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**Youth Regional Treatment Centers - CAO/IHS**  
**Presented to:**  
**Program Directors**  
**October 14, 2015**



# Youth Regional Treatment Centers

- The CA Youth Regional Treatment Center (YRTC) is a 32 bed inpatient facility for Native adolescents, ages 12-17, who have been diagnosed with substance abuse and behavioral health issues.
- The YRTC will have 5 family suites.
- Currently, there are 10 YRTCs in the US:  
AK - 2; AZ - 1; NC - 1; NM - 2; NV - 1;  
OK - 1; SD - 1; WA - 1

# Youth Regional Treatment Centers

## OVERVIEW

Desert Sage

Youth Wellness Center

- Construction Update

Sacred Oaks

Healing Center

- Environmental Assessment

# Administrative Issues

## ➤ Policies and Procedures

- Operational Policies & Procedures are complete
- Billing, house rules and regulations will need to be finalized
- Must meet CARF accreditation standards and any state or federal requirements
- Enrollment policies & procedures/guidelines are being developed.

## ➤ Staff

- Position descriptions are being developed
- It is anticipated that there will be approximately 70 employees at each facility



# Youth Regional Treatment Centers





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**A1** ROOF PLAN  
1/19/17

**REVISION**


REV DATE DESCRIPTION

ISSUE:  
 # PROJECT NUMBER: 725  
 DRAWING FILE: 9404441  
 DRAWN BY: SERVIN  
 CHECKED BY: GARGANO

SHEET TITLE

**ROOF PLAN**

**A4.1**  
 SHEET 10 OF 18

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**SOUTHERN CALIFORNIA YOUTH REGIONAL TREATMENT CENTER**

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INDIAN HEALTH SERVICE  
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JOINT VENTURE TEAM



# AFTERCARE PLANNING

In order to continue therapeutic services and increase the chances for a successful recovery, aftercare services must be considered.

IHS has hired a consultant to perform an aftercare analysis and evaluation of selected tribal and urban Indian healthcare sites located throughout California.

A short pre-meeting questionnaire will be sent to selected program directors prior to the meeting and the actual meetings will require approximately 45 minutes – but will not exceed 1.5 hours per department.



# AFTERCARE PLANNING

The consultant will develop discussion guides to evaluate:

- 1) Existing community-level substance abuse/mental health and aftercare services to include service/resource needs;
- 2) YRTC intake process;
- 3) YRTC post-treatment outcome evaluations in the following departments: Medical, Behavioral Health, Social Services or Tribal TANF, Administration

# AFTERCARE PLANNING

A youth who returns to a community may have more than behavioral health needs. They could have social services needs, medical needs, etc.

Administration allocates resources, so they play a part in aftercare and outcome management.

We should be treating the whole person and should be interested any department that will wrap around a returning youth to deliver follow-up services.