



# EMANCIPATORY APPROACH TO SUBSTANCE USE DISORDER TREATMENT


HRAFN ÓLI SIGURÐSSON, LRAM, PHD, NP, PMHNP-BC, CARN-AP

NP PROVIDER, CONSULT FOR ADDICTION TREATMENT AND CARE IN HOSPITALS (CATCH)  
LINCOLN HOSPITAL, BRONX, NY

ASSISTANT PROFESSOR OF NURSING IN CLINICAL PSYCHIATRY, WEILL CORNELL MEDICINE

The background is a dark blue gradient. In the corners, there are white line-art graphics resembling circuit boards or neural networks, with lines connecting to small circles.

NO DISCLOSURES OF FINANCIAL CONFLICTS

The background is a solid teal color with a gradient. In the corners, there are decorative white line-art elements resembling circuit traces or neural network connections, with small circles at the end of the lines.

# DISCLOSURE – CRITICAL SOCIAL THEORY ORIENTATION

HISTORICAL SITUATEDNESS

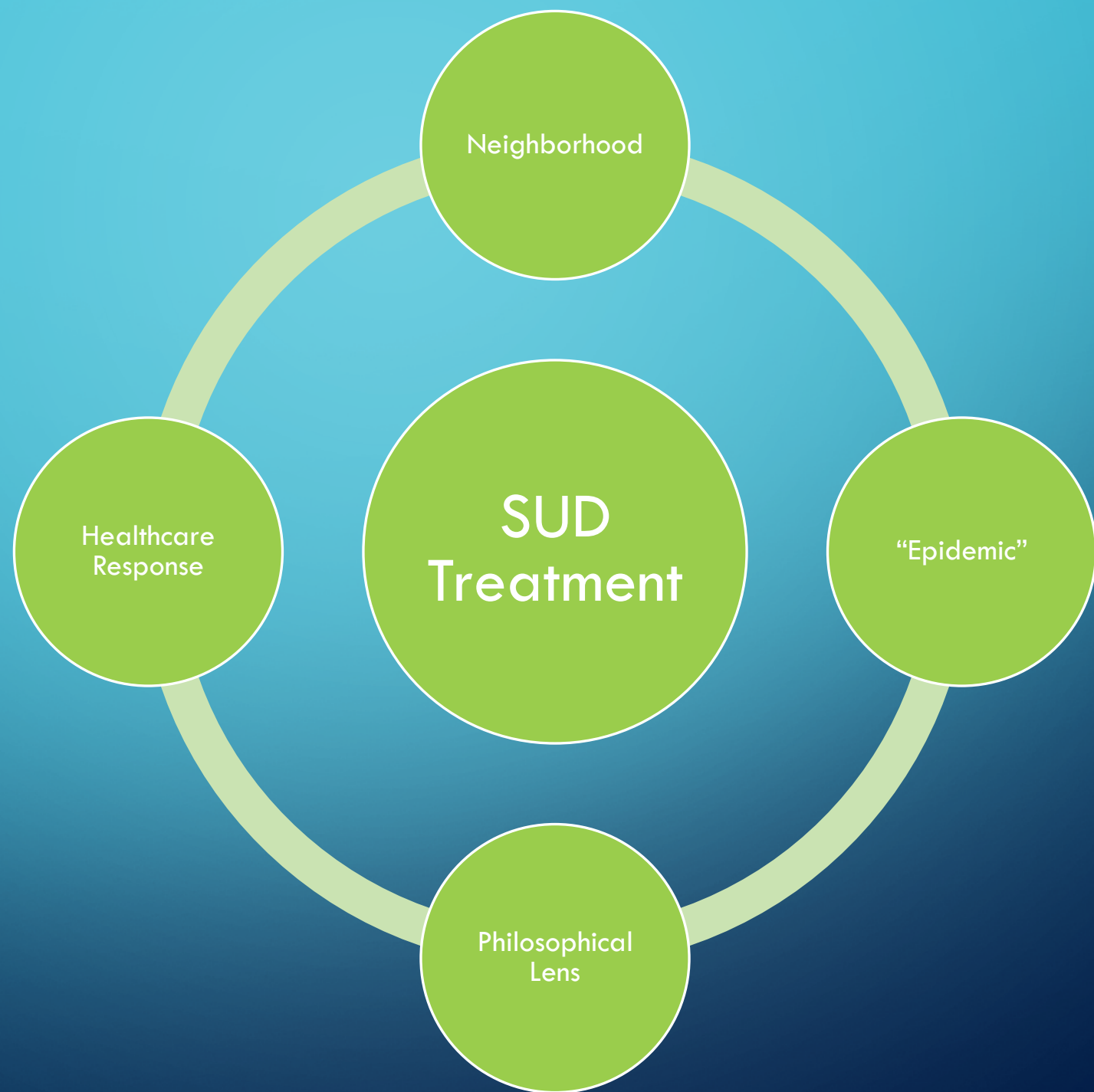
POWER RELATIONSHIPS

EMANCIPATION

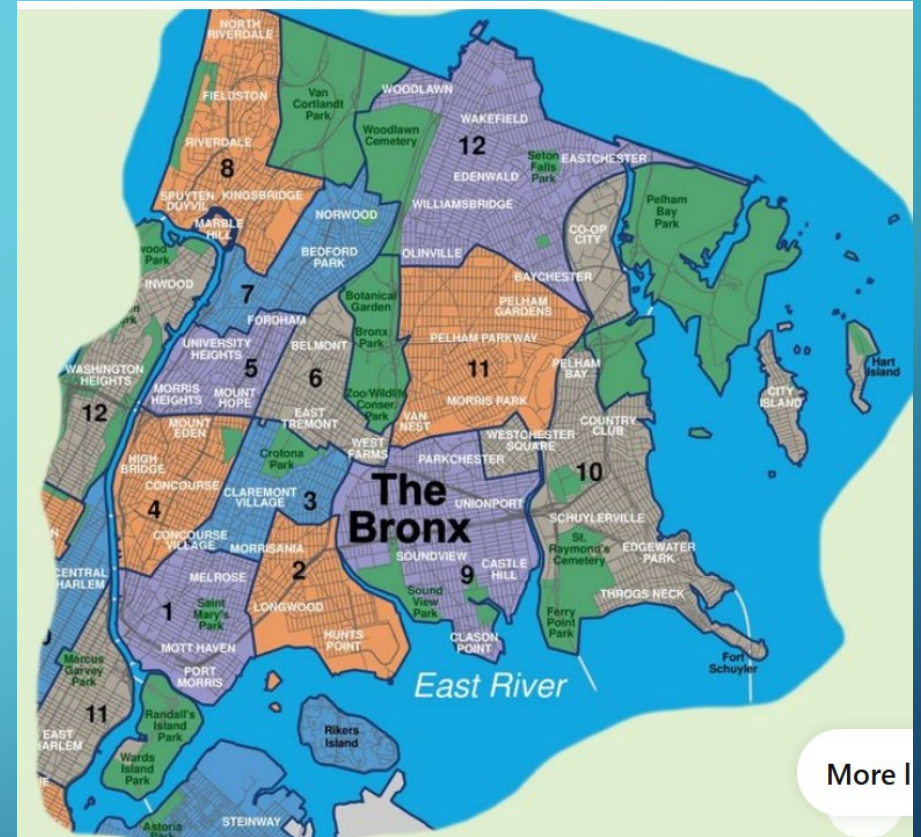
# OBJECTIVES

- Discuss Critical Social Theory as a Philosophical Frame and Foundation for SUD Treatment work
- Discuss Ways of Knowing – Emancipatory Knowing in SUD Treatment

