

Abdominal Pain

1. Take it easy for 24 hours. No school or work for 24 hours.
2. Offer clear liquids only for the next 12 hours. Jell-O may be given but avoid milk.
3. **DO Not** give an laxative. Only give an enema if the doctor tells you to do.
4. **DO NOT** give any medicine other than that prescribed by the doctor.
5. Take temperature every _____ hours.
6. Return to the Emergency Room if:
 - Pain continues, comes more often or becomes worse.
 - Pain shifts and localizes (ends up) in one area of the abdominal (belly).
 - Abdomen becomes distended (bloated or full).
 - Temperature goes up higher.
 - Bleeding or vomiting blood or bleeding from your rectum (bright red, tar-like or jelly-like).
 - If you can't hold any fluids down.
7. If the pain continues or you are worried, return to the Emergency Room or call your child's doctor.

TCIMC 04/02

Patient Education Codes:
ABD-TX and ABD-FU