car seat is secured into position. The video is available for download from the Washington Traffic Safety Commission at <http://www.wa.gov/wtsc/business/materials.htm>

Cradleboards. A Tradition of Safety and Security

Presented by the Washington Traffic Safety Commission (WTSC), *Cradleboards* explains the purpose and design of cradleboards and the heritage carried within them. *Cradleboards* also expresses that cradleboards are not designed to support the impact of a vehicle crash and that car seats are optimal replacement of cradleboards while traveling in a car.

Cross My Heart

Presented by the U.S. Department of Transportation, National Highway Traffic Safety Administration, and the Indian Health Service, *Cross My Heart* expresses that shoulder, lap and car seat restraints are necessary in vehicle safety. Examples of the usage of car seats are given within the Navajo Nation and White Mountain Apache of Arizona.

Don't Risk You Child's Life VII: Crash Protection for Child Passengers in the New Millennium

This video demonstrates the special needs of infants, the importance of booster seats, the correct positioning and tightening of child restraints, and the life-threatening danger of airbags to children. Available from Shelness Productions (336-774-0780).

Other Injury Prevention Resources

Mini Introduction to Injury Prevention

This course is an abbreviated version of the 3-1/2 day IHS Introduction to Injury Prevention. Created for Head Start, it highlights the important role that Head Start has to play in reducing childhood injuries. Sessions highlight injury as a public health problem, data, partnerships and coalitions, evaluation, what works/what doesn't, resources, and action planning. The course can be tailored to fit different time frames of 4 – 8 hours. It can be offered as an entire course or in sessions during staff meetings, in conjunction with workshops, other training courses, etc. as needed. For more information and for downloads, visit www.ihs.gov/MedicalPrograms/InjuryPrevention.



SNAP is a 12-hour course to introduce the concepts of child passenger safety. It provides 8 hours of instruction and 4 hours of installation experience. The course can be

taught locally by a 4-day CPS Certified Technician. It provides information about the dynamics of crashes, why seatbelts and CSS's reduce injury, correct and incorrect installation of CSS's. Participants will be able to recognize and correct CSS misuse, select age-appropriate CSS's, educate parents on reasons for CSS use, act as checkers at CSS clinics, identify CSS recalls, and serve as CPS advocates. For more information and for downloads, visit www.ihs.gov/MedicalPrograms/InjuryPrevention.



This module was based on the Head Start Model Code (2001) and focuses on the health and safety aspects of the Head Start Code. It fulfills the annual staff injury prevention training requirement. For more information and for downloads, visit www.ihs.gov/MedicalPrograms/InjuryPrevention

Where to Find CPS Certification and Training Courses

To identify national certified CPS Technicians in your area, visit www.safekids.org/certification to search by city/state (click on the "Find a Technician/Instructor" link on the right side of the page).

A Ride Safe Administrator can identify local or nearby CPS Technician training courses that Head Start Center staff could attend to receive CPS Certification training. To obtain information about Technician Courses, you can visit Safe Kids Worldwide (www.safekids.org/certification) or the National Child Passenger Safety Board (www.cpsboard.org).

A Ride Safe Administrator can facilitate obtaining other CPS training for Head Start Center staff, who can serve as CPS assistants during Ride Safe child safety seat distribution events. Other courses include state-sponsored 2-day training courses (e.g., in Minnesota) or the eight-hour Child Passenger Safety Training Course called Safe Native American Passengers (**SNAP**). In facilitating obtaining or conducting these shorter training activities, a Certified CPS Technician (i.e., someone who successfully completed the 32-hour course) is still required to conduct Ride Safe distribution/installation events. However, having 2-day or SNAP-trained CPS staff will provide the Technician assistance in completing installation activities. For more information about SNAP, visit:

<http://www.nhtsa.dot.gov/CPS/Training/CPSCourses/pages/SNAP.html>

For more information about child passenger safety technician training, including the different levels of training needed for various activities included in the Ride Safe Program, refer to the *Child Safety Seat Planning and Distribution Guide*.

Where to Purchase Child Safety Seats

A key component of the Ride Safe Program is the purchase and distribution/installation of child safety seats. For the 2007-2008 program year, funding is being provided by IHS Headquarters to purchase child safety seats.

Ride Safe Program staff have traditionally purchased child safety seats from the following entities (websites provided), which often provide discounts for large purchases. Other companies and retailers sell child safety seats (e.g., amazon.com), however they may not provide a discount.

- **Evenflo**

For information on Evenflo child safety seats, visit:

www.evenflo.com/Home/OntheGo/tabid/196/Default.aspx?navid=1

The Evenflo discount order form is at:

www.preventinjury.org/ISKApplications.asp

- **Cosco**
<http://www.coscojuvenile.com/customerservice.asp>
- **Mercury Distributing**
<http://www.mercurydistributing.com/>

Administrators are also encouraged to visit the NHTSA website to rate child passenger safety seats:

<http://www.nhtsa.dot.gov/CPS/CSSRating/Index.cfm>