

## **Where can I get that product?**

1. OB/GYN Hot pack  
Best Priced Products  
PO Box 1174  
White Plains, NY 10602  
1 800 824 2939
  
2. Vaginal Dilators (under \$10.00)  
Syracuse Medical Devices, Inc.  
214 Hurlburt Road  
Syracuse, NY 132241  
315 449 0657  
fax 315 449 0756
  
3. Vaginal Weights (fem tone cones)  
Convatec Professional Services  
Princeton, NJ 08543  
1 800 422 8811
  
4. Educational Materials
  - National Association for Continence  
1 800 BLADDER  
[www.nafc.org](http://www.nafc.org)
  
  - National Kidney and Urologic Diseases Info Clearinghouse  
301 654 4415  
1 800 891 5388  
[www.niddk.nih.gov/](http://www.niddk.nih.gov/)
  
5. Associations to contact
  - AHCPR  
1 800 358 9295  
[www.ahcpr.gov](http://www.ahcpr.gov)
  
  - ACOG  
1 202 638 5577 [www.acog.org](http://www.acog.org)
  
  - Alliance for Aging Research  
1 202 293 2856
  
  - The American Association of Sex Educators, Counselors, and Therapists  
1 319 895 8407  
[www.aasect.org](http://www.aasect.org)

- American College of Women's Health Physicians, Inc.  
1 847 517 7402  
[www.acwh.org](http://www.acwh.org)
- International Foundation for Functional Gastrointestinal Disorders  
1 888 964 2001  
[www.iffgd@iffgd.org](mailto:www.iffgd@iffgd.org)
- International Pelvic Pain Society  
1 205 877 2950  
[www.pelvicpain.org](http://www.pelvicpain.org)
- Interstitial Cystitis Association  
1 800 435 7422  
[www.ichelp.org](http://www.ichelp.org)
- American Foundation for Urologic Disease  
1 301 727 2908  
1 800 242 2383
- APTA Section on Women's Health  
1 800 999 2782  
[www.apta.org/womenshealth](http://www.apta.org/womenshealth)
- Association for Applied Psychophysiology and Biofeedback  
AAPB [www.aapb.org](http://www.aapb.org)  
Biofeedback certification Institute of America  
BCIA [www.bcia.org](http://www.bcia.org)
- Association for Rehabilitation Nurses  
1 708 966 3433
- American Urogynecologic Society  
1 202 857 5329  
[www.augs.org](http://www.augs.org)
- National Institute on Aging  
1 800 222 2225
- National Vulvodynia Association  
1 301 299 3999  
[www.nva.org](http://www.nva.org)
- Society for Urologic Nurses and Associates

1 888 TAP SUNA

[www.suna.org](http://www.suna.org)

- The Vulvar Pain Foundation  
1 919 226 0704
- International Continence Society  
[ICS@uro.rwth-aachen.de](mailto:ICS@uro.rwth-aachen.de)
- Wound, Ostomy and Continence Nurses  
[www.wocn.org](http://www.wocn.org)