# OVERVIEW



# NYC - BX



# “WHITE FLIGHT”

- Demographic shift in 1950s – Post WW II
- Decay starts in 1960s
- **“White flight”** - the sudden or gradual large-scale migration of white people from areas becoming more racially or ethnoculturally diverse.

# “THE BRONX IS BURNING” 1970S



# LINCOLN MEDICAL AND MENTAL HEALTH CENTER NYC HEALTH + HOSPITALS/LINCOLN



“The Home for the Colored Aged” -  
“Society for the Relief of Worthy Aged Indigent Colored Persons”  
Manhattan

Move to  
South Bronx,  
141st/Concord Ave

Move to  
234 E. 149th St.,  
“Lincoln Medical  
Center”

1839

1882

1898

1902

1976

“The Colored Home  
and Hospital”

“Lincoln Hospital and  
Home”

# 1960s RADICALS

## BLACK PANTHER PARTY (1966-1982)

- Free Health Clinics
- Free Breakfast Program
- Liberation Schools
- Food and Clothing
- Legal Aid

## YOUNG LORDS (1968-1972)

- Free Breakfast for Children
- Health Clinics
- Tenant Organizing
- Garbage offensive
- Lincoln Offensive / Patient's Bill of Rights
- Cultural and Political Education
- Solidarity and Mutual Aid

