

Billings Area Injury Prevention Newsletter

Billings Area Indian Health Service

April-June 2008

Volume 2, Issue 2

Indian Health Service Injury Prevention Program Hosts Injury Prevention Fellowship Symposium



Individuals standing from the left to right: CDR Nancy Bill, IHS Injury Prevention Program Manager; Susan Ducore, Nurse Consultant, California Area; Sharon Prosser, PHN, California Area; LT Stephanie Coffey, Portland Area; Dr. Verlee White-Calfe-Sayer, Aberdeen Area; Bonny Weed, PHN, Portland Area; Belinda Aungie, Aberdeen Area; CAPT Siona Willie, Navajo Area; Dr. Lawrence Berger, Academic Advisor (IHS Contractor).
Individuals seated: LT Janae Price, California Area; LT Elisa DuBreuil, Phoenix Area; LT Michael Reed, Phoenix Area; Theresa Yazzie, Navajo Area.

March 2008, IHS Headquarters, Rockville, MD- The Indian Health Service Injury Prevention Epidemiology Fellowship graduated the 20th class at the May 8, 2008 Symposium in Rockville, Maryland.

Eleven Fellows who completed the IHS Injury Prevention Fellowship represented 5 IHS areas (Aberdeen, California, Navajo, Portland, Phoenix). Presentations of projects were made by the Fellows at the IHS Injury Prevention Symposium. The new graduates join a distinct group of the more than 280 cadre of past graduates.

The Fellowship is only Injury Prevention training that addresses issues of American Indian/

Alaskan Native populations. The IHS Injury Prevention Fellowship is designed to provide practical knowledge and skills with emphasis on data gathering and epidemiology.

The IHS Injury Prevention Fellowship builds on the IHS Injury Prevention Program Short Courses (IP level I,II,III) to provide advanced state-of-the-art training in injury prevention research, best practice, evaluation and resource development.

For more information on the IHS Injury Prevention Fellowship Symposium and program email Nancy Bill, IHS Injury Prevention Program Manager at nancy.bill@ihs.gov or visit the IHS Injury Prevention website <http://www.ihs.gov/MedicalPrograms/InjuryPrevention/index.cfm>



“INJURIES ARE PREVENTABLE!”

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Injury Prevention Links

Indian Health Service



[IHS.gov](http://ihs.gov)

Indian Health Service, Injury Prevention Program



[IHS Injury Prevention Program](http://ihs.gov)

Centers for Disease Control and Prevention



cdc.gov

CDC- Injury, Violence, and Safety



[Injury, Violence, Safety website](http://cdc.gov)



NATIONAL HEALTH &

WELLNESS

OBSERVANCES CALENDAR 2008

June 2008

Fireworks Safety Months

preventblindness.org



Home Safety Month

homesafetycouncil.org



National Safety Month

nsc.org

July 2008

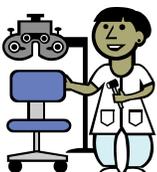
Fireworks Safety Months

preventblindness.org



Eye Injury Prevention Month

[http://www.foh.dhhs.gov/
Public/NYCU/eyeinjury.asp](http://www.foh.dhhs.gov/Public/NYCU/eyeinjury.asp)



Area Wide News and Events

Blackfeet Service Unit

Lights and safety equipment donated to Blackfeet Country's newest youth center

By John McGill, Wednesday, May 21, 2008— Kids will likely be disappointed this week as the Blackfeet Tribe's new youth center and skate park at the old bingo hall in Browning is closed for installation of new lights and other improvements. According to the facility's director, Carl McLean, approximately 100 youngsters have come to the center to skateboard since its unofficial opening. In addition to utilizing what McLean believes is currently the largest indoor skateboard park in Montana, the center also features pool, foosball, air hockey and a bank of computers for young people.

