

HP/DP Contacts,

Here are a resources and funding opportunities and excuse any cross posting. If you have things to share, please let me know so it can be included in the update next month.

## Updates:

- 1. \*\*\*Just Move It – 2010 – California Challenge\*\*\*** This will be our 5<sup>th</sup> year supporting your local physical activity efforts, by offering incentives and encouraging stories to be posted to the national Just Move It website ([www.justmoveit.org](http://www.justmoveit.org)). If your Tribal/Urban health care program is **interested in receiving Just Move It – 2010 – California Challenge incentive t-shirts**, then **click on the following link and complete the short order form/survey**.  
<http://www.surveymonkey.com/s/YW89QM9>  
(*Note:* Before completing the order form/survey, you need to know if your health care program is currently a Just Move It partner. Visit [www.justmoveit.org](http://www.justmoveit.org) to find out and click on the “Programs Tab”, then search pages 2-4 for California partners.)  
**Order form/survey must be completed by January 22, 2010.** This will help get the t-shirts shipped by early March of 2010.
- 2. Save the Date - Wellness Forum May 25-27, 2010 in Monterey CA!** This CAO/CRIHB 6<sup>th</sup> Wellness Forum aims to enhance and strengthen local efforts focused in the areas of prevention. The event provides education and networking opportunities. Target audience includes PHN's, CHR's, Dietitians/Nutritionist, Outreach Staff, Behavioral Health/Substance Abuse, Health Education and Community Champions. **We are looking for your input, please complete and fax or email back the attached PDF or click on the following link.**  
<http://www.surveymonkey.com/s/YW2D9XS>
- 3. National Health Promotion/Disease Prevention Award. Submissions are being accepted through COB January 30, 2010.** For more information see attached PDF or contact Freda Carpitcher at [freda.carpitcher@ihs.gov](mailto:freda.carpitcher@ihs.gov).
- 4. The Federal Resources for Educational Excellence** has links to **free educational materials** that may be of benefit for those working with youth in outreach or after school. Visit: <http://free.ed.gov/>
- 5. Physical Activity Guidelines Fact Sheets for Health Professionals** from CDC's Division of Nutrition, Physical Activity, and Obesity. The 3 fact sheets explain the 2008 Physical Activity Guidelines (PAG) for use by public health professionals. The sheets cover the PAG for youth, adults, and older adults and provide information about: the aerobic and muscle strengthening requirements; the level of evidence for health benefits; aerobic activity by level of intensity and ways to be active.  
Visit: [http://www.cdc.gov/nccdphp/dnpa/physical/health\\_professionals/index.htm](http://www.cdc.gov/nccdphp/dnpa/physical/health_professionals/index.htm)
- 6. The Active Living Research (ALR) Conference will be held in San Diego, February 9-11.** This conference is marketed as a leading forum for investigators from over 20 disciplines to share findings on policy and environmental strategies to increase physical activity. The theme for the 2010 conference is Engaging Communities to Create Active Living Environments. More information is at: <http://www.activelivingresearch.org/conference/2010>

