



FACT SHEET

Medication Assisted Treatment/Outpatient Based Opioid Therapy

Medicated Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a whole-patient approach to the treatment of substance use disorders. Outpatient Based Opioid Therapy (OBOT) refers to models of opioid agonist treatment that seek to integrate the treatment of opioid addiction into the general medical and psychiatric care of the patient. MAT and OBOT can refer to treatment with methadone (a Schedule II medication) or with buprenorphine (a Schedule III medication). Assessing the current Indian health system's MAT/OBOT policies, procedures, and programs was conducted in May 2014 to increase access to high quality alcohol and substance abuse treatment services and pain management programs.

Status of MAT/OBOT in the Indian health system*

- There are 8 tribal facilities with MAT/OBOT programs, no federal facilities.
- There are 19 federal and 6 tribal facilities with Pain Management programs.
- There are 16 tribal and 12 federal providers with prescription waivers.
- Six tribal programs have MAT/OBOT policies and procedures.
- A total of 15 pain management policies and procedures exist: 11 federal; 4 tribal.
- The Model of Care approach includes 24 facilities using a Referral approach; with eight facilities using an Interdisciplinary approach, two facilities using a Care Team approach, one facility using a No Harm approach, one facility using an Integrative approach, and one facility using the Improving Patient Care (IPC) model.

Planning Recommendations

- Explore opportunities to implement MAT/OBOT training for providers, administration, and community members in order to address the critical need within American Indian/Alaska Native communities
- Increase the number of federal providers with prescription waivers in preparation for MAT/OBOT implementation in a limited number of facilities to utilize as pilot projects
- Develop MAT/OBOT policies and procedures to be utilized to ensure standardization of care that implements an Integrative Model of Care to achieve holistic healing

Training Resources

- Providers' Clinical Support System for Medication Assisted Treatment
www.pcsmat.org
- Tele-Behavioral Health Center of Excellence
<http://psychiatry.unm.edu/centers/crcbh/telebehavioral/IHStelehealth.html>

Contact

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*Information includes 10 of the 12 IHS Areas and does not represent all tribal facilities.



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