

Depression Screening



**MEASURE OF THE MONTH
DECEMBER 2010
CALIFORNIA AREA GPRA TEAM**

Measure Logic



Numerator: Patients screened for depression or diagnosed with a mood disorder at any time during the report period

Denominator: Active Clinical Population patients age 18 and older

Coding/Documentation*



1.) Depression Screening: Any of the following:

- A) Exam code 36,
- B) POV 79.0,
- C) BHS problem code 14.1 (screening for depression), or
- D) V Measurement in PCC or BH of PHQ2 or PHQ9.

2.) Mood Disorders: At least two visits in PCC or BHS during the Report period with POV for: Major Depressive Disorder, Dysthymic Disorder, Depressive Disorder NOS, Bipolar I or II Disorder, Cyclothymic Disorder, Bipolar Disorder NOS, Mood Disorder Due to a General Medical Condition, Substance-induced Mood Disorder, or Mood Disorder NOS. These POV codes are: 296.*, 291.89, 292.84, 293.83, 300.4, 301.13, or 311 or BHS POV 14 or 15.

*Coding/Documentation using CRS 10.0 logic

PCC Data Entry



Performance Measure	Standard	Provider Documentation	Data Entry
<p>Depression Screening</p>	<p>Adult patients 18 years of age and older should be screened for depression at least annually. (Source: United States Preventive Services Task Force)</p> <p>Note: Refusals are NOT counted toward the GPRa measure, but should be documented.</p>	<p>Standard PCC documentation for tests performed at the facility, Ask and record historical information on PCC:</p> <ul style="list-style-type: none"> Date received Location Results <p>Medical Providers: EXAM—</p> <p>Depression Screening</p> <ul style="list-style-type: none"> Normal/Negative – Denies symptoms of depression Abnormal/Positive – Further evaluation indicated Refused – Patient declined exam/screen Unable to screen – Provider unable to screen <p>Note: Refusals are not counted toward the GPRa measure, but should be documented.</p> <p>Behavioral Health Providers:</p> <p>Enter BHS problem code 14.1 or narrative “Screening for Depression.”</p> <p>Note: BHS problem code 14.1 maps to ICD-9 V79.0.</p> <p>Mood Disorders:</p>	<p>Standard PCC data entry</p> <p>Depression Screening Exam</p> <p><i>Mnemonic EX enter</i></p> <p>Select Exam: 36, DEP</p> <p>Result:</p> <ul style="list-style-type: none"> A–Abnormal N–Normal/Negative PR–Resent PAP–Present and Past PA–Past PO–Positive <p>Comments: PHQ-2 Scaled, PHQ9</p> <p>Provider Performing Exam:</p> <p>Historical Depression Screen Exam</p> <p><i>Mnemonic HEX enter</i></p> <p>Date of Historical Exam:</p> <p>Type:</p> <p>Location Name:</p> <p>Exam Type: 36, DEP</p> <p>Result:</p> <p>Comments: PHQ-2 Scaled, PHQ9 (If Known)</p> <p>Encounter Provider:</p>

PCC Data Entry (*cont'd*)

Performance Measure	Standard	Provider Documentation	Data Entry
		<p>Two or more visits with POV related to: Major Depressive Disorder Dysthymic Disorder Depressive Disorder NOS Bipolar I or II Disorder Cyclothymic Disorder Bipolar Disorder NOS Mood Disorder Due to a General Medical Condition Substance-induced Mood Disorder Mood Disorder NOS</p> <p>Note: Recommended Brief Screening Tool: PHQ-2 Scaled Version (below).</p> <p><u>Patient Health Questionnaire (PHQ-2 Scaled Version)</u> Over the past 2 weeks, how often have you been bothered by any of the following problems?</p> <p>Little interest or pleasure in doing things</p> <p>a. Not at all Value: 0 b. Several days Value: 1 c. More than half the days Value: 2 d. Nearly every day Value: 3</p> <p>Feeling down, depressed, or hopeless</p> <p>a. Not at all Value: 0 b. Several days Value: 1 c. More than half the days Value: 2 d. Nearly every day Value: 3</p>	<p>Depression Screen Diagnosis POV <i>Mnemonic PPV enter</i> Purpose of Visit: V79.0 Provider Narrative: Modifier: Cause of DX:</p> <p>Standard BHS POV data entry Enter BHS problem code *14.1 or narrative: "Screening for Depression."</p> <p>*Note: BHS problem code 14.1 maps to ICD-9 V79.0 (Special Screening for Mental Disorders and Developmental Handicaps, Depression).</p> <p>Unable to Screen for Depression <i>Mnemonic UAS enter</i> Patient Refusals For Service: Exam Exam Value: 36, DEP Date Refused: Provider Who Documented: Comment:</p> <p>Mood Disorder Diagnosis POV <i>Mnemonic PPV enter</i> Purpose of Visit: 296.*, 291.89, 292.84, 293.83, 300.4, 301.13, 311 Provider Narrative: Modifier:</p>

