

RESOURCE GUIDE

Coordinators are encouraged to obtain and use additional resources such as the following for fire safety educational materials and activities.

General Resources



Indian Health Service Injury Prevention Program

The IHS Injury Prevention Program's mission is to decrease the incidence of severe injuries and death to the lowest level possible and increase the ability of tribes to address their injury problems. Environmental Health Officers (EHOs) and Injury Prevention Specialists assist tribes in addressing injuries. The IHS web site includes information on the Sleep Safe Program, contacts, resources, success stories, training courses, links, and Area-specific information. For more

information, contact Nancy Bill, (301) 443-0105, or your local EHO. If you want to have your success stories and other information included in this web site visit: www.ihs.gov/MedicalPrograms/InjuryPrevention

To find your **IHS Injury Prevention Contacts**, click on Area Programs at the above link.



This is a portal that provides information and links to fire safety and prevention information distributed by various agencies of the Federal government -- reference materials, data, grant opportunities, publications, and product recalls. <http://www.firesafety.gov>

It also has a fire safety resource and activity section for children <http://www.firesafety.gov/directory/at-risk/children.shtm>



For online learning plus fun and games...

Visit [FireSafety.gov](http://www.firesafety.gov) for Kids



United States Fire Administration (USFA)

The USFA provides fire safety related data, training courses, grants, and educational resources for children, elders, and the general population. Resources are grouped into the following categories: burn/scald prevention, electrical hazards, home safety, smoke alarms, safety & the disabled, CPR/first aid, escape plans & drills, fire extinguishers, flammable fabrics, and

elder fire safety. www.usfa.dhs.gov

The “Fire Safety Campaign for Babies and Toddlers” is a collaboration between USFA, the American Academy of Pediatrics, National Safe Kids Campaign, and the National Fire Protection Association. It provides free posters, brochures, fact sheets, and an educational video and video clips. These resources may be downloaded from www.usfaparents.gov or ordered from

www.usfa.fema.gov/applications/publications.



The Centers for Disease Control and Prevention (CDC) website (www.cdc.gov) offers a variety of fact sheets, data, and reports on injuries and diseases. It also offers the interactive “WISQARS” program to obtain injury reports for the states and population groups that are of interest to you (from <http://www.cdc.gov/InjuryViolenceSafety> click on “WISQARS”). For fact sheets on fire safety and prevention, visit: <http://www.cdc.gov/ncipc/factsheets/fireprevention.htm>

Children's Resources

Learn Not to Burn® (LNTB)

This is a curriculum developed by the National Fire Protection Association (NFPA) for children in preschool through grade eight. The curriculum teaches 22 key fire safety behaviors and is organized in three learning levels. The curriculum is intended for use by individual classroom teachers in planning



classroom activities and can be re-used from year to year. The LNTB Resource Books, available in English, French, and Spanish, are a grade-based alternative to the LNTB Curriculum. A separate LNTB Preschool Program is also available in English, French, and Spanish. For further information, visit www.nfpa.org



Risk Watch™

This is a comprehensive injury prevention curriculum designed to link teachers with community safety experts and parents. Developed by the NFPA for use with children in preschool through grade eight, the curriculum addresses the following topics: motor vehicle safety; fire and burn prevention; choking, suffocation, and strangulation prevention; poisoning prevention; falls prevention; firearms injury prevention; bike and pedestrian safety; and water safety. www.nfpa.org

Risk Watch™ for Kids is a website that offers many activities for children: <http://www.nfpa.org/riskwatch/kids.html>



National Fire Prevention Week

This site gives information about National Fire Prevention Week, fact sheets, materials to use with families, and classroom educational materials.

www.firepreventionweek.org

FEMA for Kids - With this site, kids can: learn what to do before, during and after a disaster; what causes disasters; play games and read stories from children who have been through a disaster. www.fema.gov/kids

Illinois Fire Safe Kids - This site has several interactive areas that help children learn about fire safety, including the *House of Hazards*.
www.state.il.us/kids/fire

New Bedford Safe Kids - This site presents tips and information to help children learn fire safety. www.ci.new-bedford.ma.us/psafety/fire/safekid.htm

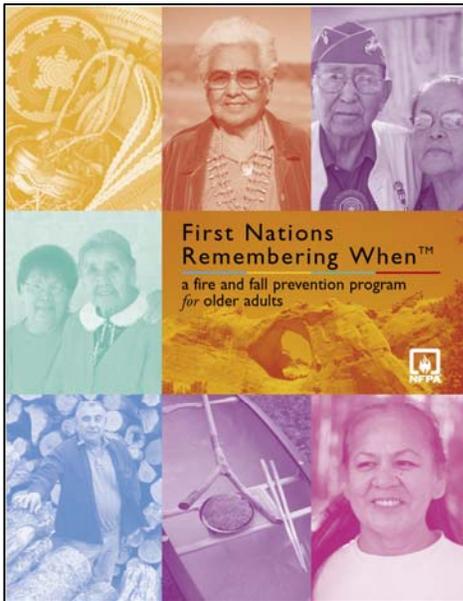
Smokey the Bear - Smokey's Web site includes fun activities for kids, Smokey's rules, pen pals, and links to other resources.
www.smokeybear.com

Sparky the Fire Dog – A NFPA website for kids and their families. Sparky the Fire Dog is the official 'spokesdog" for fire safety. Kids can learn about Dalmatians and help Sparky practice a fire drill. www.sparky.org

Elder Resources

The following resources may be useful for Sleep Safe sites that want to expand to elder fire/fall injury prevention.

