

# IHS Produce Prescription Pilot Program (P4)

Program Directors Meeting  
October 4, 2023



# What is a Produce Prescription Program (PRx)

- A Produce Prescription (PRx) Program is a **medical treatment or preventative service** for eligible patients due to diet-related health risks or conditions, food insecurity, or other documented challenges in access to nutritious foods, and are **referred by a healthcare provider** or health insurance plan.



# IHS P4

**Food is  
medicine and  
nutrition is  
health.....**

Secretary Xavier Becerra



# Food Insecurity

- About one in four Native people experience food insecurity compared to one in nine Americans overall
- The higher rates of food insecurity among American Indians and Alaska Native people are exacerbated by water insecurity, loss of land, forced relocation and environmental pollution all of which have negatively impacted traditional food practices

# IHS P4

## Intent

- The IHS P4 is intended to help **reduce food insecurity** and **improve health care outcomes** among American Indian and Alaska Native (AI/AN) people by **increasing access to produce and other traditional foods** within Native communities.

## Goal

- The goal of this program is to **demonstrate and evaluate the impact of produce prescription programs on AI/AN people** and their families, specifically by **reducing food insecurity, improving overall dietary health by increasing consumption of fruits, vegetables, and traditional food consumption, and improving health care outcomes.**

# IHS P4 Application Process

- Notice of Funding Opportunity- April 24, 2023
- Application deadline- June 8, 2023
- Objective Review- 60 applications reviewed
- Notice of Award (NOA)- 5 Awards @ \$500K/year
- Grant period- 5 years

<https://www.ihs.gov/nutrition/produce-prescription-programs/p4-grant-resources/#P4>

# IHS Awards \$2.5 Million to Reduce Food Insecurity in Tribal Communities

## Grant Recipients:

- Laguna Healthcare Corporation
- Muscogee (Creek) Nation
- Navajo Health Foundation-Sage Memorial Hospital
- Pascua Yaqui Tribe
- Rocky Boy Health Center



# IHS P4

- **Stacy Hammer**- P4 Grant Program  
Official & National Nutrition  
Consultant, Division of Diabetes





Thank You!