



HP/DP Contacts,

Here are updates and funding announcements for March. Thanks to all who have provided information and excuse any cross posting. I encourage you to share this information and forward information that can be included in the next update.

Updates:

- 

1. **Congratulations Sonoma County Indian Health Project! The Native Breastfeeding Council (NBC) website is now live.** It supports the NBC's mission to educate, promote breastfeeding as the norm for families nurturing infants and young children. Visit: <http://nativebreastfeedingcouncil.org/>
2. **Medical Providers' Best Practices & GPRA Measures 5th annual conference May 24-25 and the 7th annual Community Wellness Forum May the 26th.** The Wellness Forum aims to enhance and strengthen local efforts with a focus on community, provide valuable education and tools, promote what works and share successes. The **Diabetes Program Day, also on May 26th.** T/U Diabetes Coordinators are encouraged to attend; it will work from a foundation of useful tools and information to manage diabetes. All these events will be held in **Sacramento at the Holiday Inn Capitol Plaza (300 J Street, Sacramento, CA 95814.** Hotel reservations must be made prior to April 22 by calling 916-446-0100 and providing our group code QMP for the special rate of \$101. There is **no registration fee** for these events, continuing education unites will be provided. **Travel reimbursement** of \$1,000 for each attending health program team, \$250 for diabetes teams in attendance, \$250 for behavioral health staff, \$250 for one Public Health Nurse per program and up to \$250 reimbursement **for the Wellness Forum. Conference information is located online at:** <http://www.ihs.gov> (Click "Calendar of Events" and find "Medical Providers' Best Practices & GPRA Measures. For questions please contact Rachel Pulverman at rachel.pulverman@ihs.gov or phone (916-930-3981, ext. 361. **Early registration is encouraged and online at:** http://www.ihs.gov/AdminMngrResources/IHS_Calendar/index.cfm?module=Register%20for%20an%20Event&event_ID=1133
3. **The perfect pair.....Lets Move! in Indian Country & Just Move It.** The **Let's Move!** initiative (www.letsmove.gov) and recently announced '**Let's Move in Indian Country**' (LMIC). This is great news for all the **Just Move It** (www.justmoveit.org) campaign partners who utilize **Just Move It** for learning how to start an activity, sharing information and contributing stories on what works. The **Let's Move!** initiative was unveiled on February 2, 2010, by First lady Michelle Obama. Similar to the **Just Move It** campaign, the **Let's Move!** initiative encourages physical activity. **Let's Move! specifically focuses on combating child obesity**, with eating healthy, getting active, taking action, and knowing the facts. Visit the IHS/CAO HPDP website for more information at: <http://www.ihs.gov/california/Universal/PageMain.cfm?p=68>
4. **Journal of School Health, 11/2010 article, School Wellness Policies: Perceptions, Barriers, and Needs among School Leaders and Wellness Advocates.** School

wellness policies are a key component to the prevention of adolescent obesity. Opportunities for school board, public health directors and school wellness advocates to assist districts on wellness issues such as physical education/activity and strategies for implementing and monitoring wellness policies exist. For more information visit: [http://library.constantcontact.com/download/get/file/1102704766451-63/JOSH_538+\(2\).pdf](http://library.constantcontact.com/download/get/file/1102704766451-63/JOSH_538+(2).pdf)

- 5. NEW, NIH COOKBOOK ENCOURAGES FAMILIES TO EAT HEALTHFULLY *Keep the Beat Recipes*.** Keep the Beat includes more than 40 kid-tested recipes featuring a variety of healthy entrees, side dishes, and snacks that parents and children can enjoy together. These **free cookbooks** also offer time-saving tips and helpful resources for busy families. All of the recipes are based on heart-healthy principles from the NHLBI, **includes nutrition analysis**, reflect the principles of the 2010 Dietary Guidelines for Americans, and provide guidance for preparing meals that are low in saturated fat, trans fat, cholesterol, sodium, and added sugars. All recipes **adhere to the Dietary Approaches to Stop Hypertension (DASH) diet**, which supports an overall healthy eating plan. **Copies can be ordered through NHLBI Health Information Center. For more info visit: nhlbi_news@nhlbi.nih.gov>.**

Funding Opportunities :

One website dedicated to providing funding information on a wide range of Native American and tribal projects is, www.tribalgrants.info

- 1. CDC announces the pending release of the new Community Transformation Grants (CTGs) to support implementation, evaluation, and dissemination of evidence-based community preventive health activities.** It is designed to reduce chronic disease rates, prevent the development of secondary conditions, address health disparities, and develop a stronger evidence-base of effective prevention programming. Applicants must devise a plan that lays out changes in policies, programs, environment, and infrastructure to promote healthy living and reduce disparities. Specific activities suggest providing sustained investments to—
 - Reduce tobacco use
 - Reduce obesity (BMI)
 - Increase physical activity
 - Increase healthy nutrition (such as consumption of fruits and vegetables, increases in low-fat milk consumption, and reductions in salt consumption)
 - Reduce the severity and impact of chronic diseases and associated risk factorsThe **Funding Opportunity Announcement is to be released soon on www.grants.gov.** For more details about CTGs, CDC suggest seeing section 4201 of the Patient Protection and Affordable Care Act at www.healthcare.gov.
- 2. 2011 Childhood Obesity Conference Scholarships.** Do you know or work with young leaders who are making their schools or communities healthier places? California Project LEAN (Leaders Encouraging Activity and Nutrition) is providing full scholarships for teams of youth ages 14 to 18 and their adult allies to attend and participate in the 2011 Childhood Obesity Conference, all expenses covered! For more information, contact Katherine Hawksworth at (916) 552-9959 or katherine.hawksworth@cdph.gov. **Deadline for Applications:** March 18, 2011