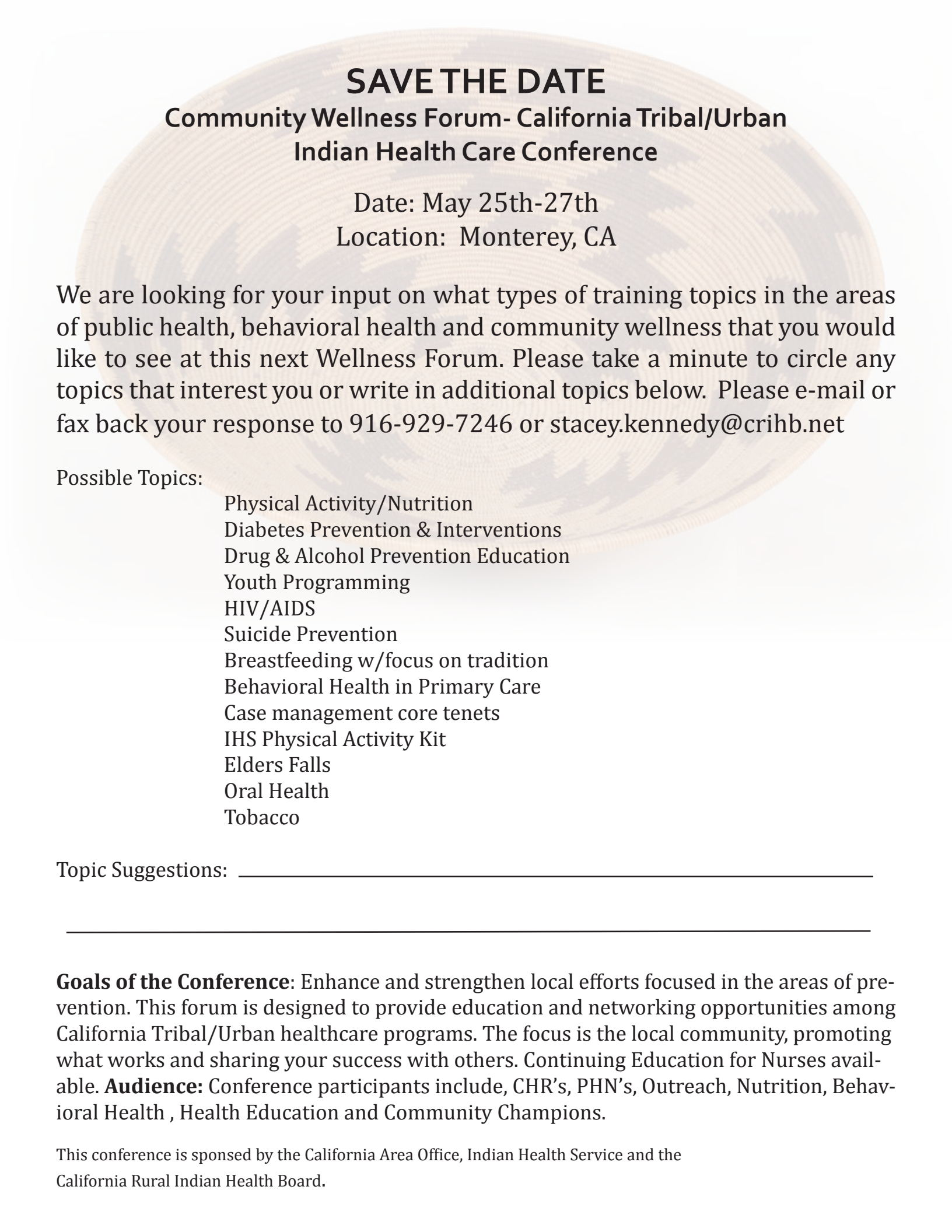
7. The House Committee on Education and Commerce, Subcommittee on Health, held a hearing Dec. 16. "Innovations in Addressing Childhood Obesity," to examine innovative strategies to reduce obesity among children and adolescents. Prominent childhood obesity experts, to include Dr. William H. Dietz from the Centers for Disease Control and Prevention, provided testimony (source *Dec. 18, 2009, RWJF Center to Prevent Childhood Obesity*). Testimony and Opening Statements are at:  
[http://energycommerce.house.gov/index.php?option=com\\_content&view=article&id=1860:innovations-in-addressing-childhood-obesity&catid=132:subcommittee-on-health&Itemid=72](http://energycommerce.house.gov/index.php?option=com_content&view=article&id=1860:innovations-in-addressing-childhood-obesity&catid=132:subcommittee-on-health&Itemid=72)
8. The National Institutes of Health (NIH) announced plans for a \$37 million research effort that seeks to identify more effective strategies to reduce obesity (reported by *AHA News*). The program will fund research efforts at seven sites, including an effort by a researcher at the State University of New York at Buffalo who is translating research on reduced response to food after repeated exposure to identify strategies to reduce intake of high-calorie foods among children.