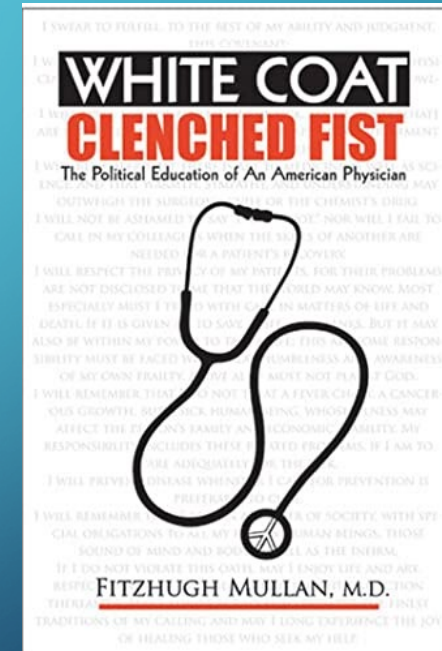
# TAKEOVER OF “THE BUTCHER SHOP” - 1970

- Poor conditions
- Dilapidated ceilings
- Blood-spattered floors/walls
- Rats



# FROM THE TAKEOVER CAME:

- Patient's Bill of Rights
- Auricular Acupuncture – NADA Protocol (Michael Smith, MD, 1942-2017)
- “PE” – Political Education
- mSaS = maternal Substance abuse Services, 1987-2011 (Nancy Smalls, LPN)
- Silencing



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# OPIOID EPIDEMIC

NYC AND THE SOUTH BRONX

# NYC H+H, 2025

## About the Community Health Needs Assessment

This Community Health Needs Assessment (CHNA) identifies and assesses the priority health needs of the communities served by NYC Health + Hospitals. This report was submitted in the fiscal year ending June 30, 2025 to comply with federal tax law requirements set forth in IRS Code Section 501(r)(3) and IRS Notice 2011-52.

The following NYC Health + Hospitals acute care facilities, organized by borough, serve the communities addressed in this CHNA:

### Bronx

- NYC Health + Hospitals/Jacobi
- NYC Health + Hospitals/Lincoln
- NYC Health + Hospitals/North Central Bronx

### Brooklyn

- NYC Health + Hospitals/Kings County
- NYC Health + Hospitals/South Brooklyn Health
- NYC Health + Hospitals/Woodhull

### Manhattan

- NYC Health + Hospitals/Bellevue
- NYC Health + Hospitals/Carter
- NYC Health + Hospitals/Harlem
- NYC Health + Hospitals/Metropolitan

### Queens

- NYC Health + Hospitals/Elmhurst
- NYC Health + Hospitals/Queens



Over **1 million** New Yorkers served annually

**11** Acute Care Hospital Sites

**5** Level I Trauma Centers

**1** Level II Trauma Center

**2** Level II Pediatric Trauma Centers

**70%** of our discharges are patients covered by Medicaid or the Essential Plan

**29** Community Health Centers

**1** Long-Term Acute Care Hospital

**5** Post-Acute Care Facilities

**70K** Workforce Members

# NYC UNINTENTIONAL OVERDOSE DEATHS 2023 – THE CITY

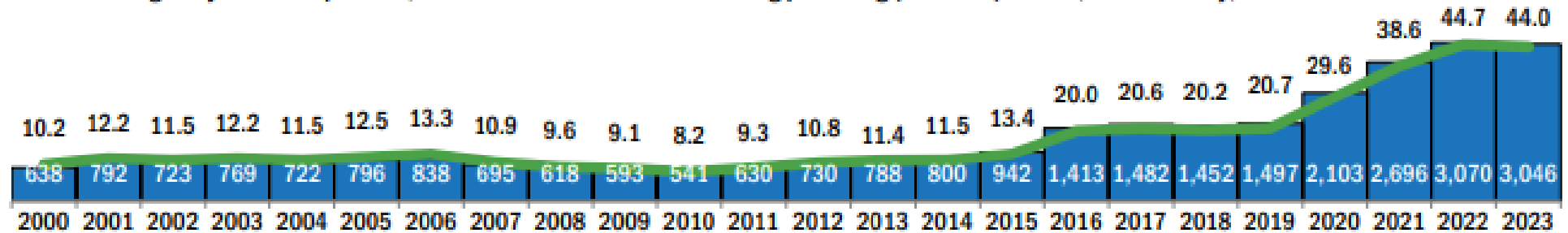


## Epi Data Brief

October 2024, No. 142

### In New York City, rates of overdose death remain stable in 2023

Number and age-adjusted rate per 100,000 residents of unintentional drug poisoning (overdose) deaths, New York City, 2000 to 2023