PCC Data Entry (*cont'd*)

Performance Measure	Standard	Provider Documentation	Data Entry
		<p><u>PHQ-2 Scaled Version (cont'd)</u> Total Possible PHQ-2 Score: Range: 0-6</p> <p>0-2: Negative Depression Screening Exam: Code Result: Normal or Negative</p> <p>3-6: Positive; further evaluation indicated Depression Screening Exam Code Result: Abnormal or Positive</p> <p>The patient may decline the screen or “Refuse to answer” Depression Screening Exam Code Result: Refused</p> <p>The provider is unable to conduct the Screen Depression Screening Exam Code Result: Unable To Screen</p> <p>Provider should note the screening tool used was the PHQ-2 Scaled at the <i>Comment</i> Mnemonic for the Exam Code.</p> <p><u>PHQ9 Questionnaire Screening Tool</u></p> <p>Little interest or pleasure in doing things?</p> <ul style="list-style-type: none"> a. Not at all Value: 0 b. Several days Value: 1 c. More than half the days Value: 2 d. Nearly every day Value: 3 <p>Feeling down, depressed, or hopeless?</p> <ul style="list-style-type: none"> a. Not at all Value: 0 b. Several days Value: 1 c. More than half the days Value: 2 	<p>Cause of DX:</p> <p>Standard BHS Mood Disorder POV data entry Enter BHS problem code: 14, 15</p>

PCC Data Entry (*cont'd*)

Performance Measure	Standard	Provider Documentation	Data Entry
		<p>d. Nearly every day Value: 3</p> <p>Trouble falling or staying asleep, or sleeping too much?</p> <p>a. Not at all Value: 0</p> <p>b. Several days Value: 1</p> <p>c. More than half the days Value: 2</p> <p>d. Nearly every day Value: 3</p> <p>Feeling tired or having little energy?</p> <p>a. Not at all Value: 0</p> <p>b. Several days Value: 1</p> <p>c. More than half the days Value: 2</p> <p>d. Nearly every day Value: 3</p> <p>Poor appetite or overeating?</p> <p>a. Not at all Value: 0</p> <p>b. Several days Value: 1</p> <p>c. More than half the days Value: 2</p> <p>d. Nearly every day Value: 3</p> <p>Feeling bad about yourself—or that you are a failure or have let yourself or your family down?</p> <p>a. Not at all Value: 0</p> <p>b. Several days Value: 1</p> <p>c. More than half the days Value: 2</p> <p>d. Nearly every day Value: 3</p> <p>Trouble concentrating on things, such as reading the newspaper or watching television?</p> <p>a. Not at all Value: 0</p>	

PCC Data Entry (*cont'd*)

