CAO Indian Health Service
Update - Desert Sage Youth Wellness Center
Presented at 2017 Annual Tribal Consultation
Services at the YRTC:

- 2 Classrooms
- 1 Art Room
- Library
- Recreation Room
- Indoor Gym
- Therapy (individual and group)
- Full commercial kitchen
- Healthcare
- Health Education
- College lectures
- Physical Activities
- Cultural and other activities
Education

- We are in discussions with The Sherman Indian High School to provide education to the YRTC residents.

- A credentialed program will allow the youth to transfer credits back to their homes schools.

- Activities such as field trips, lectures, and cultural activities will provide additional school credits.
Update and Intake Process

Youth with a possible substance use disorder

Medical  Family  Social Services  Courts

Behavioral Health Appointment (assessment and Diagnosis)

Contact YRTC Intake/Aftercare Staff
Update and Intake Process

**YRTC Staff sends Admission packet to referring agency**

Application reviewed by the YRTC Admission Committee

**Decision made regarding Admission**

<table>
<thead>
<tr>
<th>Yes</th>
<th>Full application sent to referring agent</th>
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<tbody>
<tr>
<td>No</td>
<td>Alternative location for placement will be found</td>
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</table>
Update and Intake Process

- Beginning April 14th, YRTC Intake/Aftercare Coordinators will start to accept referrals from Behavioral Health staff for placement into treatment.

- Based on the needs of the youth, placement will be at Desert Sage or at one of our existing partners.

- Desert Sage will admit a limited number of youth beginning in May. We will admit more youth once we have a fully hired and trained staff.
Update and Intake Process

Mandatory records needed for admission to YRTC:

- Educational Assessments and/or Records
- Individual Education Plan (IEP)
- Health History & Physical Examination (medication list)
- Laboratory Reports
- Immunization Records & Tuberculin Test
- Physician Orders
- Healthcare Coverage (e.g., Insurance, Medi-Cal, etc.)
Update and Intake Process

Mandatory records needed for admission to YRTC:

- Psychological Evaluations
- Chemical Dependency Evaluations
- Treatment Plans
- Discharge Records (from other agencies)
- Copy of Birth Certificate
- Copy of Social Security card
- Consent to treatment
- Court Documents
### Aftercare Evaluation

24 (of 37) Sites Visited

<table>
<thead>
<tr>
<th>Organization</th>
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<tbody>
<tr>
<td>Santa Barbara American Indian Health and Services, Inc.</td>
<td>Redding Rancheria Tribal Health Center</td>
</tr>
<tr>
<td>Central Valley Indian Health, Inc.</td>
<td>Riverside-San Bernardino County Indian Health, Inc.</td>
</tr>
<tr>
<td>Chapa-De Indian Health Program, Inc.</td>
<td>Round Valley Indian Health Center</td>
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<tr>
<td>Consolidated Tribal Health Project, Inc.</td>
<td>Sacramento Native American Health Center, Inc.</td>
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<tr>
<td>Feather River Tribal Health, Inc.</td>
<td>San Diego American Indian Health Center</td>
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<tr>
<td>Indian Health Council, Inc.</td>
<td>Santa Ynez Tribal Health Clinic</td>
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<tr>
<td>Karuk Tribal Health</td>
<td>Shingle Springs Health &amp; Wellness Center</td>
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<tr>
<td>K'ima:w Medical Center</td>
<td>Sonoma County Indian Health Project, Inc.</td>
</tr>
<tr>
<td>Lake County Tribal Health Center</td>
<td>Southern Indian Health Council, Inc.</td>
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<tr>
<td>MACT Health Board, Inc.</td>
<td>Toiyabe Indian Health Project, Inc.</td>
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<tr>
<td>Northern Valley Indian Health, Inc.</td>
<td>Tule River Indian Health Center, Inc.</td>
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<tr>
<td>Pit River Health Service, Inc.</td>
<td>United American Indian Involvement, Inc.</td>
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</table>
Screening/Identification Process

- A total of 8,398 youth were served at the facilities
  - 4,356 Female youth served
    - 25.05% screened for alcohol use
    - 4.38% screened for drug use
  - 4,042 Male youth served
    - 19.94% screened for alcohol use
    - 4.82% screened for drug use

* Numbers are self-reported
2016 New GPRA Measures

Starting July 1, 2016 the following measures were added:

- Alcohol screening for all populations from ages 12-75
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) ages 9-75
- Depression Screening ages 12-17
- Antidepressant Medication Management (2 measures)
  - 12 weeks or 6 months

*CAO will provide training on screening at the Annual Best Practices Meeting (May 22-24)
Ongoing evaluation

- Our contractor has signed on to assess an additional 13 sites throughout California.
- Once completed, all of the California sites will have been assessed for their capabilities and services that they offer.
- This project will save us a tremendous amount of time and will use these reports for aftercare planning.
Aftercare Placements

- Transitional Homes
- Career training (Job Corps)
- Sherman Indian High School
- Alternative placement (relatives, etc.)
Training schedule

- April
  - 6th and 7th – Cultural competency training
  - 10th – 13th – RPMS - Patient Registration, Scheduling, billing, and Risk Pool management
  - 19th – Basic Life Support (CPR, First Aid, Defibrillator and Emergency medical response)
  - 24th – 27th – Vista Imaging
Training schedule

May

- **8th** - *staff orientation* (Admin/HR/policies and procedures)
- **9th** - **Health and Safety**, emergency preparedness, Webcident, emergency evacuations
- **10th** - **Pro-ACT** (restraint, conflict de-escalation)
- **11th** - **Medical** Infection control (handwashing, Blood borne pathogens, needle sticks), medical education (antipsychotic medication), medication management, diabetes education, insect bites and bee stings, food allergies
- **12th** - **Clinical** Sexual assault prevention, mandated reporting, suicide prevention, behavioral management, Trauma Informed Care, guidance for working with adolescents who have mental health/substance use disorders (includes overview of A-CRA, DBT, and CBT principles.

All staff will be required to obtain a food handling certificate

*these are standard trainings that all staff must take upon hire*
Challenges

- Sherman Indian High School – Sherman is in a federal hiring freeze which affects our ability to hire teachers for Desert Sage

- Background checks – new administration is priority and there are additional childcare background requirements
CONTACT INFORMATION

If you would like me to present to your community or organization, please contact me:

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