



First Aid for Dental Emergencies



Bitten Lip or Tongue

- Apply direct pressure with clean cloth.
- Apply cold compresses.
- Go to emergency room if bleeding continues.

Object Wedged between teeth

- Remove carefully with floss, but do not use sharp or pointed instruments.
- If you can't remove object, see a dentist.

Toothache

- Rinse out mouth with warm water.
- If there's swelling, place cold compresses on cheek.
- Do not place aspirin or heat on aching tooth.
- See dentist as soon as possible.



Broken Tooth

- Rinse mouth with warm water.
- Place cold compresses on face.
- See your dentist immediately.

Knocked-out tooth

- Rinse tooth gently under running water. Do not scrub.
- Don't pack a baby tooth back in the socket.
- A permanent tooth can be placed back in socket if possible. If not place tooth in milk or cool water.
- Immediately go to the dentist.

Dentist: _____

Phone: _____