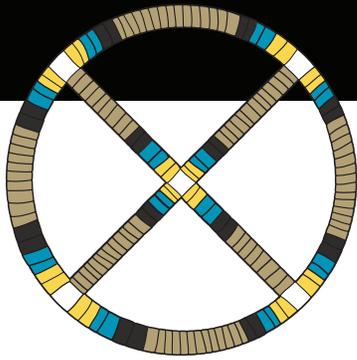


Bemidji Area HPDP/Indian Health Service



Health Coaching Collaborative

- ◆ Do you want to help transform patient care?
- ◆ Do you want to have a greater connection with your clients?
- ◆ Would you like to be more innovative in the ways that you provide care?
- ◆ Would you like to be part of creating a wellness vision?



www.hhs.gov



www.ihs.gov

www.ihs.gov/HPDP



www.ihs.gov/bemidji

WHO CAN PARTICIPATE?

Health educators, diabetes prevention educators, BH counselors, nurses, dietitians, fitness specialists, CHR's or other wellness professionals who are willing to commit one year to becoming an effective Health Coach in Native Communities.

BENEFITS TO PARTICIPANT:

- ◆ Become a polished and confident Health Coaching professional, standing out from the crowd.
- ◆ Earn Continuing Education Credits for nurses, dietitians, certified health education specialists, fitness specialists, etc.
- ◆ Become part of a health coaching collaborative that is leading the way in healthcare transformation.

BENEFITS TO ORGANIZATION:

- ◆ Participants will be able to use current evidence-based health coaching techniques to facilitate improved patient care.
- ◆ Direct application in achievement of organizational strategic health plans.
- ◆ Integration of health coaching concepts into programmatic priorities (SDPI Grantees, behavioral health, mental health, substance abuse).



www.ihs.gov/HPDP



www.facebook.com/IHSHDPDP

The HPDP mission is to improve the health status of American Indians/Alaska Natives by communicating wellness, moving for wellness, sharing what's happening and what's working, and partnering with communities.

WHAT IS REQUIRED OF PARTICIPANT?

- ◆ One-year commitment: This collaboration starts with a one year commitment to participate in a 13-week (once a week) web-based training.
- ◆ Attendance at a 3-day Kick-Off event: This event will introduce you to the Health Coaching Collaborative and lay the foundation for the program.
- ◆ Participation in 13 weekly web-based learning sessions: These sessions will teach you everything you need to know to become an effective Health Coach.
- ◆ Participation in once a month (3 months) post-training web-based discussion: This session will be used to share experiences out in the field and discuss challenges.
- ◆ Participation in evaluation process: This evaluation will consist of methodologies using narratives, case studies, surveys, etc.

ROLE OF SUPPORTING ORGANIZATION:

- ◆ Support participants with release time to attend the program Kick-Off event and participate in web-based trainings and program evaluation.
- ◆ Provide Internet access, a computer, telephone and printer.

COST:

The Health Coaching Collaborative will provide scholarships for 25 selected participants to include:

- ◆ Lodging and per diem at Kick-Off event.
- ◆ 13-week web-based interactive learning experience along with tuition and materials.

PARTICIPANT ORGANIZATION WILL BE RESPONSIBLE FOR:

- ◆ Travel to Kick-Off event.

PROGRAM DETAILS:

- ◆ Kick-Off Event: May 22-24, 2012, in Minneapolis, MN
- ◆ Web-based Trainings: June 4 - August 27, 2012
- ◆ Evaluation Period: May 2012 - May 2013

HEALTH COACHING COLLABORATIVE MAY - AUGUST, 2012

Application Process

1. Submit letter of interest by March 2, 2012.
Go online to www.ihs.gov/HPDP for information on how to register.
 - a. Complete the application form
 - b. Submit a personal statement: A one-page statement addressing why you are interested in participating in this health coaching collaborative and how you will use the knowledge, skills and abilities gained to improve the health of individuals in native communities.
2. Mail supporting documents by March 16, 2012
 - a. One (1) letter of recommendation.
 - b. One (1) signed supervisor agreement form.
 - c. One (1) letter of support from the CEO of your organization.

Applications will be reviewed by a selection committee during the months of March and April. Applicants will be chosen and informed via email by April 13, 2012.

Send complete application package to, or for more information contact:

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Health Promotion Disease Prevention Program
Indian Health Service Bemidji Area
522 Minnesota Avenue, NW
Bemidji, MN 56601

Email: Michelle.Archuleta@ihs.gov

Phone: 218-444-0492

Fax: 218-444-0513

KICK-OFF EVENT LOCATION:

Radisson Hotel Bloomington (by Mall of America)
1700 East American Blvd.
Bloomington, MN 55425
Telephone: 952-854-8700
Fax: 952-854-8701

www.radisson.com/bloomingtonbymoa