GET CHECKED
ASK
KNOW
ACT
FOLLOW UP
It's what I do.
EARN THE SPURS
U.S. ARMY CAVALRY
Levi Walker
keeps his medical appointments. At home, he checks and records his blood sugar levels, then shares the record with his doctor.
Little Traverse Bay Bands of Odawa Indians, MICHIGAN
IHS Division of Diabetes Treatment and Prevention
www.diabetes.ihs.gov
INDIAN HEALTH SERVICE
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