

Broken Nose (Nasal Fracture)

Basic treatment for a broken nose may include an antibiotic, pain medicine, ice, and head elevation. If there is no change in the shape of the nose after the swelling goes down, then no straightening is needed.

If your doctor feels you have a displaced nasal fracture, then you will be given an appointment with an ENT (Ear, Nose, and Throat) surgeon. On the day of your appointment:

1. Report to the short stay admitting office at 7:00 AM.
2. Do not eat or drink after midnight or the morning of surgery.
NO EXCEPTIONS.
3. Bring a driver.
4. If you are under 18 years old, bring your parent or legal guardian.
NO EXCEPTIONS.
5. Bring a recent photograph of your face. This helps the doctor.
6. Do not wear contact lenses.
7. Do not take aspirin products. Discuss other medicines (blood pressure, diabetes, etc.) with your doctor.
8. Do not drink alcohol for one week before procedure.

The ENT doctor will evaluate you. If he believes straightening of the fracture is needed based on the picture supplied, he will perform the procedure. If instructions were NOT followed the procedure will NOT be performed that day. If there is no significant displacement, he will talk to you about not performing the procedure.