## Dental

Sealants

## Thin, plastic covering that protects back teeth from cavities

## **STEPS for Sealants**

1. Tooth is cleaned and dried:



2. Blue gel tooth to ready:



is put on get it

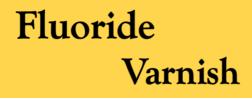
3. Tooth is rinsed and dried again

4. Sealant gel is put on the tooth:

It can dry own or light



on its with a



What is it?

A mineral brushed on teeth



## What does it do?

Protects the teeth from getting cavities and can stop a cavity that has already started

Is it safe or hard to do?

YES it is safe! For babies to adults NO it is not hard to do very easy with no pain



Your dental provider will tell you how often Fluoride Varnish is needed, but usually <u>3-4 times per year</u> is best!