

## 2022 Division of Nursing Services Nurse of the Month: March

I am pleased to nominate Alonna Adair, Chief Nurse Executive at the Claremore Indian Hospital for the IHS Nurse of the Month. A few of her major achievements include:

- Modified departmental flow and processes to align with quality and professional emergency medicine/nursing organizations recommendations, guidelines, and practices to improve ED quality metrics such as; throughput times reducing from 4 hours to under 90 minutes; LWBS/AMA/LBDC percentage reducing from 18% to 1.7%; wait times, patient census increasing from 1400 to 2400 a month. These changes provided the foundational support for the department's quality metrics to continue to improve.
- Developed nursing assessment documentation for the emergency department; instituted emergency department patient dashboard, assisted in the development and implementation of emergency department transition to electronic charting, including template development.
- Improved professional education and standards to provide quality care by Increased nursing requirements to include appropriate certifications and training per specialty such as ED nurses having and maintaining ACLS, PALS, TNCC; basic dysrhythmia; ICU nurses maintaining ACLS, PALS, basic dysrhythmia, and hemodynamics. This was achieved by modifying policy, procedures, hospital programs, partnerships with state, tertiary, and universities, and increasing requirements and opportunities regarding professional continuing education. Affiliations include Saint Frances, Life Flight, University of Oklahoma College of Nursing, Oklahoma Trauma and Emergency Response Advisory Council, etc.
- Increased Claremore Indian Hospital representation within the healthcare community by establishing relationships and serving on boards with outside organizations: University of Oklahoma College of Nursing Advisory Committee, 2016-Current; Nominated and Selected to serve on University of Oklahoma Nursing Alumni Board of Directors, 2016-Current; Great 100 Nurse's CNO breakfast meetings 2017, 2018, 2019 (20&21 postponed).
- Served as the orchestrator and course facilitator to the Rural Trauma Development Course conducted by Saint Frances Trauma Emergency Center. Event coordination included community invitation to medical emergency service agencies and training centers, including Rogers State University students in the EMT, paramedic, and nursing program; Pafford EMS; Tulsa Life Flight Pryor base; and Claremore Indian Hospital staff. The course had approximately 100 attendees.
- Implemented in-house hospital training programs to enhance access and compliance with professional development and practice. Established in-house instructors for ACLS, PALS, basic dysrhythmia, and TNCC while promoting and assisting in the facility becoming an AHA training center.
- Increased education and competency by developing evidence-based simulation training pathways with the utilization of high fidelity simulators to improve patient outcomes. This includes the purchase of two high-fidelity simulators to address healthcare needs for obstetrics, critical care, emergency/trauma, and general medical issues.
- Led Code Blue improvement program to ameliorate professional response and patient outcomes by developing and co-leading unannounced code blue drills that required full participation using simulation, just-in-time education, and debriefing to ensure AHA guidelines are followed. Secondly, developing Pediatric Code Blue response by acquiring pediatric-specific Broselow Carts and Jump bags, instituting pediatric code blue drills, and ensuring healthcare providers obtain and maintain pediatric-specific resuscitation certifications.
- Lead Rapid Response program, policy, and team development to improve patient outcomes, staff support, and adherence to practice standards.
- Re-established relationships with nursing programs to accept student nurses into the facility, participate in University Advisory Councils, attend recruitment fairs, and educate students regarding IHS & USPHS programs. Relationships established and re-established with University of Oklahoma College of Nursing Undergraduate and Graduate programs, University of Tulsa College of Nursing, Rogers State University Nursing program, Northeastern Tech-Licensed Practical Nurse Program.
- Co-Lead and facilitated the Employee Fall Festival. The event allows staff to dress up in Halloween attire, create outdoor trick or treating stations, and enjoy food cooked and served by Executive Leadership. The festival is held as an appreciation and social gathering for staff and their families.
- Elevated CIH community outreach by coordinating and co-leading the Kid's Summer Safety Fest. The Event included 30+ community leaders within the region and provided safety education for school-age children while providing a blood donation drive. Safety Topics included: Fire, Railroad, injuries, water, swimming, exercise, tobacco use dangers, sunscreen, seatbelt, tick and mosquito, electrical, constructions zones, bullying, domestic violence, bicycle, car seats, and food. Annually in June from 2015-2019; years 2020 and 2021 were held due to the pandemic
- Assisted in improving facility's employee satisfaction, retention, and recognition program. Served as the creator and lead of the Claremore Indian Hospital Award Ceremony with the development of an employee award committee, employee award structure, program, venue, and celebration detail.
- Serves as the site orchestrator for Relationship Based Care activities, including Re-igniting the Spirit of Caring course instructor and workshop planning.
- Responded to staff's emotional needs and challenges by identifying emotional support structures and trainings. Collaborative efforts with the Behavioral Health Specialist to provide debriefing and individual discussion sessions for staff. Training for supervisors and staff to support emotional health for self and staff by purchasing and hosting Creative Healthcare Management's Trauma informed leadership during Covid-19 seminars.