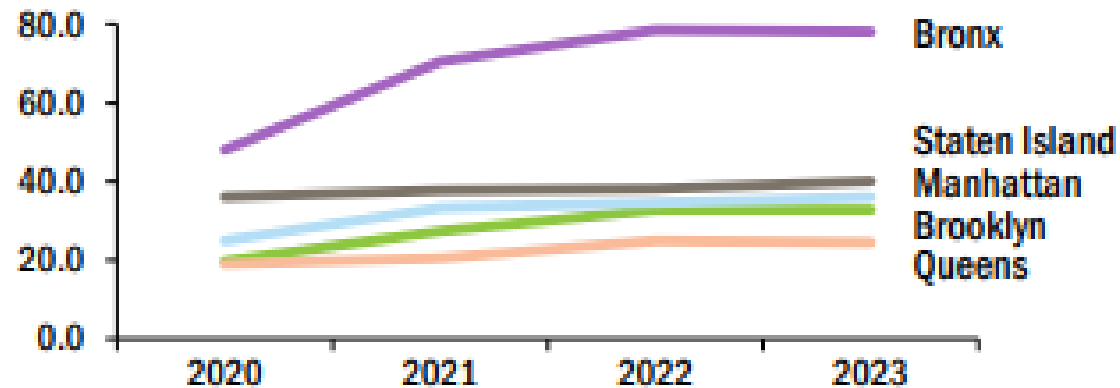
Sources: NYC Office of Chief Medical Examiner and NYC Department of Health and Mental Hygiene Bureau of Vital Statistics, 2000–2023; 2022 and 2023 data are provisional and subject to change.

<https://www.nyc.gov/assets/doh/downloads/pdf/epi/databrief142.pdf>

# NYC UNINTENTIONAL OVERDOSE DEATHS 2023 – THE BOROUGHS

## Bronx and Staten Island residents continue to have the highest rates of overdose

Age-adjusted rate per 100,000 residents of unintentional drug poisoning (overdose) deaths, New York City, 2020 to 2023



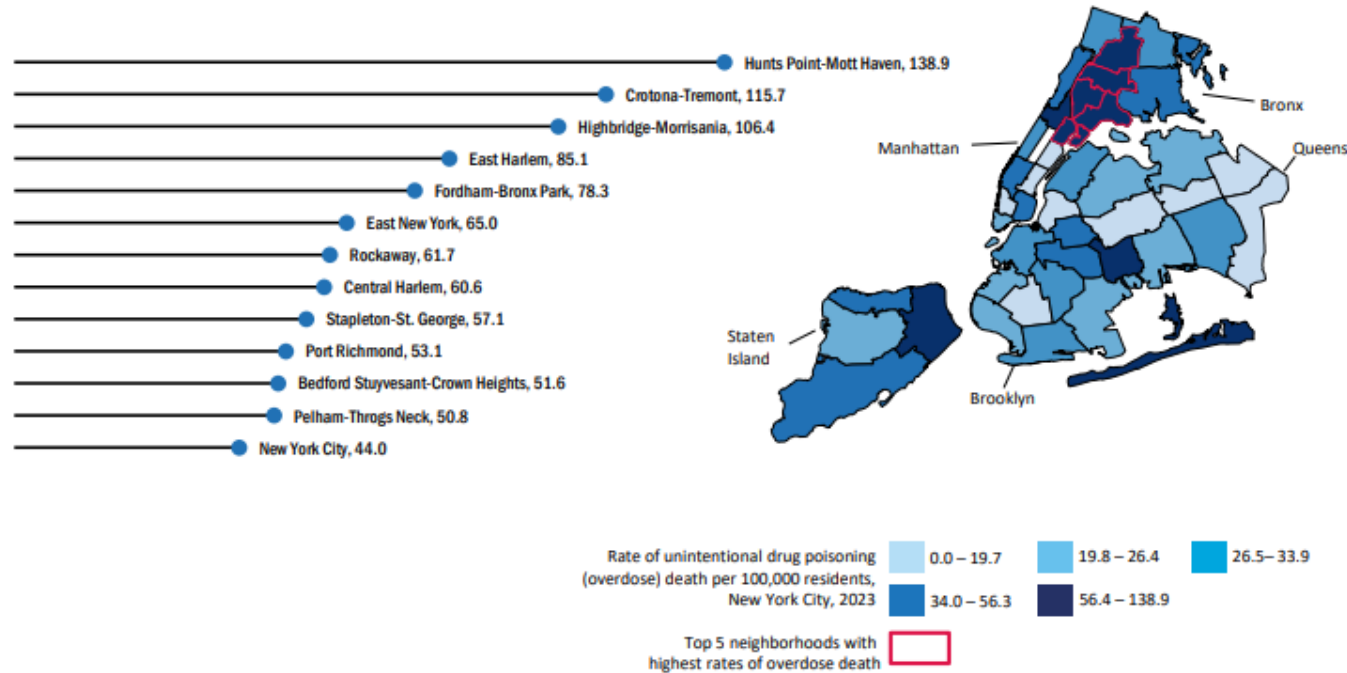
Sources: NYC Office of Chief Medical Examiner and NYC DOHMH Bureau of Vital Statistics, 2020-2023. 2022 and 2023 data are provisional and subject to change.

