

# HEALTH FACTORS

## ASK ABOUT TOBACCO USE AND EXPOSURE

### Ask the patient:

- Do you use tobacco products (cigarettes, snuff, dip, etc)?
- Do you use tobacco products for cultural or religious purposes?
- Are you exposed to tobacco smoke at work?
- Does anyone use tobacco products in or around the home?

Health Factor*	Definition
Non Tobacco User	Does not and has never used tobacco products
Current Smoker	Currently smokes tobacco (cigarettes, cigars, pipe, etc)
Current Smokeless	Currently uses smokeless tobacco (chew, dip, snuff, etc)
Current Smoker and Smokeless	Currently uses both smoke and smokeless tobacco
Cessation Smoker	Is transitioning from a Current Smoker to a Previous Smoker. The time period between stopping smoking and 6 months.
Cessation Smokeless	Is transitioning from a Current Smokeless tobacco user to a Previous Smokeless tobacco user. The time period between stopping smokeless tobacco and 6 months.
Previous Smoker	Has quit smoking tobacco for 6 months or more
Previous Smokeless	Has quit smokeless tobacco for 6 months or more
Ceremonial Use Only	Uses tobacco for ceremonial or religious purposes only
Exposure to Environmental Tobacco Smoke	Is exposed to second hand smoke at work or outside of the home.
Smoker in Home	Is exposed to second hand smoke at home
Smoke Free Home	There is no exposure to tobacco smoke at home

\*More than one tobacco health factor may be documented.

# RESOURCES

## Phone Numbers

**American Lung Association Call Center**  
1-8666-QUIT-YES (1-866-784-8937) or  
1-800-548-8252

**Department of Health and Human Services  
National telephone counseling quit line**  
1-800-QUITNOW (1-800-784-8669)  
TTY 1-800-332-8615

## Web Sites

**CDC's Tobacco Information and Prevention Service**  
[www.cdc.gov/tobacco/news/QuitSmoking.htm](http://www.cdc.gov/tobacco/news/QuitSmoking.htm)

**NCI's Tobacco Information and Prevention Service**  
<http://www.cdc.gov/tobacco/news/QuitSmoking.htm>

**American Lung Association – Tobacco Control**  
[www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22937](http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22937)

**Smokefree.gov website sponsored by the NCI, CDC,  
and the American Cancer Society**  
[www.ahrq.gov/path/tobacco.htm](http://www.ahrq.gov/path/tobacco.htm)

**Department of Health & Human Services:**  
[www.surgeongeneral.gov/tobacco/](http://www.surgeongeneral.gov/tobacco/)

**IHS Health Promotion and Disease Prevention:**  
[www.ihs.gov/NonMedicalPrograms/HPDP/Index.cfm](http://www.ihs.gov/NonMedicalPrograms/HPDP/Index.cfm)

**American Academy of Family Physicians:**  
[www.aafp.org/x27811.xml](http://www.aafp.org/x27811.xml)

**Tobaccofree.org:** [www.tobaccofree.org/other.htm](http://www.tobaccofree.org/other.htm)

**Freedom From Smoking:** [www.lungusa.org/ffs/](http://www.lungusa.org/ffs/)

## Key Contacts

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# Documentation of Tobacco Screening and Cessation Intervention



## Five A's of smoking cessation counseling:

- **Ask** about tobacco use
- **Advise** to quit
- **Assess** willingness to make a quit attempt
- **Assist** in quit attempt
- **Arrange** follow-up

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# PATIENT EDUCATION

## TO-Tobacco Use Patient Education Codes

TO-C	Complications
TO-CUL	Cultural/Spiritual aspects of health
TO-DP	Disease Process
TO-EX	Exercise
TO-FU	Follow-up
TO-HY	Hygiene
TO-IR	Information and Referral
TO-L	Literature
TO-LA	Lifestyle Adaptations
TO-M	Medications
TO-N	Nutrition
TO-P	Prevention
TO-QT	Quit
TO-S	Safety
TO-SHS	Second-Hand Smoke
TO-SM	Stress Management
-TO	Tobacco Education Topic
-SHS	Second Hand Smoke Topic

### Documenting Patient Education

Education Code	Provider Code	Goal Set, Goal Met, Goal Not Met
TO -	-	-
		today
Level of Understanding	Time (min)	Free text comment
Good, Fair, Poor, Refused		

# HEALTHY PEOPLE 2010

Steps to ensure that good health, as well as long life, are enjoyed by all

**Assess Cigarette Smoking in patients > 18 yrs**  
Target = assess in 12% of patients

**Assess Spit Tobacco Use in patients > 18 yrs**  
Target = assess in 0.4% of patients

**Assess Exposure to Environmental Tobacco Smoke in Non-Smokers > 4 yrs**  
*(especially those age 9-12 years)*  
Target = assess in 63% of patients

### Document Tobacco Assessment

- Tobacco Health Factors (any)
- Purpose Of Visit (POV) - 305.1, V15.82
- Dental Code - 1320
- Tobacco Education codes (any)

### Document Tobacco Cessation Counseling

- Patient Education
- Visit to clinic code 94 (tobacco clinic)
- Dental Code 1320
- Tobacco Health Factors (Cessation smoker, Cessation smokeless)

### Document Tobacco Cessation

- POV 305.13 (Quit smoking)
- Tobacco Health Factors (previous smoker, previous smokeless)

# MEDICARE REIMBURSEMENT

## Individual Cessation Visits

Medicare will pay for 2 tobacco cessation attempts in 12-month period, up to 4 face-to face sessions per attempt. These sessions may occur in the outpatient or inpatient setting (note: CMS will not cover tobacco cessation services if tobacco cessation is the primary reason for the patient's hospital stay).

Document the Diagnosis:

- ICD9-CM = 305.1 tobacco dependence
- Must **also** document a condition that is adversely affected by smoking or tobacco use, or that the metabolism or dosing of a medication that is being used to treat a condition the beneficiary has is being adversely affected by his or her smoking or tobacco use.

Two HCPCS codes may be used for billing:

G0375 – Smoke/Tobacco counseling 3-10 minutes  
G0376 – Smoke/Tobacco counseling > 10 minutes

## Individual Cessation Visits Occurring in Association with another Medical Condition

Document the E&M code for the visit as appropriate (99201-99215)

Add a modifier of 25 to indicate tobacco cessation counseling.

## Group Tobacco Cessation Visits

Use Preventative Service Codes:

99411 or 99412 – Preventative Group Medicine Group Counseling or

99078 – Physician Education in a Group Setting  
Add a modifier of 25 to indicate tobacco cessation counseling.

## Dental Counseling

D1320 - tobacco counseling for the control and prevention of oral disease.

\* Services administered by or facilitated by a CMS recognized provider