3. **Health and Wellness Grants** from the Rite Aid Foundation to fund programs that focus in health and wellness in the communities in which Rite Aid operates. **Deadline for Applications:** April 1, 2011. For funding amounts and application details visit: <http://www.riteaid.com/company/community/foundation.jsf>
4. **The California Wellness Foundation - Responsive Grantmaking Program.** The California Wellness Foundation is dedicated to improving the health of the people of California by offering program grants for health promotion, wellness education, and disease prevention. Their grants are to programs which address a number of health issues. **Deadline for Applications:** Rolling. For more details visit: http://www.calwellness.org/how_to_apply/
5. **Active Living Research currently has one open call for proposals.** The Active Living Research rapid-response grants are to accelerate progress toward policy and environmental strategies to prevent and reduce childhood obesity, to reach local, state or national decision-makers in time to help inform key policy decisions. **The maximum award for a single grant is \$150,000, with a funding period not to exceed 18 months.** Funding for approved studies may be initiated as early as four months after submission of invited full proposals. **For more information visit:** <http://www.activelivingresearch.org/grantsearch/grantopportunities/current>
6. **CDC & NIH, Community-Based Partnerships for Childhood Obesity Prevention and Control: Research to Inform Policy (R03) (PA-09-140).** This funding opportunity is to enhance childhood obesity research by fostering the formation of local, state, or regional teams consisting of researchers, policymakers, and other relevant stakeholders to identify research questions and hypotheses, design and implement the relevant research, and translate the research into evidence relevant to potential policy efforts in this area. It supports different types of projects including pilot and feasibility studies; secondary analysis of existing data; small, self-contained research projects; development of research methodology; and development of new research technology and intended to support small research projects that can be carried out in a short period of time with limited resources. **Cycle Due Dates (new submission): Feb. 16, June 16, Oct. 16 and expires: May 8, 2012. For more information visit:** <http://grants.nih.gov/grants/guide/pa-files/PA-09-140.html>
7. **CDC & NIH, Community-Based Partnerships for Childhood Obesity Prevention and Control: Research to Inform Policy (R21) (PA-09-141).** This funding opportunity is also to enhance childhood obesity research by fostering the formation of local, state, or regional teams consisting of researchers, policymakers, and other relevant stakeholders in order to identify research questions and hypotheses, design and implement the relevant research, and translate the research into evidence relevant to potential policy efforts in this area. **Cycle Due Dates (new submission): Feb. 16, June 16, Oct. 16 and expires: May 8, 2012 For more information visit:** <http://grants.nih.gov/grants/guide/pa-files/PA-09-141.html>
8. **NIH, NHLBI, NINR, NICHD and OBSSR, Geographic and Contextual Influences on Energy Balance-Related Health Behaviors (R01) (PA-08-192).** This funding opportunity is for applications that propose hypothesis-driven projects exploring associations between the built environment, other contextual features of where people of all ages live and work and health behaviors related to energy balance. The projects

should use population level data from health surveys and other large health studies.
Cycle Due Dates (new submission): Feb. 5, June 5, Oct. 5 Expires: Sept. 8, 2011
For more information visit: <http://grants.nih.gov/grants/guide/pa-files/PA-08-192.html#SectionIII>

9. **NIH, Home- and Family-Based Approaches for the Prevention or Management of Overweight or Obesity in Early Childhood (R21) (PA-10-128).** This funding opportunity is for exploratory pilot/feasibility studies and small clinical trial (R21) applications from institutions/organizations that propose to test novel home- or family-based interventions for the prevention or management of overweight in infancy and early childhood. The over-arching goal is to identify interventions that influence parent and child behaviors that contribute to inappropriate weight gain, and thereby improve subsequent health status in childhood, adolescence, and adulthood for which overweight is a known risk factor. **Cycle Due Dates (new submission): Feb. 16, June 16, Oct. 16 and expires: May 8, 2013. For more information visit:** <http://grants.nih.gov/grants/guide/pa-files/PA-08-192.html#SectionIII>
10. **Bayer USA Foundation – Community Health and Development Grants** support programs that enhance the quality of life, provide unique and enriching opportunities that connect diverse groups, and ensure preparedness for tomorrow's leaders. Proposals focused on health and human services, education and workforce development, environment and sustainability, and/or arts and culture are welcomed. **Deadline** varies. **For more information visit:** <http://www.bayerus.com/Foundation/giving.aspx>
11. James Irvine Foundation, Information on the **Special Initiatives funding is available at:** <http://www.irvine.org/grantmaking/our-programs/specialinitiatives>
12. **Operation Green Plant**, of The America the Beautiful Fund, is offering free vegetable, flower, and herb seeds to outdoor community projects. **Deadline for Applications: Rolling. For more information visit:** http://www.america-the-beautiful.org/free_seeds/index.php
13. **Michael and Susan Dell Foundation - Helping Children in Urban Poverty Grants** funds projects that directly serve or impact children living in urban poverty, particularly in the areas of education, childhood health and family economic stability. Funding amount varies, generally not funding more than 25% of a project's budget or more than 10% of an organization's total annual operating expenses. **Deadline: rolling. For more information visit:** <http://www.msdf.org/Grants/default.aspx>

Beverly A. Calderon, MS, RD, CDE
California Area Indian Health Service
Area Health Promotion/Disease Prevention Coordinator
1320 W. Valley Parkway Suite 309
Escondido, CA 92029
Phone: (760) 735-6884
Fax: (760) 735-6893
Email: beverly.calderon@ihs.gov

Confidentiality Notice: This e-mail message, including any attachments, is for the sole use of the intended recipient(s) and may contain confidential and privileged information. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient please contact the sender by reply e-mail and destroy all copies of the original message.