# NYC UNINTENTIONAL OVERDOSE DEATHS 2023 – THE NEIGHBORHOODS

**Map. Highest rates of unintentional drug poisoning (overdose) deaths by neighborhood of residence<sup>^</sup>, New York City, 2023\***

Source: Bureau of Vital Statistics/Office of Chief Medical Examiner, New York City; Rates were calculated using the NYC DOHMH population estimates, modified from US Census Bureau interpolated intercensal population estimates, 2020-2022, updated November 2023. Rates were calculated with a base file from the 2020 Census and differ from previously reported rates based on previous versions of population estimate using a base file from the 2010 Census. Analysis by NYC Health Department's Bureau of Alcohol and Drug Use Prevention, Care and Treatment.

**Neighborhoods with rates of overdose death among residents exceeding the New York City rate, 2023**  
Rate per 100,000 residents are age-adjusted.

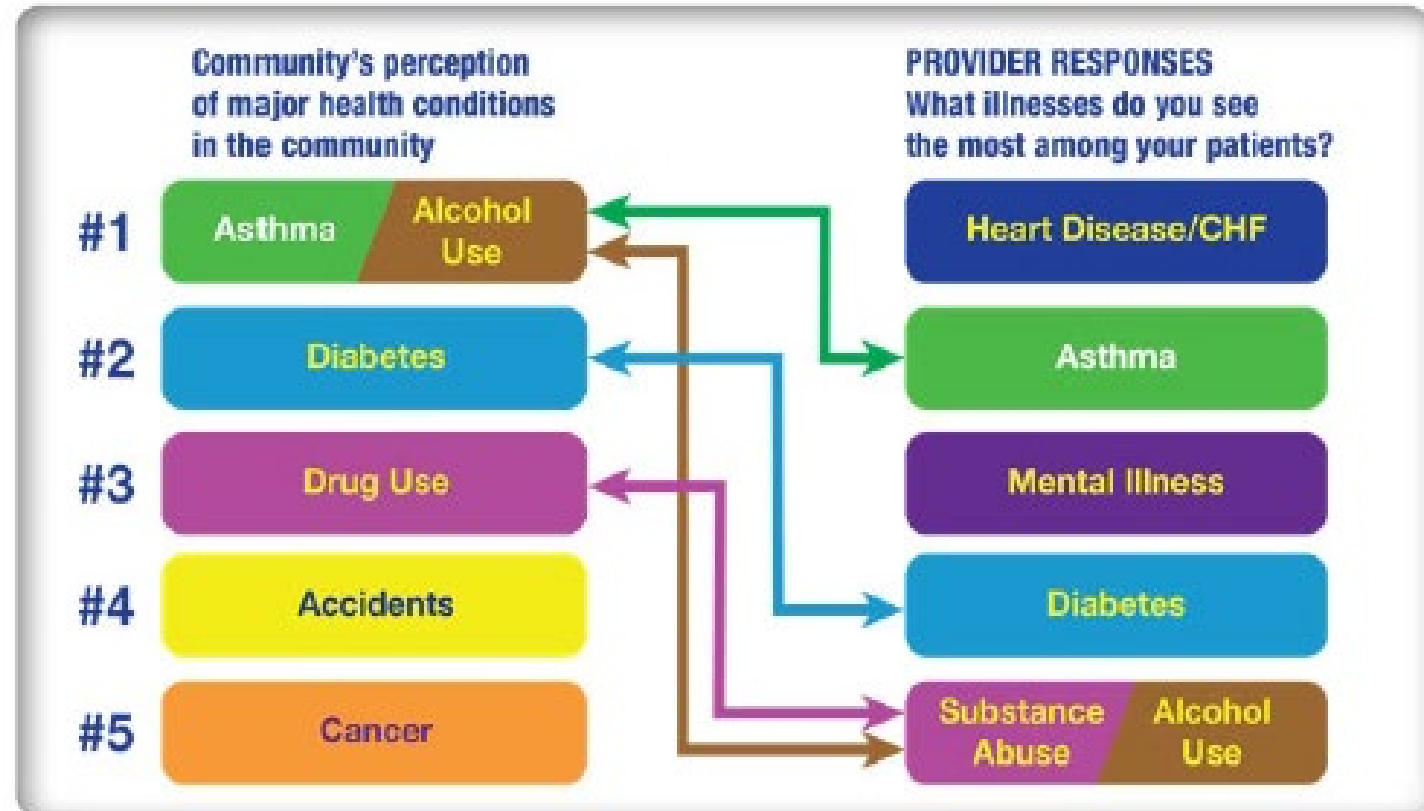


\*Data for 2023 are provisional and subject to change.

<sup>^</sup>The United Hospital Fund (UHF) classifies New York City into 42 neighborhoods, comprised of contiguous ZIP codes. Neighborhood refers to residence of decedent.