When the center has its grand opening Monday, May 26, kids coming in will be able to use safety equipment donated by the Indian Health Service and Blackfeet Community Hospital. Brian Crawford, injury prevention coordinator at BCH, came by last week to deliver a load of helmets and knee and elbow pads to McLean's operation. The equipment comes in sizes to fit all kinds of kids, said Crawford.

"We'll do an injury survey in three to six months," he said, indicating the data would be used to target any additional equipment to problem areas that might still exist, and he said IHS would be looking into offering safety training in the future.

Of the near 100 kids per night already seen in the center, only one in the last few weeks brought safety equipment along, said McLean, so the additions are truly welcome. "We'll fit the kids and they'll check the equipment out and then check it all back in, like the library," McLean said. In addition to personal padding, Crawford also donated several large pads to soften the areas around the skate park.

"It will lessen injuries, scraping elbows and that sort of thing, especially with the younger kids," McLean observed.

Next on the agenda at the new youth center is a 40 by 80-foot concrete slab to be poured into the old bingo parking lot. "We're seeking donations for the slab," said McLean, adding the new area will host a playground on the west end and a basketball court to the east.

For more information or to make a donation, call 338-2335. 



Brian Crawford of Blackfeet Community Hospital congratulates Carl Mclean on his having received a load of safety equipment, courtesy of IHS. The helmets and pads are destined to be used by some 100 or so kids per night at the skate park in downtown

Area Wide News and Events continued on next page...

Area Wide News and Events, continued.

Fort Peck Service Unit

March 2008— Good day this is Adrian Spotted Bird Jr., of the Ft. Peck Tribes in Poplar, Mt. Recently we held a Car Seat Clinic in the city of Poplar on March 26, 2008 from 2:00pm-4:30pm at the city park.

With the combined effort of the Injury Prevention and the Highway Safety Officers of the Fort Peck Law and Justice the Car Seat Clinic was a success for all.

Forty seven car seats were distributed in the two and half hour span with educational brochures on car seats and Highway Safety tips for the participants.

I would like to acknowledge some off the officers and individuals that help make the Car Seat Clinic possible. From the Highway Safety Department officers Eugene Stump, Shawn Red Boy, Dan McKee, Steve Barr and Eric Johnnessburg. From the Injury Prevention Department on hand was Adrian Spotted Bird.



Highway Safety Officer Steve Barr showing a parent how to properly strap her child in a car seat.



This photo illustrates how some children were arriving improperly buckled in their car seats. Our motto for the day was, "everybody leaving our car seat clinic will leave safer when they showed up!" We replaced this seat with a new one and the mother was really thankful.



Highway Safety Officer Shawn Redboy and Injury Prevention Coordinator Adrian Spotted Bird fitting a child in a car seat.



From left to right, Dusty Menz, Dr. Ken Lee, Adrian Spotted Bird, and Troy Brown take a photo opportunity during the annual rabies clinic held on the Fort Peck Indian Reservation this past May 2008.

May 2008— The Fort Peck Injury prevention held its annual rabies clinic reservation-wide, with the help of only one veterinarian here in the remote corner of Montana, his name is Dr. Ken Lee. Ken was kind enough to put up with Troy Brown, Dusty Menz, and Adrian Spotted Bird for the week. During the week approximately 400 animals were vaccinated and also given tribal licenses.

Articles submitted by Adrian Spotted Bird, IP Coordinator, Ft. Peck Injury Prevention Program. For further questions or information please call Adrian Spotted Bird at 406-768-5322.

Area Wide News and Events continued on next page...

Area Wide News and Events, continued.

Fort Peck Service Unit continued from page 3...

March 2008– Poplar Community Babysitting Safety Awareness

Babysitting Safety Clinics were held reservation wide in each community. The clinics were advertised in The Journal each week, announced in the schools and flyers were posted in stores. All centers were reserved through the Fort Peck Tribes Maintenance Department the last week of March. Prizes were donated by the Fort Peck Tribes Fort Peck Injury Program, Adrian Spotted Bird; Health Communities, Kenneth Smoker Jr.; Poplar Community Organization and JC Consulting.



