

Title of the Presentation

Track:

Assessing and Managing Suicide Risk (AMSR) is a new one-day workshop for mental health professionals. The workshop focuses on competencies that are core to assessing and managing suicide risk and is a collaboration of the American Association of Suicidology and the Suicide Prevention Resource Center.

STEP 1 * Pre-workshop reading (about 20 pages)

STEP 2 * 6.5 hours of face-to face training, comprised of an engaging mixture of lecture and exercises. Training includes a training DVD, highlighting the competencies taught. Four of the segments are "live" demonstrations of a clinical interview between master clinician and researcher, David Jobes, Ph.D., and a professional actor.

STEP 3 24 competencies are reviewed with special emphasis on the 8 core competencies of self-awareness and self-regulation of emotions; reconciling differences between client and counselor goals; collaborative, non-adversarial stance; eliciting ideation, attempt and plans; risk assessment, integrating and prioritizing information; collaborative development of crisis plan; developing a written treatment plan; P&P for following clients closely

STEP 4 * A Participant Manual of 110 pages with an extensive bibliography organized by subject is provided. Journaling in the Participant Manual is spread throughout the day, allowing participants to reflect on their reactions to the course and to set goals for improving their practice and studying the topic further.

STEP 5 * Q & A and discussion opportunities are provided periodically throughout the day.

STEP 6

STEP 7

STEP 8

STEP 9

STEP 10

***Please add more rows if needed**

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Track:

Description of the STEP purpose and sub-steps:

STEP 1: * Pre-workshop reading (about 20 pages) provides baseline up to date information on statistics and resources

STEP 2: * 6.5 hours of face-to face training, comprised of an engaging mixture of lecture and exercises. Training includes a training DVD, highlighting the competencies taught. Four of the segments are "live" demonstrations of a clinical interview. Participants follow a structure for progressing through the curriculum.

STEP3: 24 competencies are reviewed with special emphasis on the 8 core competencies of:

1. self-awareness and self-regulation of emotions;
2. reconciling differences between client and counselor goals;
3. collaborative, non-adversarial stance;
4. eliciting ideation, attempt and plans;
5. risk assessment, integrating and prioritizing information;
6. collaborative development of crisis plan;
7. developing a written treatment plan;
8. P&P for following clients closely

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