# CHNA 2012, LINCOLN

## Chart 9: Major Health Conditions: Community's Perception vs. Public Health Expert's Observations



# CHNA 2025 - BX

**62** county health ranking<sup>34</sup>

out of 62 counties in New York

**78.0** years life expectancy<sup>34</sup>

compared to New York City average of 80.3 years

## What is the community's perception?

### Top 5 poor health outcomes identified in the Bronx per survey responses<sup>2</sup>

Diabetes and high blood sugar

High blood pressure

Violence and gun violence

Mental health disorders (such as depression)

Obesity (high BMI)

### Top 5 service needs in the Bronx<sup>2</sup>

Lower out of pocket health care costs

Affordable health care

Stress relief and access to services for emotional wellbeing

Opportunities for increased exercise and movement

Expanded financial assistance and resource navigation

## Leading causes of premature deaths in the Bronx<sup>35</sup>

Heart Disease

**1,409** deaths

90.1 per 100,000

Cancer

**1,081** deaths

68.9 per 100,000

Unintentional injury

**1,065** deaths

78.5 per 100,000

COVID-19

**345** deaths

22.6 per 100,000

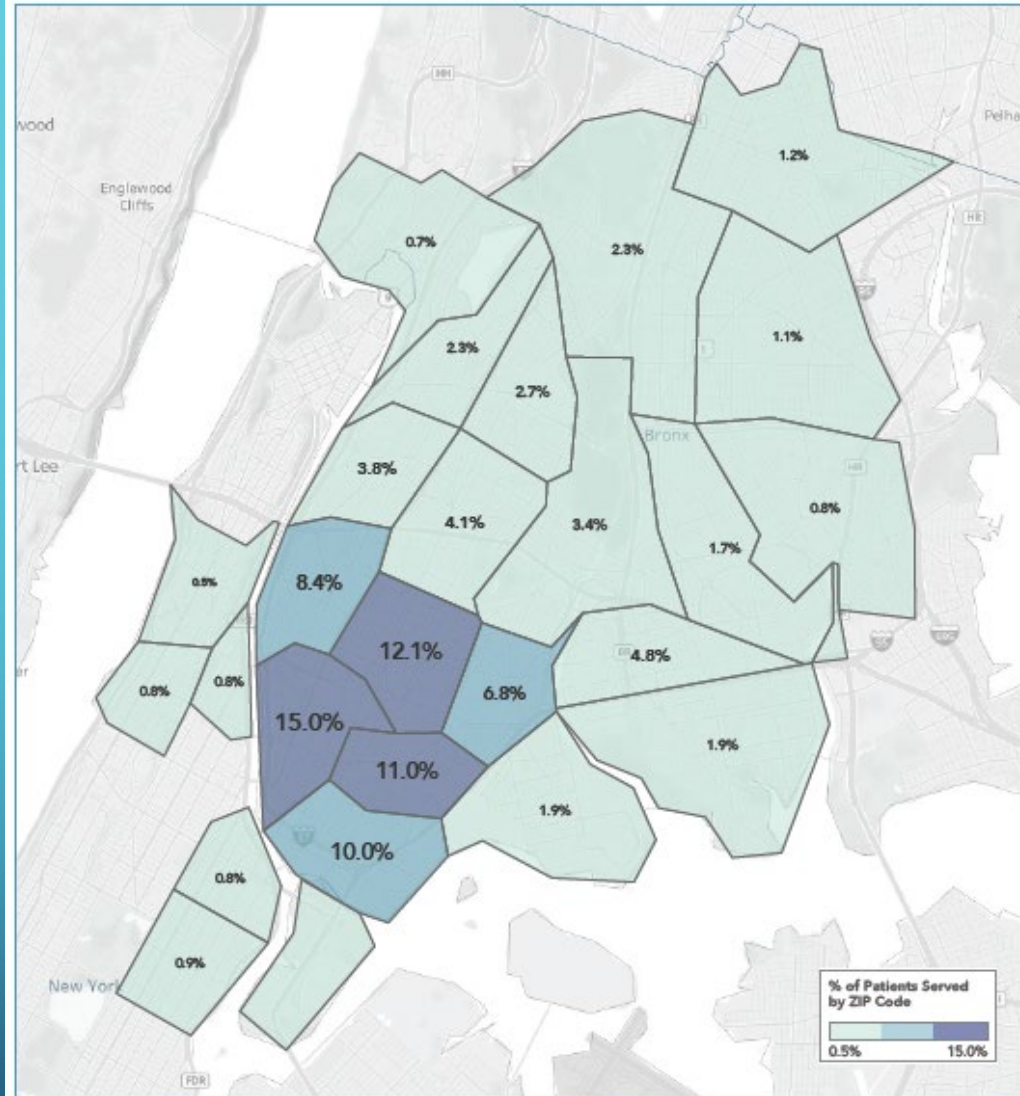
Diabetes

**187** deaths

12.0 per 100,000

# LINCOLN

## Patients served by ZIP Code



Source: NYC Health + Hospitals, DnA, Epic clinical and revenue data, CY24

# CHNA 2025, LINCOLN

## WHAT THE COMMUNITY SHARED

### Assets

- Sense of unity
- Community organization
- Commitment to education

### Challenges

- Mental health
- Substance use
- Access to resources
- Environmental health
- Chronic illness

