

Alaska Blanket Exercise Presentation

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Outline

- Overview about the Alaska Blanket Exercise (ABE) workshop
- How the ABE workshop was developed
- The ABE's Justification
- Alaska Blanket Exercise with the SDPI Providers

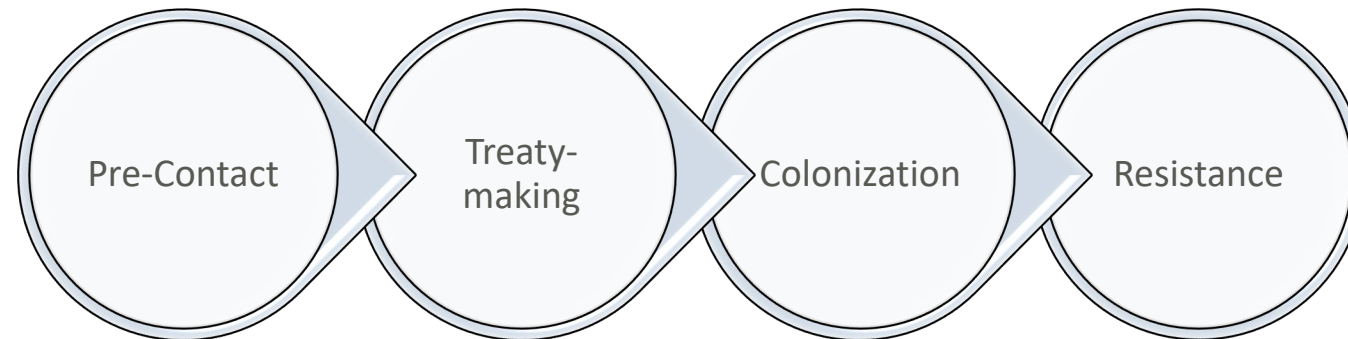
Alaska Blanket Exercise

“Reconciliation Through
Education and Understanding”

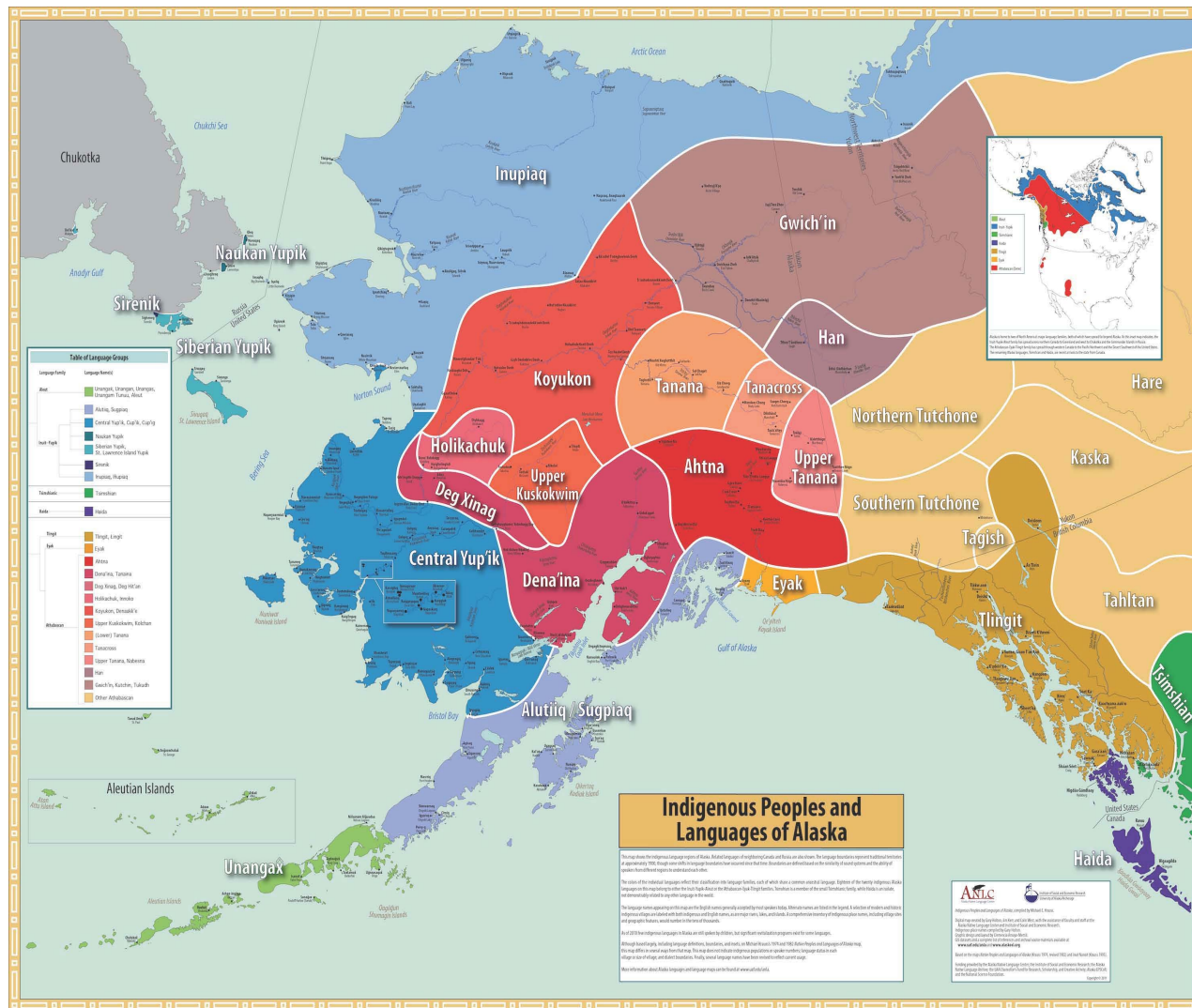


KAIROS Blanket Exercise

- Launched in 1996
- Aimed and truth and reconciliation
- 4 editions since 1996



What is the Alaska Blanket Exercise?



Alaska's Introduction to the KAIROS Blanket Exercise

- Summer 2017- KAIROS introduction in Anchorage
- Spring 2018- KAIROS To Anchorage
- Summer 2018- Began with ANTHC and Alaska Center for Resource Families partnership



Discussion Questions

- Initial reactions?
- What are some experiences/notes that stood out to you?
- What inspired you?
- What would be most helpful for you through this work?

ABE – Justification

- Provider sensitivity
- Truthful education
- Healing for Indigenous people
- Reconciliation between Indigenous and non-Indigenous people



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Alaska Blanket Exercise with the SDPI Providers

- Facilitated an ABE workshop on May 11th, 2022

Responses:

- Enhanced my awareness of historical trauma, which hopefully will lead me to be more understanding when listening to patients.
- I'll remember that each person has a story.
- To stop, listen, and allow space for Alaska Native people to share their experiences.

Ways to Get Involved in the ABE Program

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