NFPA's First Nations Remembering When™: A Fire & Fall Prevention Program for Older Adults



This fire and fall prevention program for older American Indian/Alaska Native adults was developed by the Center for High-Risk Outreach at the National Fire Protection Association (NFPA). The program materials are available free from NFPA to tribal organizations or those working with tribes.

This program features American Indian elders demonstrating 16 fire and fall prevention behaviors. A guide book describes program implementation through group presentations and home visits using props, reproducible handouts, and reminder sheets. Tips and resources are provided to help make educational sessions interactive.

This program could be implemented as an extension of a Sleep Safe Program, through a community injury or fire prevention coalition, or by Tribal or IHS programs such as Tribal Housing Authorities, Home Health, Public Health Nursing, CHR's, Health Education, Fire Departments, Environmental Health, and Injury Prevention. The program emphasizes education as well as installation of safety devices such as smoke alarms, nightlights, grab bars, and other safety devices in the homes of elders. One source of funding for such devices might be your IHS Area Injury Prevention Program (for a contact list, visit the IHS Injury Prevention Program website (www.ihs.gov/MedicalPrograms/InjuryPrevention) or other local resources.

For a copy of NFPA's First Nations Remembering When™, contact Sharon Gamache, Executive Director, NFPA Center for High-Risk Outreach by mail or e-mail at sgamache@nfpa.org. You can also find a copy of the program on NFPA's Web site under the public education materials.

Injury Prevention Training Resources

In March 2000, Indian Health Service distributed two childhood injury prevention training modules for all AIPB Head Start Centers:

- **Preventing Childhood Injuries in the Indoor Environment**
- **Preventing Childhood Injuries in the Outdoor Environment**



Copies of these modules were sent to each Head Start Center Director and IHS Area & District EHOs. Each Sleep Safe Program Coordinator is encouraged to get the copy of these Modules from their Head Start Director or their Area or District EHO (see Injury Prevention Contacts List) and use them to present additional, basic injury prevention information to parents. This information can be presented in conjunction with or in addition to the fire safety information included as part of the Sleep Safe Training Manual.

The Modules are intended to be presented by IHS/Tribal EHO's or Head Start staff familiar with injury prevention principles. The target audience is parents and caregivers of Head Start age children. Presentations of the modules take approximately 1 hour each. The modules can be presented at parent meetings, community meetings, or any gathering of adults that care for children. An ideal class size is 15-25 people, as larger sizes tend to limit discussion/ participation.

The modules follow the format of describing the leading causes of injury experienced by American Indian/Alaska Native children, followed by a description of the best available prevention and control strategies to reduce the risk of injury. The modules conclude with information that can help parents in their decision to adopt the prevention strategy. People who use these modules are encouraged to include additional information to reflect local resources, conditions, and experiences.

The Modules contain three sections:

1. **Instructor's Manual** – includes a slide by slide guide through the presentation. It also offers demonstrations and additional resources that can enhance the module.
2. **Participant's Manual** – includes the participant's guide for the presentation. You should make a photocopy of this section for each student that attends a presentation of the module.
3. **Resources** – includes the slides that go with the module. You can add additional handouts and resources to this section as you find information that helps you teach the module. Slides 1-43 go with the Indoor Module and slides 44-76 go with the Outdoor manual.

Mini Introduction to Injury Prevention

This course is an abbreviated version of the 3-1/2 day IHS Introduction to Injury Prevention. It was created especially for Head Start and highlights the important role that Head Start has to play in reducing childhood injuries. Sessions highlight injury as a public health problem, data, partnerships and coalitions, evaluation, what works/what doesn't, resources, and action planning. The course can be tailored to fit different time frames of 4 – 8 hours. It can be offered as an entire course or in sessions during staff meetings, in conjunction with workshops, other training courses, etc. as needed. For more information and for downloads, visit www.ihs.gov/MedicalPrograms/InjuryPrevention.

Child Passenger Safety (CPS)



The Ride Safe Program provides an educational curriculum similar to Sleep Safe to Head Start centers. It provides tools for developing a comprehensive child safety seat distribution program, including partnering with community resources, conducting observational surveys to assess usage, how to distribute child safety seats (CSS's), obtain training, and ideas for obtaining resources for child safety seats. It emphasizes the role that Head Start has in educating parents and children, reinforcing safety messages through the school year, and providing follow up during home visits. For more information and for downloads, visit www.ihs.gov/MedicalPrograms/InjuryPrevention



SNAP is a 12-hour course to introduce the concepts of child passenger safety. It provides 8 hours of instruction and 4 hours of installation experience. The course can be taught locally by a CPS Certified Technician. It provides information about the dynamics of crashes, why seatbelts and CSS's reduce injury, correct and incorrect installation of CSS's. Participants will be able to recognize and correct CSS misuse, select age-appropriate CSS's, educate parents on reasons for CSS use, act as checkers at CSS clinics, identify CSS recalls, and serve as CPS advocates. For more information and for downloads, visit www.ihs.gov/MedicalPrograms/InjuryPrevention