INDIAN HEALTH SERVICE MEDICAL PRIORITY LEVELS

1. **RESPONSIBILITIES**

A. The IHS Chief Medical Officer

The Indian Health Service (IHS) Chief Medical Officer (CMO) is responsible for maintaining the IHS Purchased Referred Care (PRC) Medical Priority Levels. The IHS CMO will review, update, and distribute the IHS Medical Priority Levels IHS-wide every four years.

B. Area Director

Each Area Director will:

- i. Develop Area medical priority levels that are consistent with the IHS Medical Priority Levels, annually.
- ii. Submit a copy of their respective Area medical priority levels to the Director, Division of Contract Care.
- iii. Integrate the Area medical priority levels with the annual spending plans, since the availability of funds determines the level of medical care that can be provided.

C. Director, Office of Resource Access and Partnerships (ORAP)

The Director, Office of Resource Access and Partnerships will adjudicate and issue responses to appeals of PRC denials.

D. Director, Division of Contract Care

The Director, Division of Contract Referred Care (DCC) will review the Area medical priority levels on an annual basis. The Director, DCC will recommend to the IHS CMO updates to the IHS Medical Priority Levels to reflect identified changes in acceptable medical practice.

E. Chief Executive Officer

Each Chief Executive Officer will establish a multi-disciplinary PRC management committee to develop and implement spending plans as well as to review, prioritize, and authorize payment for PRC referrals in compliance with Area medical priority levels. Medical prioritization determinations shall be informed by staff with appropriate clinical training.

2. TYPES OF SERVICES

- A. PRC services are divided into four general <u>CATEGORIES</u> (each considered equal):
 - i. Preventive and Rehabilitative Services (Category A) Services designed to maintain health, prevent disease or the complications of disease, as well as those services intended to return or maintain a higher level

of physical functioning.

ii. Medical, Dental Vision, & Surgical Services (Category B)

Services provided by medical, dental, vision, or surgical specialists, as well as diagnostic tests, equipment, and supplies, whose purpose is the diagnosis and treatment of disease.

iii. Reproductive & Maternal/Child Health Services (Category C) Reproductive and gynecological services as well as services provided to newborns, children, and adolescents

iv. Behavioral Health Services (Category D) Services intended to address the mental health needs of the patient, including treatment of substance abuse disorders.

3. DESCRIPTION OF IHS MEDICAL PRIORITY LEVELS

A. Within each category of PRC services, there are three PRIORITY LEVELS:

- i. CORE (Priority 1) = Essential Services <u>must meet two criteria;</u>
 - 1) The service must be (one of the following);
 - **a.** Either necessary to protect life, limb, or vision in the next 30 days,
 - **b.** Or indicated for a substantial proportion of patients in the Indian Health Service.
 - 2) AND the service must be a core component of the current standards of care for the condition (i.e. you cannot provide appropriate care without the service)

ii. INTERMEDIATE (Priority 2) = Necessary Services

These are standard of care services which are necessary for the diagnosis and management of chronic and non-emergent acute conditions.

iii. ELECTIVE (Priority 3) = Justifiable Services

These are clinically justifiable services intended to enhance health and wellbeing.

B. Excluded Services (Priority 4)

Excluded services include cosmetic procedures and experimental procedures which are excluded from authorization for PRC payment. Medical Excluded Services shall be based on the Centers for Medicare and Medicaid (CMS) Medicare National Coverage Determinations Manual.

i. Cosmetic Procedures

The IHS will not pay a claim for a potentially cosmetic procedure unless the Area CMO approval is obtained. This may be granted if a procedure which is normally considered cosmetic is necessary for proper mechanical function or clinically-indicated psychological reasons.

ii. Experimental and Other Excluded Procedures

The IHS will not make payment for Excluded Services, including cosmetic and experimental procedures unless a formal exception has been granted by the IHS CMO (see IHS Circular No. 93-03, "Cosmetic and Experimental Procedures Review.")

iii. Payment for Direct Services

Examples of direct care services that cannot be reimbursed with PRC funds are on-call hours, after-hours or weekend pay, and holiday coverage (e.g. including IHS on-site radiology, laboratory, and pharmacy services).

C. Controversial Types of Therapy

Controversial types of therapy shall have a rigorous review and may necessitate a second-opinion process established by the Area CMO.

4. REFERRALS, PAYMENTS, AND DENIALS

A. Referrals

i. Elective Referrals Initiated by IHS Providers

When patients are referred for elective procedures, consultation, outpatient care, or inpatient care, the payment for eligible patients should be authorized only when the care required is medically necessary and falls within established medical priorities. All referrals will be reviewed and approved in a prescribed manner. In general, authorization should be made for only one visit at a time, or for a prescribed number of visits. If additional procedures or care are required, the medical priority of the follow-up request may be different. Patients are to be instructed to return for another referral.

ii. Patient's Condition

The condition of the patient at the time of the referral will influence the ultimate determination of medical priority level. In order to determine whether or not the needed care is within established medical priorities, the following questions should be considered:

- 1) What is the rate of deterioration of the patient's condition (is the needed service deniable or non-deniable)?
- 2) What will be the potential morbidity of the patient, if the desired care is not rendered (are there any uncertain but potentially grave outcomes)?
- 3) What is the expected benefit from the evaluation or treatment (will the care likely result in a cure or improvement)?
- 4) Is the procedure experimental or purely cosmetic (is the requested service on the excluded list)?

