



# Overview/ format

- Will present the Director's 3 Initiatives from the National and Area perspective
- Will define the initiative and provide major objectives and activities
- Will focus on areas of overlap, or integration



# Purpose of the Initiatives

- Focus scarce resources on areas of need (launched 2004)
- Focus on interventions that will last
- Builds on strengths of the Indian health system: primary care, community outreach, respect for culture









# CAO BH Efforts to Integrate the Initiatives

- Addressing access barriers by integrating telepsychiatric consultation into primary care clinics in their Area
- Twelve rural tribal health clinics in California now have the ability to access psychiatric consultation services via teleconferencing technology
- Plans to continue to expand this service to all rural sites over the next few years
- Stimulus funding??

# Integration (cont'd)

- Advocacy of integrating behavioral health services into primary care clinics including:
  - Co-location
  - Multi-disciplinary team meetings
  - Focus on behavioral health screening

California Area Contact:  
Dr. David Sprenger  
[david.sprenger@ihs.gov](mailto:david.sprenger@ihs.gov)





# Objectives

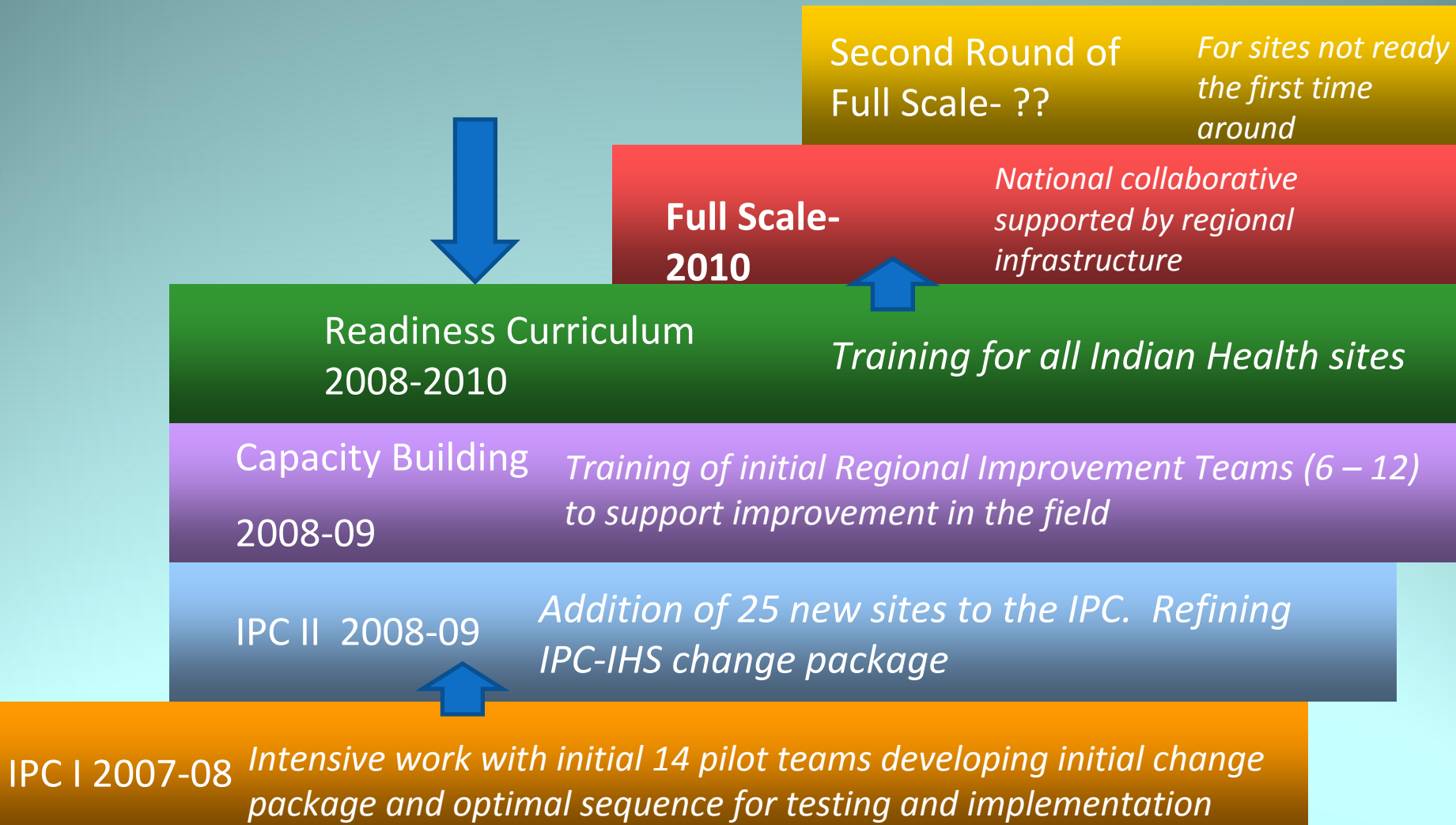
---

- Promote the Chronic Disease Management Collaborative (Innovations in Planned Care, or IPC) as an essential method to improve the prevention of, and care for chronic disease (39 sites, one in CA)
  - Use data from pilot site work to evaluate the effectiveness of the Collaborative
  - Spread the “lessons learned” from IPC throughout the Indian health system
- Indian health system leaders and critical staff members are being educated about the Chronic Care Model and the Chronic Disease Initiative through ongoing training

# Important Elements of Chronic Care Initiative

- Designing the healthcare system around the patient's needs, e.g. decreasing wait times, seeing your provider, etc.
- Improvement becomes part of business, always asking how to make things better

# Where are we on this Initiative?



# HP/DP Initiative

---

- Mission: “Working together for wellness with American Indian and Alaska Native communities.”
