# Indian Health Service Health Promotion/Disease Prevention

# September 2016 Obesity Prevention Webinar Series

### Tuesday, September 27, 2016



Marie Nelson

1 pm ET 12 pm CT 11 am MT 10 am PT 9 am AKT

#### Navajo Coordinated Approaches to School Health

By Marie Nelson, MPH & Carol Leonard, MA, MPH

## Nizhonigo lina Cooking with Traditional Navajo Food From Seed to Tummy

By Mark Sorensen, PhD, Loretta Jones & Louva Montour

Link to the webinar: <a href="http://ihs.adobeconnect.com/ihs-hpdp">http://ihs.adobeconnect.com/ihs-hpdp</a>

**Learning Objectives** – At the conclusion of this webinar session, the participants will be able to:

- 1. Recognize the correlation between schools, families and communities to promote student health.
- 2. Participants will apply and define their goals by using the learning process of wellness model.
- 3. Inspire young people and communities to prevent obesity and diabetes.

#### **CONNECTION INFORMATION:**

- 1. Go to: http://ihs.adobeconnect.com/ihs-hpdp
- 2. Select the "Enter as a Guest" option.
- 3. Input your name (first and last) in the Name box.
- 4. Press the "Enter Room Button"

<u>To view video tutorials on how to connect, audio options,</u> and other Adobe Connect features, click here.



Carol Leonard



Mark Sorensen



Loretta Jones



Louva Montour