B. Request for Payment without Prior Authorization

When emergency care is performed in non-IHS facilities without prior authorization, a review of the patient's eligibility status, compliance with notification requirements, and clinical information must be performed prior to approving PRC payment.

- i. The decision to approve or deny payment should not be based solely on the final diagnosis; the entire clinical encounter, including the patient's condition should be considered.
- ii. Payment should be authorized only for those cases falling within established PRC medical priorities and the patient meeting PRC eligibility requirements.

C. Payment Denial Letters

If care is denied, patients and providers will not be issued a payment denial letter for "lack of funds." The letter will clearly state the reason(s) for the denial of payment (e.g. not within medical priority, alternate resources available) and the options for appeal.

5. IHS PRC MEDICAL PRIORITIES LIST

Guidelines

- 1. PRC services are meant to compliment, not replace, timely available direct care services.
- 2. Services must be deemed clinically essential, necessary, or justifiable following appropriate clinical review.
- 3. Listed Intermediate/Elective services may be judged Core (when meeting core criteria) on a case-by-case basis as determined by the local PRC Management Committee.
- 4. The IHS PRC Medical Priorities List is not intended to be comprehensive.
- 5. PRC Categories are considered equivalent (i.e. one category does not have precedence over another).
- 6. All services listed within a given PRC Priority Level are considered equivalent (i.e there are no sub-priorities).

CATEGORY A: PREVENTIVE AND REHABILITATIVE SERVICES

CORE (Priority 1): Essential

Hospitalization, Subacute Medical/Surgical Hospice Screening Mammogram Screening Sigmoidoscopy/Colonoscopy DEXA Scan AAA Screening Ultrasound (smoker) Lung Cancer Screening Low Dose CT (smoker) Wound Management Orthotics & Diabetic Footwear Limb Prosthetics

INTERMEDIATE (Priority 2): Necessary

Residential Skilled Nursing Home, Short Term Home Health Physical/Occupational Therapy Cardiac Rehabilitation Speech, Hearing & Language Disorder Services Diabetes Education Medical Nutrition Therapy Tobacco Cessation Counseling Durable Medical Equipment & Supplies Hearing Aids (Adult)

ELECTIVE (Priority 3): Justifiable

Residential Skilled Nursing Facility, Long Term Infusion Services Non-Emergency Medical Transportation Cochlear Implants (Adult) Genetic Counseling/Testing

CATEGORY B: MEDICAL, DENTAL, VISION, & SURGICAL SERVICES

CORE (Priority 1): Essential

Emergency Care Emergency Transportation (EMS) Hospitalization, Acute Medical/Surgical Medical Specialty Consultation, Acute Surgical Specialty Consultation, Acute Cardiac Diagnostics Coronary Reperfusion Cancer Diagnosis/Treatment Diagnostic Imaging Renal Replacement Therapy (& Dialysis Access) Renal Transplant Diabetic Eye Exam Glaucoma Management Retinal Medical/Surgical Specialty Care HIV Management

INTERMEDIATE (Priority 2): Necessary

Medical Specialty Consultation, Chronic Surgical Specialty Consultation, Chronic Cataract Surgery Oxygen Polysomnography Home Sleep Apnea Testing/Portable Monitoring Respiratory Therapy Equipment: CPAP/BiPAP Interventional Radiology Prosthodontics: Dentures, Crowns, and Bridges Periodontal Surgery Endodontics Eye Prosthesis

ELECTIVE (Priority 3): Justifiable

Reconstructive/Restorative Surgery Bariatric Surgery Organ Transplant, Other Respiratory Therapy Equipment: Nebulizer Machine Oximetry Corrective Lenses, Limited Indications Contact Lenses, Limited Indications Gender Affirming Services, Medical/Surgical Laboratory Services Electroencephalogram Electromyography Nerve Conduction Studies Acupuncture

CATEGORY C: REPRODUCTIVE & MATERNAL/CHILD HEALTH SERVICES

CORE (Priority 1): Essential

Prenatal Care Labor and Delivery Postpartum and Newborn Care Permitted Abortion services Sexual Assault Evaluation Obstetric/Gynecologic Medical/Surgical Consultation, Acute Colposcopy EPSDT Services Pediatric Specialty Consultation/Care Pediatric Diagnostic Services Pediatric Oral Health Services Pediatric Hearing Aids

INTERMEDIATE (Priority 2): Necessary

Breastfeeding Equipment/Counseling Obstetric/Gynecologic Medical/Surgical Consultation, Chronic Reproductive/Family Planning Services Long-Acting Reversible Contraception Bilateral Tubal Ligation Vasectomy

ELECTIVE (Priority 3): Justifiable

Cochlear Implants, Pediatric Infertility Services

CATEGORY D: BEHAVIORAL HEALTH SERVICES

CORE (Priority 1): Essential

Psychiatric Emergency Care Psychiatric Hospitalization, Acute Residential Psychiatric Care, Adult/Pediatric Child Psychotherapy Alcohol/Substance Detoxification Inpatient Alcohol/Substance Rehabilitation

INTERMEDIATE (Priority 2): Necessary

Psychiatry, Ambulatory, Adult/Pediatric

Mental Health Counseling (Psychotherapy), Adult Alcohol/Substance Abuse Counseling

ELECTIVE (Priority 3): Justifiable

Electroconvulsive Therapy Transcranial Magnetic Stimulation