- Goal: Create healthier American Indian and Alaska Native communities by developing, coordinating, implementing, and disseminating effective health promotion and chronic disease prevention programs through collaboration with key stakeholders and by building on individual, family and community strengths and assets

California Area Contact:  
Beverly Calderon, MS, RD, CDE  
[beverly.calderon@ihs.gov](mailto:beverly.calderon@ihs.gov)

# HP/DP Objectives

---

- Building capacity for effective health promotion practices at local level
- Promoting the adoption and use of environmental, school, and worksite policies
- Create clearinghouse of best practices, resources, training, and community assessment tools on website
- Empower local efforts through the Healthy Natives Community Fellowship and the Just Move It Campaign

# CAO HP/DP Efforts to Integrate the Initiatives

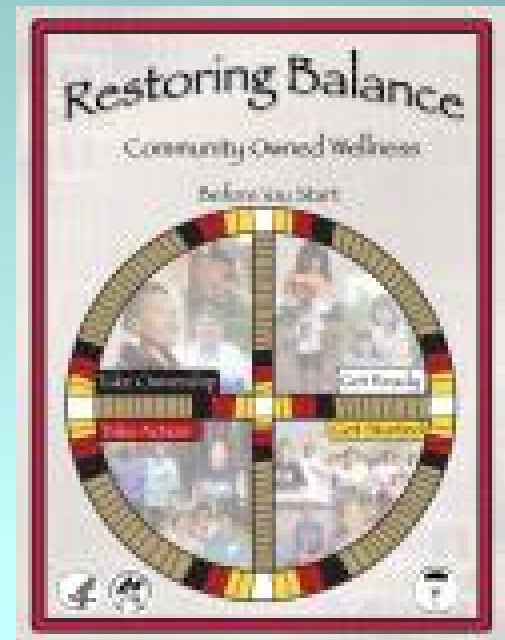
---

- HP/DP support to Area Diabetes Consultant at the annual “Take Control of Your Diabetes” Santa Ynez, Spring 2008 (scheduled for Sacramento 2009)
- Over 200 participants
- Provided education and motivation for diabetics and their loved ones, to help them take a more active role in their condition in order to live healthier, happier, and more productive lives

# CAO HP/DP Efforts to Integrate the Initiatives (cont'd)

---

- Conducted pilot training on community wellness planning, using the Restoring Balance Community Owned Wellness manual. Hosted by UAI
- Coordinate the fourth Just Move It – California Challenge to support T/U physical activity initiatives and the national Just Move It campaign.



# Historical Trauma Focus Group

- Area Diabetes Coordinator conducted a focus group regarding historical trauma with select tribal members and leaders
- Discussed relationship of traumas experienced by Indian people over the centuries and its effect on emotional and physical well being

# Take home /summary

- IHS is focusing on three key areas: Behavioral Health, Chronic Care Management, Health Promotion/ Disease Prevention
- IHS is focusing on integrating these three initiative, looking for natural areas of overlap
- It is hoped that all IHS-funded facilities will adopt the Chronic Care Model in the near future, beginning 2010

# Questions?