Performance Measure	Standard	Provider Documentation	Data Entry
		<p>b. Several days Value: 1</p> <p>c. More than half the days Value: 2</p> <p>d. Nearly every day Value: 3</p> <p>Moving or speaking so slowly that other people could have noticed. Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual?</p> <p>a. Not at all Value: 0</p> <p>b. Several days Value: 1</p> <p>c. More than half the days Value: 2</p> <p>d. Nearly every day Value: 3</p> <p>Thoughts that you would be better off dead, or of hurting yourself in some way?</p> <p>a. Not at all Value: 0</p> <p>b. Several days Value: 1</p> <p>c. More than half the days Value: 2</p> <p>d. Nearly every day Value: 3</p> <p><u>PHQ9 Questionnaire (Cont'd)</u></p> <p>Total Possible PHQ-2 Score: Range: 0-27</p> <p>0-4 Negative/None Depression Screening Exam: Code Result: None</p> <p>5-9 Mild Depression Screening Exam: Code Result: Mild depression</p> <p>10-14 Moderate Depression Screening Exam: Code Result: Moderate depression</p> <p>15-19 Moderately Severe Depression Screening</p>	

PCC Data Entry (*cont'd*)

Performance Measure	Standard	Provider Documentation	Data Entry
		<p>Exam: Code Result: Moderately Severe depression</p> <p>20-27 Severe Depression Screening Exam: Code Result: Severe depression</p> <p>Provider should note the screening tool used was the PHQ9 Scaled at the <i>Comment</i> Mnemonic for the Exam Code.</p>	

Depression Screening Tools



- **PHQ-2 Scaled Version**
 - First stage screening tool

- **PHQ-9**
 - Second stage screening tool

PHQ-2 Scaled version



Over the last two weeks, how often have you been bothered by any of the following problems?

- **Little interest or pleasure in doing things**
 - Not at all Value: 0
 - Several days Value: 1
 - More than half the days Value: 2
 - Nearly every day Value: 3

- **Feeling down, depressed or hopeless**
 - Not at all Value: 0
 - Several days Value: 1
 - More than half the days Value: 2
 - Nearly every day Value: 3

- **Total PHQ-2 score possible: Range: 0-6**

PHQ-2 Scaled Version Scores



- **0 – 2 = Negative**
 - Depression Screening Exam Code Result: NEGATIVE
- **3 – 6 = Positive; further evaluation is indicated**
 - Depression Screening Exam Code Result: POSITIVE
- **The patient may decline the screen or refuse to answer**
 - Depression Screening Exam Code Result: REFUSED
- **Some patients cannot be screened due to disability or other reasons**
 - Depression Screening Exam Code Result: UNABLE TO SCREEN

PHQ-9

Nine Symptom Checklist*

Name _____ Date _____

Over the last 2 weeks, how often have you been bothered by any of the following problems?

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things.....	0	1	2	3
2. Feeling down, depressed, or hopeless.....	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much.....	0	1	2	3
4. Feeling tired or having little energy.....	0	1	2	3
5. Poor appetite or overeating.....	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down.....	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television.....	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual.....	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way.....	0	1	2	3

(For office coding: Total Score ____ = ____ + ____ + ____)

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all

Somewhat difficult

Very difficult

Extremely difficult

*From the Primary Care Evaluation of Mental Disorders Patient Health Questionnaire (PRIME-MD PHQ). The PHQ was developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues. For research information, contact Dr. Spitzer at rls8@columbia.edu. PRIME-MD® is a trademark of Pfizer Inc. Copyright© 1999 Pfizer Inc. All rights reserved. Reproduced with permission.

Why Screen for Depression?



- About 1 in 20 adults experience major depression in a given year.
- Depression is the **2nd** leading cause of disability in industrialized countries
- Depression associated with:
 - **2x** increased risk of death overall
 - **26x** increased risk of suicide
- Impaired social functioning

Why Screen for Depression?



