

The IHS Division of Diabetes  
Presents a Webinar

**Advancements in Diabetes Seminar**  
**Leveraging Cultural Capital in Diabetes Prevention for Youth: Medical Wellness Model**  
**Wednesday, January 20, 2016**  
**1:00 – 2:00 pm MST**

**Speakers:** Jennie R. Joe, PhD, MPH, BSN and Francine C. Gachupin, PhD, MPH

**Target Audience:** Physicians, Nurses, Dietitians and other Healthcare Professionals working in Clinic and Community Health Settings

**Agenda:**

- **Welcome/Continuing Education Credits**
- ***Leveraging Cultural Capital in Diabetes Prevention for Youth: Medical Wellness Model***
- **Q & A**
- **Survey/Certificate**

**Description:**

This seminar describes an intervention that encourages and motivates American Indian youth with type 2 diabetes to improve their diabetes self-management. The Medical Wellness Camp is a partnership program hosted by several Arizona tribes and the University of Arizona. The camp provided these youth with the education and the skills needed to prevent or delay diabetes-related complications that will negatively impact their quality of life. This camp is unique because it builds on and integrates an intertribal "cultural capital" model to help them learn how to adopt the lifestyle changes necessary to live with this chronic disease.

**Objectives:** As a result of completing this training, participants will be able to:

1. Describe risk factors for the development of type 2 diabetes in youth and complications of diabetes later in life.
2. Summarize characteristics of innovative intervention programs for youth.
3. Incorporate key concepts of interventions for working with youth to improve their diabetes self-management skills.
4. Identify at least one change you will incorporate into your clinical or community health practice as a result of the training.

**Note:** Before you begin the training, you can review the IHS Privacy Policy ([http://www.ihs.gov/privacy\\_policy.asp](http://www.ihs.gov/privacy_policy.asp)). Also, you can review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.

<http://www.surveymonkey.com/mp/policy/privacy-policy/>

**Requirements:** You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings,

contact us at [diabetesprogram@ihs.gov](mailto:diabetesprogram@ihs.gov) for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to [diabetesprogram@ihs.gov](mailto:diabetesprogram@ihs.gov).

To obtain a certificate of continuing education, you must electronically register for the session, participate in the entire live internet activity and complete the online evaluation form by January 27, 2016.

#### Accreditation:



#### **Continuing Medical Education Credit**

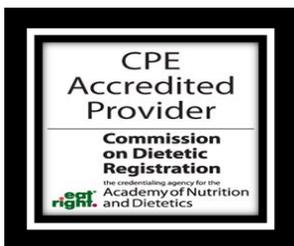
The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The IHS Clinical Support Center designates this enduring material for 1 hour of *AMA PRA* Category 1 Credit™ for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Continuing Nursing Education Credit**

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been designated 1 contact hour for nurses



#### **Registered Dietitian Continuing Education Credit**

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. Each attendee should only count the number of hours for each activity attended. The IHS NDTP number is NU006.

#### **Dental Continuing Education Credit**

The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.

The IHS Division of Oral Health designates this continuing dental education course for 1 hour of credit. Each attendee should claim only those hours of credit actually spent in the educational activity.



Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies

**Disclosure Statement:** As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose

all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose. No commercial funding was used to support this activity.

**The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP)** is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. The IHS NDTP number is NU006. Each attendee should only count the number of hours for each activity attended.