Good Questions for Your Good Health

Ask Me 3™

Every time you talk with your doctor, nurse, or pharmacist, ask these questions

1. What is my main problem?
2. What do I need to do?
3. Why is it important for me to do this?

The more you know about your health, the better

Ask Me 3™ is an educational program provided by the

Partnership for Clear Health Communication
at the National Patient Safety Foundation™

www.npsf.org/askme3

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