### Funding Opportunities:

1. **Wells Fargo Foundation – Education and Health and Human Services Grants.** The grant provide support to nonprofit organizations focusing on education and health and human services, with a special emphasis on the elimination of the "achievement gap"; increasing access to higher education for underrepresented groups; and ensuring access to both health education programs and quality healthcare for individuals and families. **Deadline: Rolling**  
Visit for more info: [https://www.wellsfargo.com/about/charitable/ca\\_guidelines](https://www.wellsfargo.com/about/charitable/ca_guidelines)
  2. From NIH - **Reducing Health Disparities Among Minority and Underserved Children (R01)**. The **grants will fund research** that addresses health disparities among minority and underserved children, with the amount and number of grants dependant on the type and number of applicants. Grants are to be awarded to public and private institutions of higher education, nonprofits with and without 501(c)(3) status, small businesses, state governments, and for profit organizations. **Application deadline is September 8, 2010.**  
For more information visit: <http://grants.nih.gov/grants/guide/pa-files/PA-07-392.html>
  3. From NIH - **Small Research Grant (R03) applications**, to support different types of health services research projects including pilot and feasibility studies; secondary analysis of existing data; small, self-contained research projects; development of research methodology; and, development of new research technology. The grant awards will be made to institutions rather than individuals with an award ceiling of \$100,000. **Application deadline is May 07, 2010.**  
For more information visit: <http://grants.nih.gov:80/grants/guide/pa-files/PAR-06-448.html>
- From NIH - **Dissemination and Implementation Research in Health (R03)**, to disseminate and implement research-tested health behavior change interventions and evidence-based prevention, early detection, diagnostic, treatment, and quality of life improvement services with an award ceiling of \$50,000. **Application deadline**

is **January 07, 2013**. For more information visit:  
<http://grants.nih.gov:80/grants/guide/pa-files/PAR-10-039.html>

4. The National Service Agency announces **changes to availability of AmeriCorps Planning Grants**. Major changes to the planning grant competition include, **1) the competition is now also open to organizations that want to plan AmeriCorps programs in one state, 2) the total funds available increased by \$250,000 to \$750,000, and 3) the application deadline has been extended to January 26, 2010**. The grants support the development of AmeriCorps programs so applicants are better prepared to compete for an AmeriCorps grant in the following grant cycle. **Indian Tribes Planning Grants are available to federally recognized Indian Tribes. Applications deadline is 5:00 ET Tuesday, January 26, 2010**. Visit: [http://www.nationalservice.gov/for\\_organizations/funding/nofa.asp](http://www.nationalservice.gov/for_organizations/funding/nofa.asp), or call 202-606-7508.
5. The **Administration for Children and Families (ACF)**, Office of Community Services (OCS), is accepting applications for grants to support and administer the **Assets For Independence projects** as part of the national Assets for Independence program. Award ceiling \$1,000,000.00 and award floor \$350,000 per project. **Application deadline for FY2010 is January 15, 2010, March 25, 2010 and June 25, 2010**. Visit: <http://www.acf.hhs.gov/programs/ocs/afi/applying.html>



# SAVE THE DATE

## Community Wellness Forum- California Tribal/Urban Indian Health Care Conference

Date: May 25th-27th  
Location: Monterey, CA

We are looking for your input on what types of training topics in the areas of public health, behavioral health and community wellness that you would like to see at this next Wellness Forum. Please take a minute to circle any topics that interest you or write in additional topics below. Please e-mail or fax back your response to 916-929-7246 or [stacey.kennedy@crihb.net](mailto:stacey.kennedy@crihb.net)

### Possible Topics:

- Physical Activity/Nutrition
- Diabetes Prevention & Interventions
- Drug & Alcohol Prevention Education
- Youth Programming
- HIV/AIDS
- Suicide Prevention
- Breastfeeding w/focus on tradition
- Behavioral Health in Primary Care
- Case management core tenets
- IHS Physical Activity Kit
- Elders Falls
- Oral Health
- Tobacco

Topic Suggestions: \_\_\_\_\_

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**Goals of the Conference:** Enhance and strengthen local efforts focused in the areas of prevention. This forum is designed to provide education and networking opportunities among California Tribal/Urban healthcare programs. The focus is the local community, promoting what works and sharing your success with others. Continuing Education for Nurses available. **Audience:** Conference participants include, CHR's, PHN's, Outreach, Nutrition, Behavioral Health , Health Education and Community Champions.

This conference is sponsored by the California Area Office, Indian Health Service and the California Rural Indian Health Board.

# **NATIONAL AWARD CRITERIA**

## **Health Promotion/Disease Prevention**

### **I. National Health Promotion/Disease Prevention Recipient of the Year**

**Description:** This award is the most broadly encompassing award presented each year by the National Health Promotion/Disease Prevention program. The person selected to receive this award represents the highest qualities, traits, and professionalism in the Indian Health Service or Tribally operated health program, or Urban Centers. Only one award is presented each year.