## Why are patients coming in?

- Encounter for general adult medical examination without abnormal findings
- Worried well
- Encounter for routine child health examination with abnormal findings
- Dental caries
- Normal pregnancy
- Essential hypertension
- Surgical follow-up
- Type II diabetes mellitus without complication
- Encounter for routine child health examination without abnormal findings
- Chest pain

Based on outpatient and inpatient encounters

The background is a dark teal gradient. In the four corners, there are decorative white line-art patterns resembling circuit boards or neural networks, with lines connecting to small circles.

# ADVERSE CHILDHOOD EXPERIENCES (ACE)

# WHAT ARE ACEs?

<https://www.cdc.gov/violenceprevention/aces/resources.html>

## Types of ACEs



### ABUSE

- Emotional
- Physical
- Sexual



### NEGLECT

- Emotional
- Physical



### HOUSEHOLD CHALLENGES\*

- Substance misuse
- Mental illness
- Suicidal thoughts and behavior
- Divorce or separation
- Incarceration
- Intimate partner violence or domestic violence

## Other Adversity



- Bullying
- Community violence
- Natural disasters
- Refugee or wartime experiences
- Witnessing or experiencing acts of terrorism

\* The child lives with a parent, caregiver, or other adult who experiences one or more of these challenges.

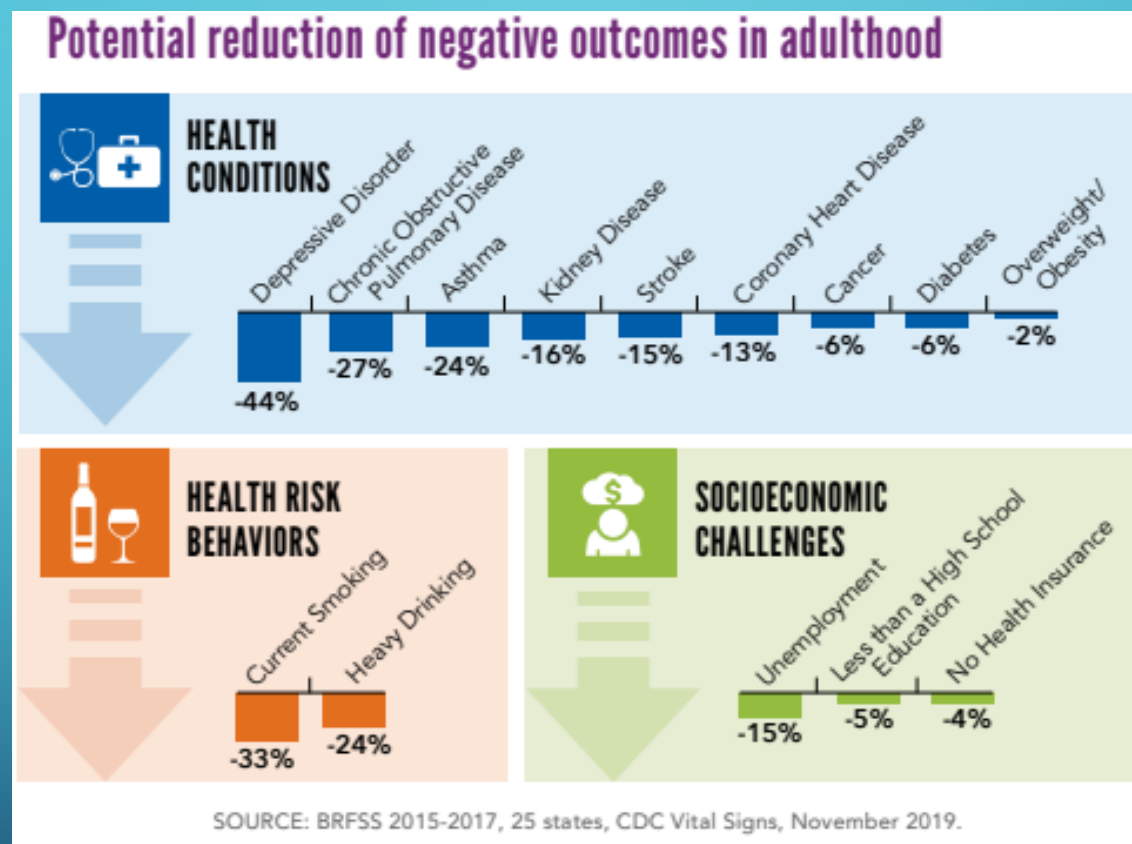
# WHO EXPERIENCES ACEs?