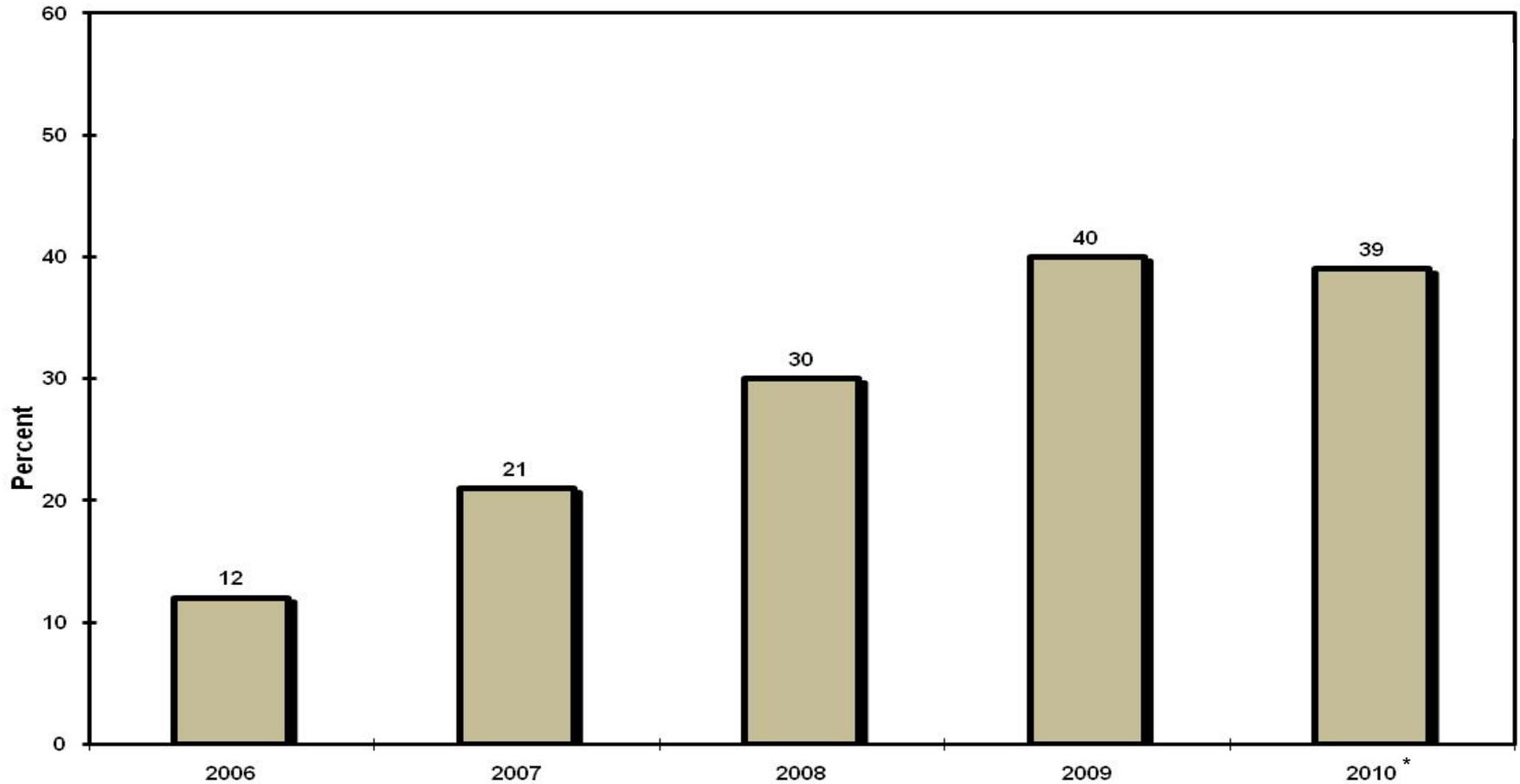
- **High Prevalence in Primary Care Settings**
- **Related to poorer outcomes of a range of common medical conditions**
 - Cardiovascular Illness
 - Diabetes
 - Dementia
- **Majority of patients with condition present initially to primary care and most stay there**
- **Treatment is generally safe and effective**

