

EYE - Eye Conditions

EYE-AP ANATOMY AND PHYSIOLOGY

OUTCOME: The patient/family will have a basic understanding of the anatomy and physiology of the eye and surrounding tissues as it relates to the specific eye condition.

STANDARDS:

1. Explain the normal anatomy and physiology of the eye.
2. Discuss the changes to the anatomy and physiology as a result of the specific eye condition.
3. Discuss the impact of these changes on the patient's vision and health.

EYE-C COMPLICATIONS

OUTCOME: The patient/family will understand the potential complications of the ocular condition, failure to manage this condition, or from treatment.

STANDARDS:

1. Discuss the common or significant complications associated with the ocular condition.
2. Discuss common or significant complications that may be prevented by full participation with the treatment plan.
3. Discuss common or significant complications that may result from treatments.

EYE-DP DISEASE PROCESS

OUTCOME: The patient/family will understand the ocular condition.

STANDARDS:

1. Discuss the current information regarding causative factors and pathophysiology of the ocular condition.
2. Discuss the signs/symptoms and usual progression of the ocular condition.
3. Discuss the signs/symptoms of exacerbation/worsening of the ocular condition.

EYE-FU FOLLOW-UP

OUTCOME: The patient/family will understand the importance of follow-up in the treatment of eye conditions.

STANDARDS:

1. Discuss the importance of follow-up care.
2. Discuss the procedure for obtaining follow-up appointments and that follow-up appointments should be kept.
3. Emphasize that full participation of the treatment plan is the responsibility of the patient/family.
4. Discuss signs/symptoms that should prompt immediate follow-up.
5. Discuss the availability of community resources and support services and refer as appropriate.

EYE-HM HOME MANAGEMENT

OUTCOME: The patient/family will understand the home management of the specific eye condition and make a plan for implementation.

STANDARDS:

1. Discuss the home management plan and methods for implementation of the plan.
2. Explain the importance of following a home management plan, e.g., fewer emergency room visits, fewer hospitalizations, and fewer complications.
3. Explain the use and care of any necessary home medical equipment.

EYE-L LITERATURE

OUTCOME: The patient/family will receive literature about the specific eye condition.

STANDARDS:

1. Provide the patient/family literature on the specific eye condition.
2. Discuss the content of the literature.

EYE-LA LIFESTYLE ADAPTATIONS

OUTCOME: The patient/family will understand the lifestyle adaptations necessary to prevent complications of the specific eye condition and improve overall health.

STANDARDS:

1. Review the lifestyle aspects/changes that the patient has control over:-nutrition, physical activity, safety and injury prevention, avoidance of high risk behaviors, and full participation with the treatment plan.
2. Emphasize that an important component in the treatment of the specific eye condition is the patient's adaptation to the treatment plan.

3. Review the community resources available to assist the patient in making lifestyle changes. Refer as appropriate.

EYE-M MEDICATIONS

OUTCOME: The patient/family will understand the purpose, proper use, and expected outcomes of prescribed drug therapy.

STANDARDS:

1. Describe the name, strength, purpose, dosing directions, and storage of the medication.
2. Discuss the risks, benefits, and common or important side effects of the medication and follow up as appropriate.
3. Discuss any significant drug/drug, drug/food, and alcohol interactions, as appropriate.
4. Discuss the importance of keeping a list of all current prescriptions and over-the-counter medicines, vitamins, herbs, traditional remedies, and supplements. Encourage the patient to bring this list and pill bottles to appointments for medication reconciliation.

EYE-P PREVENTION

OUTCOME: The patient/family will understand that healthy lifestyle behaviors can reduce the risk of developing some eye conditions and complications.

STANDARDS:

1. Discuss lifestyle habits that increase the risk for the onset or progression of the specific eye condition.
2. Discuss behaviors that reduce the risk for the onset or progression of a specific eye condition, e.g., proper nutrition, safety, and infection control practices.

EYE-PM PAIN MANAGEMENT

OUTCOME: The patient/family will understand the pain management techniques for the particular eye condition.

STANDARDS:

1. Explain that pain management is specific to the disease process of this particular diagnosis and patient and may be multifaceted. **Refer to PM.**
2. Explain that short term use of narcotics may be helpful in pain management as appropriate.
3. Discuss non-pharmacologic measures that may be helpful with pain control, e.g., warm or cool packs.

EYE-PRO PROCEDURE

OUTCOME: The patient/family will understand the proposed procedure, including the indications, complications, and alternatives, as well as, possible results of non-treatment.

STANDARDS:

1. Discuss the indications, risks, and benefits of the proposed procedure as well as the alternatives and the risk of non-treatment.
2. Explain the process and what is expected after the procedure.
3. Explain the necessary preparation for the procedure.
4. Discuss pain management as appropriate.

EYE-S SAFETY

OUTCOME: The patient/family will understand the principals of injury prevention and will plan for a safe environment.

STANDARDS:

1. Explain that injuries can cause certain ocular conditions.
2. Discuss injury prevention adaptations such as safety glasses or goggles.

EYE-SCR SCREENING

OUTCOME: The patient/family will understand the screening device.

STANDARDS:

1. Explain the screening device to be used.
2. Explain why the screening is being performed.
3. Discuss how the results of the screening will be used.
4. Emphasize the importance of follow-up care.

EYE-TE TESTS

OUTCOME: The patient/family will understand the test(s) to be performed, the potential risks, expected benefits, and the risks of non-testing.

STANDARDS:

1. Explain test(s) that have been ordered (explain as appropriate):
 - a. method of testing
 - b. necessity, benefits, and risks of test(s) to be performed
 - c. any potential risk of refusal of recommended test(s)

- d. any advance preparation and instructions required for the test(s)
 - e. how the results will be used for future medical decision-making
 - f. how to obtain the results of the test
2. Explain test results:
- a. meaning of the test results
 - b. follow-up tests may be ordered based on the results
 - c. how results will impact or effect the treatment plan
 - d. recommendations based on the test results

EYE-TLH TELE-HEALTH

OUTCOME: The patient/family will have a basic understanding of teleophthalmology.

STANDARDS:

1. Explain that images of the eye are captured and transmitted to the qualified ophthalmologists for interpretation.
2. Explain the purpose of the assessment is for eye conditions and that there is no preparation required.

EYE-TX TREATMENT

OUTCOME: The patient/family will understand the mutually agreed upon treatment plan.

STANDARDS:

1. Explain the treatment plan. Emphasize the importance of active participation by the patient/family in the development of and the adherence to the treatment plan.
2. Explain that various treatments have their own inherent risks, side effects, and expected benefits. Explain the risks/benefits of treatment and non-treatment.