

Documentation of Tobacco Screening and Cessation Intervention



Five A's of smoking cessation counseling:

- Ask about tobacco use
- Advise to quit
- Assess willingness to make a quit attempt
- Assist in quit attempt
- Arrange follow-up

Last updated 3/5/2007

SCREENING

Document Tobacco screening with the Tobacco Health Factors:

Current Smoker
Current Smokeless (snuff/chewing tobacco)
Current Smoker & Smokeless
Cessation Smoker (is quitting now)
Cessation Smokeless (is quitting now)
Previous Smoker (quit smoking > 6 months)
Previous Smokeless (quit smokeless > 6 months)
Ceremonial Use Only
Smoker in the Home
Exposure to Environmental Tobacco Smoke
Non-Tobacco User (never used tobacco)

EDUCATION

IHS Patient Education Codes

TO-C	Complications
TO-DP	Disease Process
TO-EX	Exercise
TO-FU	Follow-up
TO-L	Literature
TO-LA	Lifestyle Adaptation
TO-M	Medications
TO-QT	Quit
TO-SHS	Second Hand Smoke

MEDICARE REIMBURSEMENT

Individual Cessation Visits

Medicare will pay for 2 tobacco cessation attempts in 12 month period, up to 4 face-to face sessions per attempt. These sessions may occur in the outpatient or inpatient setting (note: CMS will not cover tobacco cessation services if tobacco cessation is the primary reason for the patient's hospital stay).

Document the Diagnosis:

- ICD9-CM = 305.1 tobacco dependence
- Must **also** document a condition that is adversely affected by smoking or tobacco use, or that the metabolism or dosing of a medication that is being used to treat a condition the beneficiary has is being adversely affected by his or her smoking or tobacco use.

Two HCPCS codes may be used for billing:

G0375 – Smoke/Tobacco counseling 3-10 minutes
G0376 – Smoke/Tobacco counseling > 10 minutes

Individual Cessation Visits Occurring in Association with another Medical Condition

Document the E&M code for the visit as appropriate (99201-99215)

Add a modifier of 25 to indicate tobacco cessation counseling.

Group Tobacco Cessation Visits

Use Preventative Service Codes:

99411 or 99412 – Preventative Group Medicine Group Counseling or

99078 – Physician Education in a Group Setting
Add a modifier of 25 to indicate tobacco cessation counseling.

Dental Counseling

D1320 - tobacco counseling for the control and prevention of oral disease.

* Services administered by or facilitated by a CMS recognized provider.

RESOURCES

Phone Numbers

American Lung Association Call Center
1-8666-QUIT-YES (1-866-784-8937) or
1-800-548-8252

Department of Health and Human Services
National telephone counseling quit line
1-800-QUITNOW (1-800-784-8669)
TTY 1-800-332-8615

Web Sites

CDC's Tobacco Information and Prevention Service
www.cdc.gov/tobacco/news/QuitSmoking.htm

NCI's Tobacco Information and Prevention Service
<http://www.cdc.gov/tobacco/news/QuitSmoking.htm>

American Lung Association – Tobacco Control
www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22937

Smokefree.gov website sponsored by the NCI, CDC, and the American Cancer Society
www.ahrq.gov/path/tobacco.htm

Department of Health & Human Services:
www.surgeongeneral.gov/tobacco/

IHS Health Promotion and Disease Prevention:
www.ihs.gov/NonMedicalPrograms/HPDP/Index.cfm

