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**TESTED. PROUD.**

**KNOW YOUR BODY. KNOW YOUR STATUS.**

HIV testing is recommended for everyone. Learn more at: [hivtest.org](http://hivtest.org)

**Why Get Tested?** To protect yourself and others. Learning your status and getting treatment early can help you stay healthy. You can have HIV and not know it. The only way to know for sure is to be tested.

**Who Should Get Tested?** HIV testing is recommended for everyone, regardless of age, gender, or risk. HIV testing should be as normal as getting a blood pressure check or cholesterol screening. Ask your doctor for an HIV test.

**How is the Test Done?** There are several different types of HIV tests that can be done using blood, oral fluid, or urine. Some tests take a few days to get the results. Rapid HIV tests can give you results in about 20 minutes.

**You have the power to help stop the spread of HIV. Know Your Body. Know Your Status.** To find an HIV testing site near you, visit [www.hivtest.org](http://www.hivtest.org) or call the CDC's National STD/HIV Hotline at: 800-CDC-INFO (800-232-4636)