Continuing Education Information
IHS Division of Diabetes Treatment and Prevention
Advancements in Diabetes Recorded Sessions

Title: Reducing Risk Factors for Obesity Early in Life: the Family Spirit Home Visiting Program
Presenter: Ann Bullock, MD; Allison Barlow, PhD, Jennifer Richards, MPH

Type of Activity: Enduring Event (Recorded Webinar)
Release Date: April 14, 2015
Expiration Date: March13, 2016

Target Audience: Indian Health Service, Tribal and Urban (ITU) health care providers in clinical and community health settings.

Description:
Risk for obesity and other health problems has been shown to start very early in life, even before birth. As such, it is important to find ways to intervene successfully to reduce this risk. This session will provide an overview of how early life risk factors contribute to later obesity risk as well as describe the Family Spirit home visiting program, which has randomized, controlled trial (RCT) evidence that it reduces these risks in AI/AN women and children.

Training Objectives:
As a result of completing this training, participants will be able to:
1. Recommend interventions for one type of risk factor for later obesity which can occur in the in utero period and one that can occur in the first few years of life.
2. Describe 2 of the risk factors that are reduced by the Family Spirit intervention.
3. Identify one change you can make in your clinical or public health practice.

Requirements: You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at diabetesprogram@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

Note: Before you begin the training, you may review the IHS Privacy Policy at the following link: (http://www.ihs.gov/privacy_policy.asp). You may also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.
http://www.surveymonkey.com/mp/policy/privacy-policy/

Continuing Professional Education (CE) Credit Information: To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score $\geq$ 80%), and complete an evaluation. You will be able to print a “Certificate of Continuing Education Credits” online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this, or the live course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

Accreditation:

Continuing Medical Education Credit
The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education Credit
The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been designated 1.0 contact hour for nurses

Registered Dietitian Continuing Education Credit
The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. Each attendee should only count the number of hours for each activity attended. The IHS NDTP number is NU006.

Dental Continuing Education Credit
The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.

The IHS Division of Oral Health designates this continuing dental education course for 1 hour of credit for each hour of participation. Each attendee should claim only those hours of credit actually spent in the educational activity.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement:

As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose. No commercial interest or non-commercial funding was used to support this activity.

Sponsors and Planners

The planning and development included IHS Division of Diabetes Treatment and Planning and a team of individuals with expertise in relevant professions.

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