American Academy of Family Physicians:
www.aafp.org/x27811.xml

Tobaccofree.org: www.tobaccofree.org/other.htm

Key Contacts

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MEDICATIONS

Product	Instructions	Side Effects
Gum (Nicorette™)	<ul style="list-style-type: none"> Use 4mg gum if using > 25 cigarettes per day, 2mg if <25 cigarettes per day. Chew slowly until you feel a “peppery” taste, then park the gum between the cheek and the gum. Continue to “chew and park” for about 30 minutes, then place in trash. Do not eat or drink 15 minutes before chewing or while chewing nicotine gum. Do not use more than 24 pieces in a day. 	<ul style="list-style-type: none"> Sore Mouth Hiccups Bad taste Jaw ache
Lozenge (Commit™)	<ul style="list-style-type: none"> Use 4mg lozenge if you smoke within 30 minutes of waking up, 2mg lozenge if you smoke ≥ 30 minutes of waking up. Place lozenge in your mouth and allow to dissolve slowly (about 20-30 minutes). Do not chew or swallow the lozenge. Do not eat or drink 15 minutes before using a lozenge or while using a lozenge. Do not use > 5 lozenges within 6 hours. 	<ul style="list-style-type: none"> Hiccups Bad taste Heartburn Nausea
Patch (Nicoderm CQ™, Nicotrol™)	<ul style="list-style-type: none"> Use one patch a day unless otherwise directed. Place on a hairless area of skin between the neck and waist. Change sites every day to decrease irritation. Gradually decrease the dose as instructed. Used patches still have some nicotine in them, and can be harmful if children or pets have access to used patches. 	<ul style="list-style-type: none"> Skin rash Skin irritation
Bupropion (Zyban™)	<ul style="list-style-type: none"> Start taking 1 tablet (150mg SR) by mouth once a day for 3 days Increase to one tablet (150mg SR) two times a day for 7-12 weeks. May use with or without nicotine replacement therapy. Schedule a quit date within 7 days of starting bupropion therapy. 	<ul style="list-style-type: none"> Constipation Nausea Agitation Tremor Sleep disturbance Dizziness Sweating

MEDICATIONS

<p>Nicotine Patch</p> <p>Benefits Once-a-day Prefer not to take oral medication</p> <p>Initial dose: < 10 cigarettes/d Weeks 1-6: 14mg/d Weeks 7-8: 7mg/d</p> <p>>10 cigarettes/d: Apply 1 patch QD for 6 wks Wk 1-6: 21mg/d Wk 7-8: 14mg/d Wk 9-10: 7mg/d</p> <p>Contraindications Abrupt d/c EtOH/sedatives MAOI w/in last 2 weeks <i>Anorexia or Bulimia</i> Skin disorder Seizure disorder TMJ</p>	<p>Bupropion</p> <p>Benefits: -QD-BID dosing schedule -Prefer taking oral medication</p> <p>Initial dose: 150mg po QD x 3 d</p> <p>Usual dose: 150mg po BID for 7-12 wks</p> <p>Contraindications -Arrhythmia -Unstable Angina pectoris -Uncontrolled HTN -Recent MI (2 weeks) -Skin disorder -Gastric ulcer -TMJ</p>
<p>Nicotine Gum</p> <p>Benefits -Oral gratification -Smoke at irregular intervals -Control over how much use and when</p> <p>Initial dose: < 25 cigarettes QD: 2 mg > 24 cig QD: 4 mg</p> <p>Usual dose: Wk 1-6: 1 piece q 1-2 hrs Wk 7-9: 1 piece q 2-4 hrs Wk 10-12: 1 piece q 4-8 hrs</p> <p>Contraindications Abrupt d/c EtOH/sedatives MAOI w/in last 2 weeks <i>Anorexia or Bulimia</i> Skin disorder Seizure disorder</p>	<p>Nicotine Lozenge</p> <p>Benefits -Need to keep mouth occupied -Unable to use gum -Irregular smoking intervals</p> <p>Dose: 1st cigarette < 30min post waking up: 4mg 1st cigarette > 30min post waking up: 2mg</p> <p>Initial dose: < 25 cigarettes QD: 2 mg > 24 cig QD: 4 mg</p> <p>Usual dose: Wk 1-6: 1 piece q 1-2 hrs Wk 7-9: 1 piece q 2-4 hrs Wk 10-12: 1 piece q 4-8 hrs</p> <p>Contraindications Abrupt d/c EtOH/sedatives MAOI w/in last 2 weeks <i>Anorexia or Bulimia</i> Skin disorder Seizure disorder TMJ</p>