## Some Groups Are More Likely to Have Experienced ACEs

Multiple studies show that people who identified as members of these groups as adults reported experiencing **significantly more ACEs:**



# IF ACEs WERE PREVENTED?



The background is a dark blue gradient. In the corners, there are white line-art illustrations of circuit boards or neural networks, with lines connecting to small circles.

# PHILOSOPHY AS FOUNDATION

# THEORY OF COMMUNICATIVE ACTION

JÜRGEN HABERMAS (1929 - )

- Lifeworld
  - Everyday life
  - Shared meanings and social practices
  - Communicative interactions
- System
  - Political (Power / laws)
  - Economic (Money)
  - Instrumental logic

<https://plato.stanford.edu/entries/habermas/>

# COLONIZATION OF THE LIFEWORLD (HABERMAS)

- Leads to a variety of social pathologies in culture, society, and person:
  - Loss of freedom
  - Loss of meaning
  - Crises in legitimation, anomie, and alienation

<https://plato.stanford.edu/entries/habermas/>

# COLONIZATION (HABERMAS)

- For example, consider that once healthcare and housing are privatized and seen as mere commodities, landlords can evict tenants because of rent arrears, and hospitals can turn away patients who cannot afford to pay, with no moral qualms or social responsibility, because they see these actions as merely economic transactions (1981).

<https://plato.stanford.edu/entries/habermas/>

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# WAYS OF KNOWING IN HEALTH CARE

EPISTEMOLOGY

# DIMENSIONS ASSOCIATED WITH PATTERNS OF KNOWING IN HEALTH CARE

Dimension	Empirics
<b>Critical questions</b>	What is this? How does it work?
<b>Creative processes</b>	Conceptualizing Structuring
<b>Formal expressions</b>	Facts Models Formal/Thematic descriptions Theories
<b>Authentication processes</b>	Confirmation Validation
<b>Integrated expression in practice</b>	Scientific competence

# DIMENSIONS ASSOCIATED WITH EACH OF THE PATTERNS OF KNOWING IN HEALTH CARE

Dimension	Emancipatory	Ethics	Personal	Aesthetics	Empirics
<b>Critical questions</b>	Who benefits? What is wrong? Barriers to freedom? Changes needed?	Is this right? Is this responsible?	Do I know what I do? Do I do what I know?	What does this mean? How is this significant?	What is this? How does it work?
<b>Creative processes</b>	Critiquing Imagining	Clarifying Exploring	Opening Centering	Envisioning Rehearsing	Conceptualizing Structuring
<b>Formal expressions</b>	Action plans Manifestos Critical analyses Visions for future	Principles and codes	Personal stories Genuine Self	Aesthetic criticism Works of art	Facts Models Formal/Thematic descriptions Theories
<b>Authentication processes</b>	Social equity Sustainability Empowerment Demystification	Dialogue Justification	Response Reflection	Appreciation Inspiration	Confirmation Validation
<b>Integrated expression in practice</b>	Praxis	Moral and ethical component	Therapeutic use of Self	Transformative art/acts	Scientific competence

# IHS – BEHAVIORAL HEALTH FRAMEWORK



# IHS – BEHAVIORAL HEALTH CHALLENGES

- Highest rates of suicide of any minority group within the U.S.
- High rates of substance use disorder of both illicit drugs and alcohol use
- Alcohol-related deaths at significantly higher rates (51.9/100,000) than the rest of the U.S. population (11.7/100,000 )
- Highest prevalence of methamphetamine use/disorder, injection, and overdose
- In 2019 and 2020, drug overdose death rates were highest for non-Hispanic American Indian and Alaska Native people at 30.5 and 42.5 per 100,000, respectively
- From 2019-2020, the American Indian and Alaska Native overdose death rates increased by 39%

<https://www.ihs.gov/newsroom/factsheets/behavioralhealth/>

# GOOD FIT?

<b>Dimension</b>	<b>Emancipatory</b>
<b>Critical questions</b>	<b>Who benefits? What is wrong? Barriers to freedom? Changes needed?</b>
<b>Creative processes</b>	<b>Critiquing Imagining</b>
<b>Formal expressions</b>	<b>Action plans Manifestos Critical analyses Visions for future</b>
<b>Authentication processes</b>	<b>Social equity Sustainability Empowerment Demystification</b>
<b>Integrated expression in practice</b>	<b>Praxis</b>

# 2025 – FREEDOM FOR PEOPLE

- From Generational Trauma
- From the Oppressive Use of “Law” and “Money”
- For Choice of Treatment
- For Collective Community Health Action
- For Us and Future Citizens

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DO WE HAVE FIRE IN THE BELLY TO FIGHT FOR  
OURSELVES?

THANK YOU