Outcomes from each community:

Fort Kipp was held April 5th, 2008 at the Jim Black Dog Center from 12-4 p.m.

Outcome: No one showed up, I did make an attempt to ask some kids to come but they acted shy and bashful. After waiting for 1 hour, I packed up and left.

Frazer was held on April 6th, 2008 at the Community Center from 12-4 p.m.

Outcome: The doors were not open; I waited for 1 hour and tried to get a hold of the person responsible to open it up. Two (2) kids showed up so we sat outside and went over Babysitting Safety and each was given a first aid kit & bottle for water.

Oswego was scheduled from April 12, 2008 from 12-4 p.m.

Outcome: Due to the backup of their septic tank it was cancelled and will be rescheduled.

Brockton was held on April 19th, 2008 from 12-4 p.m.

Outcome: Only 1 child and 2 adults showed up. I went over what was going to be presented to the kids. The adults felt most kids would not come, because they would rather stay home. A suggestion was made to have activity in the school or work a night out the Boys & Girls Club. As I was leaving I stopped and ask some kids what kind of activity they would like to have in Brockton. They stated a basketball clinic or tournament.

Poplar was held April 27th, 2008 from 12-4 p.m. at the Activity Center. Outcome: Twenty-five kids showed up ages 10-17, Males - 9, Females - 16. 



Kids from the Poplar, MT area participated in the Babysitting Safety Awareness campaign that was implemented throughout communities on the Fort Peck Indian Reservation this past April 2008.

Articles submitted by Adrian Spotted Bird, IP Coordinator, Ft. Peck Injury Prevention Program. For further questions or information please call Adrian Spotted Bird at 406-768-5322.

Area Wide News and Events continued on next page...

Crow Service Unit

May 2008– The Big Horn Pet Spay/Neuter Clinics sponsored by the Big Horn County and Crow Tribe were held this past May 28th, 2008 at the Crow Agency Multipurpose Building in Crow Agency, MT and May 29th, 2008 at the Plenty Coups High School's Vocational-Agricultural Center in Pryor, MT. A total of 88 cats and dogs were spay/neutered in two day. The clinic at Crow Agency, MT spay/neutered about 57 cats and dogs and Pryor, MT with 31.

June 2008– The South Central Safe Kids Coalition comprised of the Crow Tribe, Indian Health Service, and Big Horn County conducted a Bike Rodeo and Car Seat Clinic on June 4th, 2008 at the Big Horn County Environmental Health parking lot from 10am-2pm. The Bike Rodeo provided 80 bike helmets to participants and education on proper bike safety. The Car Seat Clinic provided 18 child safety seats with hands-on education to parents to ensure car seats and children who were riding in them were properly fitted. The event was co-sponsored with the 4-H Little Rustlers and had a total of 15 volunteers from the community. A special thanks to the Indian Health Service, Crow Service Unit's Dr. Lori Byron for her outstanding contribution over the years to the IHS injury prevention activities!!!

Article submitted by Deb Haines, Injury Prevention Coordinator, Indian Health Service, OEHE, Injury Prevention. For further questions or information, please call Deb Haines at 406-638-3474.

Wind River Service Unit

Eastern Shoshone Tribe & Northern Arapaho Tribe

May 2008- The Fort Washakie Injury Prevention program had a bike safety rodeo. Participants were first fitted with a free bike helmet, registered and went through a safe bike inspection. The riders then went through a series of skills course where circling, balance, control, riding straight, and hand signals were taught. Fifty children signed up. Staff and community volunteers included Jim Havens, Nancy Gilbert, JoAnn Friday, Kelly Jones, Caleb Havens, Lionel Bell and Russ Savage. Children also were given a bag, pencil and color book all with bike safety reminders.

A seat belt survey was conducted in the Crow Heart area, results well be sent to BAO.

Announcement– the annual free Rabies Clinics are scheduled for June 16, 20 at various locations on the Wind River Indian Reservation.

