



# Youth Regional Treatment Center Program Demographics and State Collaboration Project

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Program Directors Meeting  
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# Presentation Outline

- Prevalence of alcohol and substance abuse with American Indian youths
- Data collection describing the California youths
- California State Medi-Cal payment program



# Substance & Alcohol Abuse in American Indian Youths

- Alcohol abuse is the leading and most costly risk factor for American Indian youths today
- Death rates for American Indian youths is 2x that of other racial or ethnic adolescent groups
- For American Indian boys, the death rate is more than 3x higher



# YRTC Program and Youths

- In FY 2012, YRTC Program spent \$1.7 million
- In FY 2013, YRTC Program spent \$1.7 million
  - 17 tribal/urban Indian health care programs used YRTC risk pool funds
  - More than 52 youths were served plus Yuki Trails youths
  - Average age was 15.3 years old
  - 38 males and 14 females



# Findings

- 43/52 youths have co-occurring disorders
  - 11 with depression or major depression
  - 7 with “unknown” status
  - 2 youths attempted suicide but were not diagnosed with depression
- 37/52 youths have legal problems
- 1<sup>st</sup> drug of choice – Alcohol
- 2<sup>nd</sup> drug of choice – Alcohol



# State Collaboration Project

- Working with State IHP for the past year
- Provide reimbursement for residential treatment at 4 federal and tribal YRTC's out-of-state (Desert Visions, Healing Lodge of Seven Nations, Nevada Skies, New Sunrise)
  - Medi-Cal reimbursement rate at \$600/day for 120 days



# State Collaboration Project

- August 20 - conference call with YRTC directors, discussed Medi-Cal enrollment process
- August 21 - Medi-Cal provider enrollment forms sent to directors
- CMS has agreed to expedite the enrollment process



# State Collaboration Project

- RPMS data search from 8 tribal healthcare programs that use YRTC
  - 3,499 youths between the ages of 13-17 years of age
  - Of these, 2,224 youths are Medi-Cal eligible or 63.6%





# State Collaboration Project

- Benefits of out-of-state YRTCs becoming Medi-Cal providers:
  - Improve access
  - Save YRTC Risk Pool funds to focus on primary prevention activities



[http://www.klewtv.com/news/133268278.html?  
tab=video&c=y](http://www.klewtv.com/news/133268278.html?tab=video&c=y)