

**CAO Indian Health Service
Update - Desert Sage Youth Wellness Center
Presented at 2017 Annual Tribal Consultation**





Services at the YRTC:

- 2 Classrooms
 - 1 Art Room
 - Library
 - Recreation Room
 - Indoor Gym
 - Therapy (individual and group)
 - Full commercial kitchen
 - Healthcare
 - Health Education
 - College lectures
 - Physical Activities
 - Cultural and other activities
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Education

- ▶ We are in discussions with The Sherman Indian High School to provide education to the YRTC residents.
- ▶ A credentialed program will allow the youth to transfer credits back to their homes schools.
- ▶ Activities such as field trips, lectures, and cultural activities will provide additional school credits .

Update and Intake Process

Youth with a possible substance use disorder

Medical

Family

Social Services

Courts

Behavioral Health Appointment
(assessment and Diagnosis)

Contact YRTC Intake/Aftercare Staff

Update and Intake Process

YRTC Staff sends Admission packet to referring agency



Application reviewed by the YRTC Admission Committee



Decision made regarding Admission

Yes- Full application sent to referring agent

No- Alternative location for placement will be found



Update and Intake Process




- ▶ Beginning April 14th, YRTC Intake/Aftercare Coordinators will start to accept referrals from Behavioral Health staff for placement into treatment.
- ▶ Based on the needs of the youth, placement will be at Desert Sage or at one of our existing partners.
- ▶ Desert Sage will admit a limited number of youth beginning in May. We will admit more youth once we have a fully hired and trained staff .



Update and Intake Process


Mandatory records needed for admission to YRTC:

- ▶ Educational Assessments and/or Records
 - ▶ Individual Education Plan (IEP)
 - ▶ Health History & Physical Examination (medication list)
 - ▶ Laboratory Reports
 - ▶ Immunization Records & Tuberculin Test
 - ▶ Physician Orders
 - ▶ Healthcare Coverage (e.g., Insurance, Medi-Cal, etc.)
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Update and Intake Process

Mandatory records needed for admission to YRTC:

- ▶ Psychological Evaluations
 - ▶ Chemical Dependency Evaluations
 - ▶ Treatment Plans
 - ▶ Discharge Records (from other agencies)
 - ▶ Copy of Birth Certificate
 - ▶ Copy of Social Security card
 - ▶ Consent to treatment
 - ▶ Court Documents
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Aftercare Evaluation

24 (of 37) Sites Visited

Organization

Santa Barbara American Indian Health and Services, Inc.	Redding Rancheria Tribal Health Center
Central Valley Indian Health, Inc.	Riverside-San Bernardino County Indian Health, Inc.
Chapa-De Indian Health Program, Inc.	Round Valley Indian Health Center
Consolidated Tribal Health Project, Inc.	Sacramento Native American Health Center, Inc.
Feather River Tribal Health, Inc.	San Diego American Indian Health Center
Indian Health Council, Inc.	Santa Ynez Tribal Health Clinic
Karuk Tribal Health	Shingle Springs Health & Wellness Center
K'ima:w Medical Center	Sonoma County Indian Health Project, Inc.
Lake County Tribal Health Center	Southern Indian Health Council, Inc.
MACT Health Board, Inc.	Toiyabe Indian Health Project, Inc.
Northern Valley Indian Health, Inc.	Tule River Indian Health Center, Inc.
Pit River Health Service, Inc.	United American Indian Involvement, Inc.



Screening/Identification Process

- ▶ A total of 8,398 youth were served at the facilities
- ▶ 4,356 Female youth served
 - ▶ 25.05% screened for alcohol use
 - ▶ 4.38% screened for drug use
- ▶ 4,042 Male youth served
 - ▶ 19.94% screened for alcohol use
 - ▶ 4.82% screened for drug use

* Numbers are self-reported

2016 New GPRA Measures

Starting July 1, 2016 the following measures were added:

- ▶ Alcohol screening for all populations from ages 12-75
- ▶ Screening, Brief Intervention, and Referral to Treatment (SBIRT) ages 9-75
- ▶ Depression Screening ages 12-17
- ▶ Antidepressant Medication Management (2 measures)
 - ▶ 12 weeks or 6 months

*CAO will provide training on screening at the Annual Best Practices Meeting (May 22-24)




Ongoing evaluation

- ▶ Our contractor has signed on to assess an additional 13 sites throughout California
- ▶ Once completed, all of the California sites will have been assessed for their capabilities and services that they offer
- ▶ This project will save us a tremendous amount of time and will use these reports for aftercare planning



Aftercare Placements

- ▶ Transitional Homes
 - ▶ Career training (Job Corps)
 - ▶ Sherman Indian High School
 - ▶ Alternative placement (relatives, etc.)
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Training schedule

- ▶ **April**

- ▶ 6th and 7th – Cultural competency training

- ▶ 10th – 13th – RPMS - Patient Registration, Scheduling, billing, and Risk Pool management

- ▶ 19th – Basic Life Support (CPR, First Aid, Defibrillator and Emergency medical response)

- ▶ 24th – 27th – Vista Imaging



Training schedule



May


- ▶ 8th – **staff orientation** (Admin/HR/policies and procedures)
- ▶ 9th – **Health and Safety**, emergency preparedness, Webcident, emergency evacuations
- ▶ 10th – **Pro-ACT** (restraint, conflict de-escalation)
- ▶ 11th – **Medical** Infection control (handwashing, Blood borne pathogens, needle sticks), medical education (antipsychotic medication), medication management, diabetes education, insect bites and bee stings, food allergies
- ▶ 12th – **Clinical** Sexual assault prevention, mandated reporting, suicide prevention, behavioral management, Trauma Informed Care, guidance for working with adolescents who have mental health/substance use disorders (includes overview of A-CRA, DBT, and CBT principles).

All staff will be required to obtain a food handling certificate

*these are standard trainings that all staff must take upon hire



Challenges

- ▶ Sherman Indian High School – Sherman is in a federal hiring freeze which affects our ability to hire teachers for Desert Sage
 - ▶ Background checks – new administration is priority and there are additional childcare background requirements
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CONTACT INFORMATION

If you would like me to present to your community or organization, please contact me:

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