

Advancements in Diabetes Webinar
Tobacco Free Living for People with Diabetes
Wednesday, May 11, 2016
1:00 – 2:00 pm MDT

Speakers: Alberta Becenti, MPH and Shawnell Damon, MPH

Target Audience: Physicians, Nurses, Dietitians and other Healthcare Professionals working in Clinic and Community Health Settings

Agenda:

- **Welcome/Continuing Education Credits**
- ***Tobacco Free Living for People with Diabetes***
- **Q & A**
- **Survey/Certificate**

Description:

This seminar will offer an overview of commercial tobacco use among AI/AN people. The associated risk with diabetes and heart disease will be reviewed and evidence based approaches and resources that may enhance patient success toward tobacco free living will be provided. Discussion of the harms of exposure to second and third hand smoke, use of the 5As model to help people successfully quit, and the importance of encouraging patients and communities to abstain from tobacco use to support healthy living will also be included.

Objectives: As a result of completing this training, participants will be able to:

1. Describe regional and national AI/AN tobacco use data.
2. Teach patients about the harmful effects of exposure to second and third hand smoke.
3. Describe connections between smoking, diabetes macro and micro-vascular complications, and CVD/PAD.
4. Utilize smoking cessation and nicotine addiction information to help smokers identify successful strategies to quit smoking.
5. Educate patients about the adverse effects of electronic cigarettes and vaping.
6. Identify one clinical or public health practice change you can make to improve local tobacco cessation outcomes using the GPRA tobacco cessation measure.

Note: Before you begin the training, you can review the IHS Privacy Policy (http://www.ihs.gov/privacy_policy.asp). Also, you can review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.

<http://www.surveymonkey.com/mp/policy/privacy-policy/>

Requirements: You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at diabetesprogram@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

To obtain a certificate of continuing education, you must electronically register for the session, participate in the entire live internet activity and complete the online evaluation form by May 18, 2016.

I. Accreditation:



Continuing Medical Education Credit

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Continuing Nursing Education Credit

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been designated 1.0 contact hour for nurses



Registered Dietitian Continuing Education Credit

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. Each attendee should only count the number of hours for each activity attended. The IHS NDTP number is NU006.

Dental Continuing Education Credit

The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.



The IHS Division of Oral Health designates this continuing dental education course for 1 hour of credit for each hour of participation. Each attendee should claim only those hours of credit actually spent in the educational activity.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies

Disclosure Statement: As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose. No commercial funding was used to support this activity.

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