Article submitted by Russ Savage, Injury Prevention Coordinator, Wind River Service Unit, OEHE, Injury Prevention. For further questions or information, please call Russ Savage at 307-332-7758.

Fort Belknap Service Unit

March 2008– In March a few individuals and programs started a DUI task force for the Fort Belknap Indian Community. The DUI Task Force met every so often and during one of our meetings we wanted to do something for the upcoming high school prom's

and graduations.

April 2008- The DUI Task Force had Cheryl Little dog from Browning, MT who works with the Safe on all Roads campaign come and share her message on drinking and driving and seat belt use. Ms. Little Dog suffers from paraplegia as a direct result of a car crash that happened a couple of days before her graduation. We had her speak at the Harlem and Hays Lodge Pole High school. She also appeared on the local radio station to interview about her experiences so that her message could reach a larger audience.

The Fort Belknap Injury Prevention program as utilized a fatal vision presentation to the immersion students at the Fort Belknap College. These are the goggles that represent how your vision is and judgment is impaired when you had too much to drink. We had them put the goggles on and try to walk in a straight line.

The Fort Belknap Injury Prevention program invited Patty Carrell who is the State Coordinator for the Healthy Mothers, Healthy Babies and Joseph Colella a instructor for Traffic Safety Projects to come and give a two hour training on Safe Childcare Transport. Some local Head Start workers and CHRs attended the training and learned a lot about proper and safe transportation methods.

Jodee Dennison, Injury Prevention Specialist, Indian Health Service came to Fort Belknap and did a presentation on the leading causes of injuries for the Fort Belknap Tribe.

The Fort Belknap Injury Prevention program has been working on child passenger and seat belt surveys for Fort Belknap communities.

Announcements- A few of the Tribal Health programs are sending individuals to the Child Passenger Seat training to be held in Havre June 24th – 27th.

We also are having a rabies clinic June 24th and 25th. We are currently planning a Bike Rodeo and Spayed and Neuter clinic for the month of July.

Article submitted by Stan Zander, Jr., Injury Prevention Coordinator, Fort Belknap Tribal Health Department. For further questions or information, please call Stan Zander, Jr. at 406-353-3165.

Confederated Salish and Kootenai Tribal Health & Human Services

-No Injury Prevention Activities for April-June 2008.

Rocky Boy Tribal Health

No Injury Prevention Activities for April-June 2008.

Northern Cheyenne Service Unit

-No Injury Prevention Activities for April-June 2008.

Area Wide News and Events continued on next page...

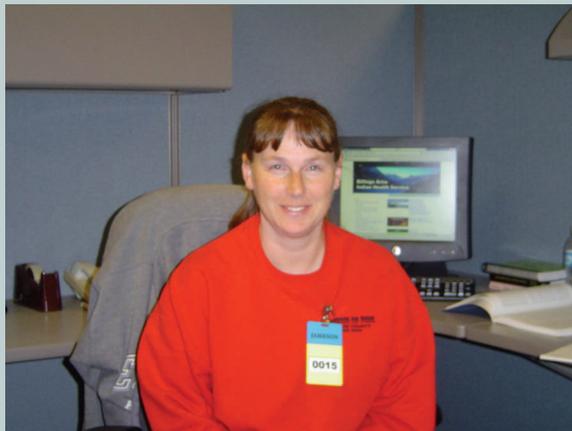


Billings Area Office

June 2008– The Billings Area Indian Health Service, Injury Prevention Program would like to introduce and welcome Debra Cravens as this year's summer junior COSTEP. Mrs. Cravens will be learning and performing Injury Prevention duties such as injury surveillance and community-based interventions. Below is more information on our summer junior COSTEP:

