HELP GROW YOUR FAMILY STRONG

Immunizations are important for people of all ages, from infants to elders. Talk with your doctor, nurse, or clinic to make sure your family and friends are up-to-date on their vaccinations.

The Vaccines for Children (VFC) Program helps provide vaccines to children whose parents or guardians may not be able to afford them. A child is eligible for the VFC Program if he or she is younger than 19 years of age and is American Indian or Alaska Native.

To learn more, visit **www.cdc.gov/vaccines**

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