

Continuing Education Information **IHS Division of Diabetes Treatment and Prevention**

Title: Food Insecurity and Diabetes: What's the Connection?

Presenter: Brenda Broussard, MPH, MBA, RD, CDE

Type of Activity: Enduring Event (Web-based training)

Third Year Release Date: August 21, 2015

Third Year Expiration Date: August 20, 2016

Second Year Release Date: August 21, 2014

Original Accreditation period: August 21, 2013 – August 20, 2014. The training was reviewed at the end of each of the first two accreditation periods and per the planning committee and presenter, the content continues to be current and relevant.

Target Audience: Indian Health Service, Tribal and Urban (ITU) health care providers in clinical and community health settings.

Activity Overview:

Food insecurity, a phenomenon that affects the entire household, is also an important contributor to the heightened risk of diabetes among Native Americans. Even after adjusting for socioeconomic status, food insecure adults are more likely to have diabetes. This training will address implications for clinical management of pre-diabetes and diabetes including food insecurity screening and cost-neutral strategies for dietary changes, as well as the exciting work by Indigenous food coalitions in AI/AN communities.

Training Objectives:

1. Summarize current information about the effects of food insecurity on diabetes prevention and diabetes self-management.
2. Develop and utilize a screening question for clinicians to use in assessing food insecurity in persons with diabetes.
3. Name at least two programs you can support in your community that address food insecurity.
4. Identify one change you can make in your clinical or public health practice to assess or treat food insecurity.

Note: Before you begin any of the web-based trainings, you can review the IHS Privacy Policy (http://www.ihs.gov/privacy_policy.asp). Also, you can review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected. (<http://help.surveymonkey.com/app/srch/list/kw/privacy%20policy/sno/1/search/1/session/L3NpZC9XNno4bEJhaw%3D%3D>).

Requirements: You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at diabetesprogram@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

Continuing Professional Education (CE) Credit Information: To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score \geq 80%), and complete an evaluation. You will be able to print a “Certificate of Continuing Education Credits” online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

Disclosure Statements

As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. The IHS NDTP number is NU006. Each attendee should only count the number of hours for each activity attended.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

ACCREDITATION:



Continuing Medical Education Credit

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Continuing Nursing Education Credit

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been designated 1.0 contact hour for nurses



Registered Dietitian Continuing Education Credit

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. Each attendee should only count the number of hours for each activity attended. The IHS NDTP number is NU006.

Dental Continuing Education Credit

The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.



The IHS Division of Oral Health designates this continuing dental education course for 1 hour of credit for each hour of participation. Each attendee should claim only those hours of credit actually spent in the educational activity.

Planners

The planning and development included IHS Division of Diabetes Treatment and Planning and a team of individuals with expertise in relevant professions.

Name and Credentials	Present Position/Title
Carmen Licavoli Hardin, MSN, APRN, BC	Nurse Planner, Deputy Director, DDTP
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