Debra Cravens, Summer Junior COSTEP

"I am from Lancaster, Kentucky about 30 miles south of Lexington, Kentucky. It's a small country town where everyone knows everyone. I'm married to a wonderful man, Richard who has 2 beautiful children Cody and Emily even though they are not my own I love them just like they were. We have a full house of pets, one dog named Chuck, 4 cats, Angel, Oreo, Marbles, Shadow who is my cat, 3 ferrets, Stitch, Lela, Sable. That's a full time job in itself; I work full time for the Department of Correction in Kentucky as a Correction Officer for the Kentucky State Reformatory which houses about 2,000 male inmates. At our institution we have from the young to the nursing home inmates. I'm also a senior at Eastern Kentucky University in Richmond, Kentucky with a major in Environmental Health Science. As part of my degree I have to do an internship, so this summer I was asked to work with the Indian Health Service. It's a great opportunity to meet and work with tribes and to learn from them. "



Events and Schedules

June 2008

-A National Standardized Child Passenger Safety Training will be offered in Helena, MT on June 17th, 2008. For more information and to register, please click on the following link to the national Safekids.org website at <http://www.safekids.org/certification/certification.html>

-The 2008 MT-WY Native Youth Academy will be held at the University of Montana campus in Missoula, MT on June 23rd-27th, 2008.

-The 8th National Tribal Conference on Environmental Management will be held at the Holiday Inn-Grand Montana on June 24th-26th, 2008. The event is hosted by the Montana-Wyoming Tribal Leaders Council. For more information [click here](#), you will be redirected to the Montana-Wyoming Tribal Leaders Council website.

-A National Standardized Child Passenger Safety Training will be offered in Billings, MT on July 25, 2008. For more information and to register, please click on the following link to the national Safekids.org website at <http://www.safekids.org/certification/certification.html>

July 2008

-The next Area Injury Prevention Coalition Meeting is scheduled for **Thursday, July 31, 2008** at the Montana-Wyoming Tribal Leaders Council Office (222 North 32nd Street – Suite 401) in Billings, MT. The meeting will be in the conference room and will begin at **9:00 AM to 3:00 PM**. The purpose of the meeting is to have each IHS/ Tribal Sanitarians and Tribal Injury Prevention Coordinators provide and share the following information from their respective Service Units:

- FY 2007 Injury prevention community-based intervention projects or activities.
- FY 2008 proposed plan for injury prevention community-based intervention projects or activities.

To download flyer and agenda please [click here](#), you will be redirected to the Montana-Wyoming Tribal Leaders Council website's Calendar Section. If you have any questions, please call Jodee Dennison at (406) 247-7098, or email me at Jodee.Dennison@ihs.gov

-The Billings Area Indian Health Service Injury Prevention Program and the Montana –Wyoming Tribal Leaders Council will be sponsoring an **Introduction to Injury Prevention Level I Training Course, September 23-26, 2008**. The training course will be held at the Montana – Wyoming Tribal Leaders Council Conference Room, 222 North 32nd Street, Suite 401, Billings, MT.

To download flyer and agenda, please [click here](#), you will be redirected to the Montana-Wyoming Tribal Leaders Council website's Calendar Section.

Registration Deadline is September 10th, 2008 (No registration fee). Enrollment is limited to the first 25 slots.

If you have any questions, please call Jodee Dennison at (406) 247-7098, or email me at Jodee.Dennison@ihs.gov

August 2008

-The Bureau of Indian Affairs Highway Safety Program announces the 2008 Child Passenger Safety Seat Program grants. The objective of the initiative is to supplement child passenger safety initiatives in Tribal communities. **Deadline to submit applications is August 1st, 2008**. If your Tribe is interested please [click here](#), and you will be redirected to the national Indian Health Service, Injury Prevention website to download a copy of the application.

Safety Spotlight

Alcohol, Energy Drinks, and Youth: A Dangerous Mix

Public health and safety officials have become alarmed by the newest entry into the world of alcoholic beverages. Alcoholic energy drinks are prepackaged beverages that contain not only alcohol but also caffeine and other stimulants.