**Criteria:** The individual selected to receive this award must have demonstrated sustained excellence and dedication in accomplishing an extraordinary service in Health Promotion Disease Prevention such as: extraordinary commitment to implement and support dynamic programs that have resulted in effective health promotion and disease prevention services; innovative approaches and/or collaborations addressing community based health promotion disease prevention efforts; service as a teacher or mentor in health promotion and disease prevention; demonstration of special compassion and commitment that addresses health disparities through the establishment of sustainable prevention services or significant contributions to the Health Promotion Disease Prevention Initiative which has scope or impact beyond the local service area.

### **II. National HP/DP Leadership Award**

**Description:** Candidates should have provided extraordinary leadership within an IHS, Tribal, or Urban healthcare system. Candidates can be working at the Area, Service Unit, Tribal, or Urban level.

**Criteria:** The individual selected to receive this award must coordinate Health Promotion/Disease Prevention services and demonstrated sustained exemplary leadership, such as: providing a consistent and effective interface between administrative staff or tribal leaders and the community targeted initiatives; playing a leading role in developing and implementing innovative programs in the delivery of HP/DP services resulting in improved outcomes, increased quality, increased disease prevention.

### **III. National HP/DP Award for Exceptional Performance (Hospital or Health Center)**

**Description:** This award demonstrates that the National Health Promotion Disease Prevention strongly encourages individual initiative, accomplishment, and accountability for actions that tend to increase the overall effectiveness of the Indian Health Service.

**Criteria:** Person(s) selected to receive this award must have successfully established and/or implemented new programs, systems, or approaches that enhance the disease prevention delivery system of the Indian Health Service; have developed and implemented ideas that improve existing disease prevention programs to a significant degree; have developed health promotion disease prevention programs that raise the health, education and safety consciousness of the Service Unit employees and/or the public.

# HEALTH PROMOTION DISEASE PREVENTION

## AWARD NOMINATION

2009

**Submission Date:** By close of business **January 30, 2010**, the required documents must be submitted electronically and only electronically to: [Freda.carpitcher@ihs.gov](mailto:Freda.carpitcher@ihs.gov)

**Those unable to submit electronically can go through your area HP\DP officer and they can submit the nomination electronically.**

### **Proposal Format:**

#### **Indicate Nomination Category:**

- National Health Promotion/Disease Prevention Recipient of the Year
- National HP/DP Leadership Award
- National HP/DP Award for Exceptional Performance (Hospital or Health Center)

All nominations must be typewritten on only one side of standard 8 ½” x 11” paper stock with black type not smaller than 12 characters per one inch. Each page must utilize conventional one-inch border margins and be consecutively numbered. **Award nomination must not exceed three pages.**

All nominations must include the following in order presented:

#### **1. Innovation Implementation Plan (30 POINTS)**

- A. Provide specific innovation and implementation details of the program\project that uniquely sets it apart as an award winner. (20 POINTS)
- B. Describe the extent to which the program\project was based on proven or promising prevention strategies or accepted public health practice. (10 POINTS)

#### **2. Community Partnership and Collaboration (20 POINTS)**

- A. Describe partnerships with various I/T/U programs\projects and other relevant teams; and the collaborative planning process that created community change.

#### **3. Capacity and Sustainability (30 POINTS)**

- A. Describe the capacity building in the program\project for sustainability after the initial program\project ends

#### **4. Evaluation of outcomes (10 POINTS)**

- A. Include a detailed evaluation of outcomes at the population level that is directly linked to the program\project.

#### **5. Nominee (10 POINTS)**

- A. Describe how this person made a difference in the community.

## **Nomination Evaluation, Selection, and Notification**

Nominees meeting the eligibility and submission requirements will undergo an objective review process by a panel of IHS program staff. Proposals will be reviewed and rated on the basis of the 100 point scale described above. The numeric average of review scores will serve as the final score for each nominee. We anticipate award announcements will be made by **February 15, 2010**.

### **Technical Point of Contact:**

Technical questions regarding this announcement should be directed to:

Freda Carpitcher, Health Promotion Disease Prevention Coordinator Office of Health Programs Phone: 405-951-3717 Email: [Freda.Carpitcher@ihs.gov](mailto:Freda.Carpitcher@ihs.gov)