2010 Result and 2011 Target



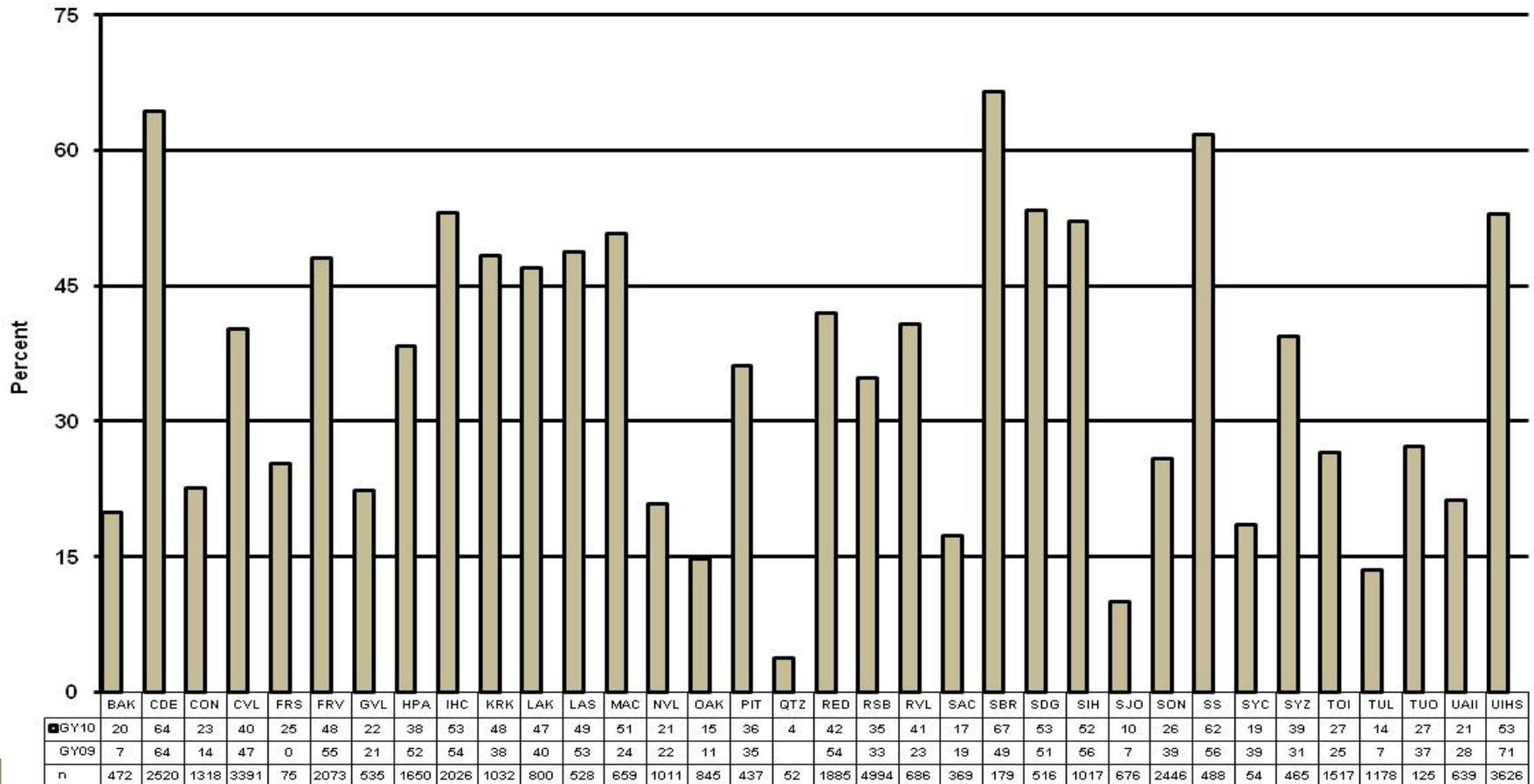
Measure	CA 2010 Result	2011 Target	Difference
Depression Screening	39%	56.3%	17.3%

Depression Screening: 18+ California Area GPRA Results



*Refusals removed in FY 2010

Depression Screening: 18+ California Site 2010 GPRA Results



Strategies for Improvement



- **Universal screening**
 - Screen EVERY patient at EVERY visit
- **Train primary care staff on behavioral health screening and documentation**
- **Provide patient education on depression**

Resources



- **Mental Health Screening.org**
 - www.mentalhealthscreening.org
- **Macarthur Initiative on Depression & Primary Care:**
 - <http://www.depression-primarycare.org/>
- **California Area IHS Behavioral Health Program**
 - <http://www.ihs.gov/FacilitiesServices/AreaOffices/California/Universal/PageMain.cfm?p=90>

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