The Exploding popularity of Energy Drinks

- 500 new energy drink products introduced worldwide in 2006
- Energy drink sales = \$3.2 billion
- 31 percent of 12- to 17-year-olds are regular consumers v. 22 percent of 25- to 34-year-olds

FORMULA FOR GETTING KIDS HOOKED



Brand Confusion Which Contain Alcohol?



Three-Point Plan for Targeting Youth

1. Create brand confusion with nonalcoholic versions
2. Provide a cheap alternative to mixing energy drinks with alcohol
3. Deploy youth-friendly grassroots and viral marketing

Wake Forest/North Carolina Study

Students who consumed alcohol with energy drinks were twice as likely to:

- Be hurt or injured.
- Require medical attention.
- Ride with an intoxicated driver
- Be taken advantage of sexually.
- Take advantage of someone else sexually.

WHAT CAN BE DONE?

- Educate others including servers and sellers of these products.
- Ban free distribution of energy drinks.
- Pressure corporations that sell these drinks.
- Educate youth on the potential adverse health effects of consuming these products:
 - Damages developing brain.
 - Causes impaired judgment.
 - Leads to future alcohol addiction.

Source: 1. The Marin Institute. Alcohol, Energy Drinks, and Youth: A Dangerous Mix. (2008). Retrieved from the World Wide Web at http://www.marininstitute.org/alcopops/energy_drink_report.htm

2. Montana Department of Transportation. Power Point Presentation by MDOT based on The Marin Institute's Alcohol, Energy Drinks, and Youth: A Dangerous Mix. Retrieved from the World Wide Web at <http://www.mdt.mt.gov/safety/impaired.shtm>



Mission of the Indian Health Service

THE MISSION OF THE INDIAN HEALTH SERVICE IS TO RAISE THE PHYSICAL, MENTAL, SOCIAL, AND SPIRITUAL HEALTH OF AMERICAN INDIANS AND ALASKA NATIVES TO THE HIGHEST LEVEL.

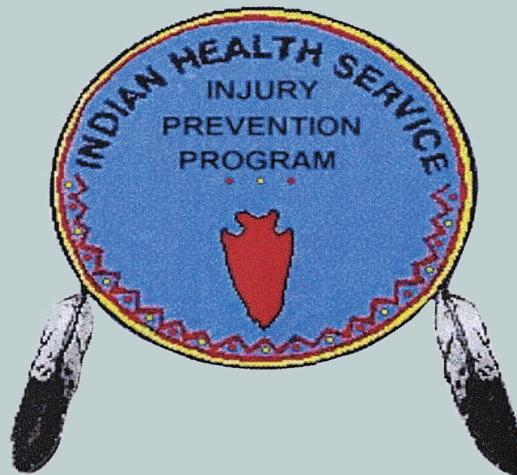
THE GOAL TO ASSURE THAT COMPREHENSIVE, CULTURALLY ACCEPTABLE PERSONAL AND PUBLIC HEALTH SERVICES ARE AVAILABLE AND ACCESSIBLE TO AMERICAN INDIAN AND ALASKA NATIVE PEOPLE.

OUR FOUNDATION. TO UPHOLD THE FEDERAL GOVERNMENT'S OBLIGATION TO PROMOTE HEALTH FOR AMERICAN INDIAN AND ALASKA NATIVE PEOPLE, COMMUNITIES, AND CULTURES AND TO HONOR AND PROTECT THE INHERENT SOVEREIGN RIGHTS OF TRIBES.

Injury Prevention Program

OUR MISSION:

TO RAISE THE HEALTH STATUS OF AMERICAN INDIANS AND ALASKAN NATIVES TO THE HIGHEST POSSIBLE LEVEL BY DECREASING THE INCIDENCE OF SEVERE INJURIES AND DEATH TO THE LOWEST POSSIBLE LEVEL AND INCREASING THE ABILITY OF TRIBES TO ADDRESS THEIR INJURY PROBLEMS.



Billings Area Injury Prevention
Newsletter is developed by Darcy
Merchant.



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