

Cardiovascular Disease Update

Presented by the
Native American Cardiology Program
April 4, 2008

Chaparral Suites Resort Scottsdale
5001 N Scottsdale Rd, Scottsdale, AZ 85250
(800) 528-1456



CARDIOVASCULAR DISEASE UPDATE

April 4, 2008

COURSE DESCRIPTION: One day review of the newest advances in the management of heart disease, stroke, peripheral vascular disease and cardiac arrest.

COURSE LEARNING OBJECTIVES: Upon completion of course, participants should be able to:

- Identify the changing epidemiology of diabetes and heart disease among Native Americans.
- Recognize the connection between diabetes and cardiovascular disease risk and outcomes.
- Discuss the most recent guidelines on the management of atrial fibrillation and preoperative cardiac clearance.
- Recognize various causes of troponin elevations and understand treatment options for myocardial infarction.
- Identify advances in the evaluation and management of stroke and transient ischemic attacks.
- Discuss the goals for optimal heart failure management.
- Determine appropriate management and referral of diabetics with peripheral vascular disease.
- Recognize appropriate indications for defibrillator implants.
- Understand scientific basis for changes in the management of sudden cardiac death.

INTENDED AUDIENCE: Physicians, nurse practitioners, physician assistants, and nurses with an interest in cardiovascular disease

CREDIT: The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The IHS Clinical Support Center designates this continuing medical education for up to 7¼ hours of Category 1 credit toward the Physician's Recognition Award of the American Medical Association. Each physician should claim only those hours of credit he or she actually spent in the educational activity.

This Category 1 credit is accepted by the American Academy of Physician Assistants and the American College of Nurse Midwives.

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is designated 7.25 contact hours for nurses.

SPONSORS: American Heart Association, University Medical Center, Native American Cardiology Program and Indian Health Service Clinical Support Center (the accredited sponsor)

REGISTRATION: To register, please complete attached form and return by either of 3 routes:

- E-mail: bmalasky@umcaz.edu or lkoepke@umcaz.edu
- Fax to: (520) 694-6712
- Mail to: Dr. Beth Malasky, Native American Cardiology Program, 1501 N Campbell Ave, PO Box 245037, Tucson, Arizona 85724

FEES: The course is free to IHS and tribal providers. There is a nominal \$75 fee for non-IHS personnel who wish to participate. Breakfast, lunch and snacks will be provided April 4.

OPTIONAL DINNER MEETING: For attendees who are in the area on the evening of April 3, 2008, a pre-conference dinner meeting and educational lecture by Dr. Peter Ott is being arranged. Please notify us on your registration form if you would be interested in attending. More information to follow.

CARDIOVASCULAR DISEASE UPDATE

COURSE FACULTY:

Dr. Beth Malasky, MD, FACC, COURSE DIRECTOR
Clinical Assistant Professor of Medicine
Native American Cardiology Program
University Medical Center
Arizona Health Sciences Center

Dr. Joseph S. Alpert, MD, FACC
Special Assistant to the Dean of the College of Medicine
Robert S. & Irene P. Flinn Professor of Medicine
Arizona Health Sciences Center

Dr. Eric Brody, MD, FACC
Assistant Professor of Clinical Medicine
Associate Director, Native American Cardiology Program
Arizona Health Sciences Center

Dr. Samir Dahdal, MD, FACC
Native American Cardiology Program
University Medical Center

Dr. Karl Kern, MD, FACC
Professor of Medicine
Director, Cardiac Catheterization Lab
Arizona Health Sciences Center

Dr. Jonathan Krakoff, MD
NIDDK-Phoenix
4212 North 16th Street

Dr. Joseph Mills, MD, FACS
Chief, Section of Vascular Surgery
Professor of Surgery
Arizona Health Sciences Center

Dr. Peter Ott, MD, FACC
Associate Professor of Medicine
Director, Electrophysiology Laboratory and Arrhythmia Services
Arizona Health Sciences Center

Dr. Jeremy Payne, MD, PhD
Assistant Professor of Neurology
Arizona Health Sciences Center

**CARDIOVASCULAR DISEASE UPDATE
PROGRAM SCHEDULE:**

Thursday April 3, 2008:

Optional Dinner Meeting, Details to Follow

Friday April 4, 2008:

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|------------------|---|
| 7:00 to 8:00 am | Registration and Continental Breakfast |
| 8:00 to 8:15 am | Introductions/Native American Cardiology Program |
| 8:15 to 8:45 am | CVD and Diabetes in Indian Country: the critical nexus
– Dr. Beth Malasky |
| 8:45 to 9:15 am | Preventing CVD in Diabetics: What is the data on tight control and lipid management? What are the goals? - Dr. Jonathan Krakoff |
| 9:15 to 10:00 am | Peripheral vascular disease, preventing limb loss in diabetic patients
– Dr. Joseph Mills |

10:00 to 10:15 am Break

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|-------------------|---|
| 10:15 to 11:00 am | Advances in stroke evaluation and management
– Dr. Jeremy Payne |
| 11:00 to 12:00 pm | What is a myocardial infarction? Redefining MI and managing troponin elevations – Dr. Joseph Alpert |

12:00 to 1:00 pm Lunch

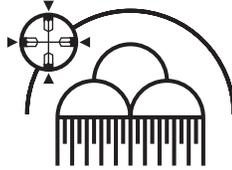
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| 1:00 to 1:45 pm | STEMI and NSTEMI on the Reservation: What is possible and what is not?
- Drs. Alpert, Brody, and Kern |
| 1:45 to 2:30 pm | Keep on compressing: What's new in the world of resuscitation?
– Dr. Karl Kern |
| 2:30 to 3:00 pm | Optimizing Heart Failure Management: Advice for the Primary Care Provider – Dr. Samir Dahdal |

3:00 to 3:15 pm Break

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| 3:15 to 3:45 pm | When to Implant? That is the question – Dr. Peter Ott |
| 3:45 to 4:15 pm | Managing Atrial Fibrillation: Too many options? – Dr. Peter Ott |

New Guidelines in a Nutshell:

- | | |
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| 4:15 to 4:30 pm | Who needs anticoagulation with atrial fibrillation - Dr. Beth Malasky |
| 4:30 to 4:45 pm | When to send a patient for preoperative cardiac clearance – Dr. Eric Brody |
| 4:45 to 5:00 pm | Summary remarks – Dr. Beth Malasky |



REGISTRATION FORM

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Location: Chaparral Suites Resort Scottsdale
5001 N Scottsdale Rd, Scottsdale, AZ 85250
Telephone: (800) 528-1456

(For room reservation, refer to Native American Cardiology Program Cardiovascular Disease Update. A limited number of rooms have been reserved for a guaranteed government rate for night of April 3. Please book by March 4, 2008, to guarantee rate.) Single \$122 plus tax; Double \$132 plus tax

Attendee: First name _____ MI _____ Last name _____

Degree: MD____ DO____ PA____ NP____ RN____ Other____

Institution _____ Medical Specialty _____

Will Attend Dinner Meeting April 3 (please circle one): Yes or No

E-mail _____

Mailing Address _____

City _____ State _____ Zip _____

Telephone _____ Business Telephone _____

*NO COURSE FEE FOR INDIAN HEALTH SERVICE EMPLOYEES. NON-IHS EMPLOYEES COST: \$75.00
Please make checks payable to: UMC FOUNDATION NACP CONFERENCE

TO REGISTER:

E-mail: bmalasky@umcaz.edu or lkoepke@umcaz.edu **FAX:** (520) 694-6712
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