

Continuing Education Information
IHS Division of Diabetes Treatment and Prevention
Advancements in Diabetes Recorded Sessions

Title: A Child's Definition of Health: "To Not Have Diabetes"
Why Breastfeeding Support is a Shared Responsibility

Presenter: Jessica Quinlan, MPH, RD, CLC
Pueblo of Zuni, WIC Program Nutrition Coordinator
Zuni Youth Enrichment Project, Food Sovereignty Coordinator

Type of Activity: Enduring Event (Recorded Webinar)
Release Date: September 9, 2021
Expiration Date: August 24, 2024
Estimated Time to Complete Activity: 60 minutes
Live Session Originally Presented on: August 25, 2021

Information about the webinar presentation:

Native communities across the nation are working hard to ensure healthy diabetes-free youth and families. Medical providers can effectively reach community health goals by relying on community strengths and upholding community values. Breastfeeding is one of the most essential Native traditions that brings cultural beliefs, mother's love, food sovereignty, and science together into an evidence-based intervention that reduces risk of obesity and type 2 diabetes.

This session will first review how social determinants of health and epigenetics impact our communities and how the benefits of breastfeeding are essential for overcoming health disparities. Then, strategies from the Zuni Breastfeeding Coalition will be shared, with focus on common barriers to breastfeeding and simple ways to support baby friendly practices.

Training Objectives and Outcomes: As a result of completing this training, the healthcare team will be able to:

1. Examine the benefits of and barriers to breastfeeding.
2. Implement effective strategies to enhance breastfeeding education and support for new mothers to help prevent early problems.
3. Create a supportive breastfeeding environment that naturally promotes breastfeeding and increases the rate of exclusive breastfeeding.

Requirements: You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at diabetesprogram@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

Note: Before you begin the training, you may review the IHS Privacy Policy at the following link: (<https://www.ihs.gov/privacypolicy/>). You may also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.

<http://www.surveymonkey.com/mp/policy/privacy-policy/>

Continuing Professional Education (CE) Credit Information: To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score \geq 80%), and complete an evaluation. You will be able to print a "Certificate of Continuing Education Credits" online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this, or the live course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

Accreditation:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statements



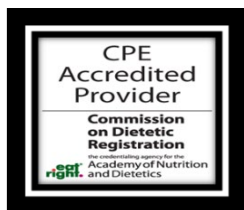
This activity was planned by and for the healthcare team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is designated 1.0 contact hour for nurses.



Registered Dietitian Continuing Education Credit

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. Each attendee should only count the number of hours for each activity attended. The IHS NDTP number is NU006.



Dental Continuing Education Credit

The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.

The IHS Division of Oral Health designates this continuing dental education course for 1 hour of credit. Each attendee should claim only those hours of credit actually spent in the educational activity.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

Planners

The planning and development included IHS Division of Diabetes Treatment and Prevention and a team of individuals with expertise in relevant professions.

Name and Credentials	Present Position/Title
Jana Towne RN, BSN, MHA	Nurse Planner, Nurse Consultant, DDTP
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