



CAO INDIAN HEALTH SERVICE CALIFORNIA AREA YOUTH REGIONAL TREATMENT CENTERS



PRESENTED AT CALIFORNIA TRIBAL LEADERS

APRIL 26, 2023



OVERVIEW

- COVID-19
- Cultural/Recreational Staff Introductions
- Marketing/Outreach
- Desert Sage Projects
- Sacred Oaks Projects
- Aftercare Updates
- Census Information
- Staffing Updates

COVID-19 UPDATES

- **Masking is now optional**
- **Testing of employees has been discontinued**
- **Rolling admissions have resumed**
- **Therapeutic passes and family visitation have resumed**
- **Cultural, therapeutic, and recreational outings have resumed**

CULTURAL PROGRAMMING TEAM: SANDRA MOLINA AGUILAR

Sandra Molina Aguilar is Cherokee of the Long Hair clan, Mescalero Apache & Mexican. She is currently the Cultural Recreation Specialist at Sacred Oaks Healing Center in Davis California. She has lived in the Sacramento area for 46 years and is an alum of D.Q University. For the last 10 years Sandra has worked in community mental health and has spent the last 7 years with Sacramento Native American Health Center. This included the Shingle Spring Tribal TANF in supporting American Indian and Alaskan Native families' access to services of care. Sandra specializes in creating authentic and culturally relevant programming for Native families and youth as well as advising on service delivery. She has a strong passion and commitment for supporting Native Families on their healing journey. She provides community training in Suicide Prevention, Native Youth Life skills, & Trauma Informed Care. At Sacred Oaks Healing Center she utilizes her lifelong connection to the Native American community to provide guidance and support for the youth she serves. She truly believes that culture is prevention.



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CULTURAL PROGRAMMING TEAM: DANIEL MAZZA

Daniel Mazza is an enrolled member of the Cahuilla Band of Indians. Daniel is a Mountain Cahuilla birdsinger and sings with his elder Kim Marcus at different gatherings around the valley. He is also a part of the Red Tail Spirit drum group. He has served as a health and wellness coach/trainer around various Southern California reservations. After attending junior college Mr. Mazza attended National Personal Training Institute and received his diploma in Personal Training and Nutrition. After graduation Mr. Mazza established his own business focusing on health and wellness throughout Indian Country including opening his own gym in Temecula, Ca for 5 years where he held numerous challenges and competitions for Native American adults and youth. Mr. Mazza has received twelve certifications ranging from Tai Chi to Health and Medical Conditions. He plans on furthering his education in the future and continue to implement health and wellness all throughout Indian Country. Mr. Mazza also serves as secretary for the Board of Directors for his tribal property and entities focusing on progression and sovereignty for the Cahuilla community. Daniel is very excited to be a part of the Desert Sage team and is focused on bringing cultural teachings, health and wellness to the residents and the program.



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MARKETING

- Contract awarded March 13, 2023- Kauffman and Associates Inc.
- Kick off meeting March 24, 2023- IHS CAO Contracting/ HQ/ YRTC meet contracting team
- April 12, 2023 second meeting to discuss stakeholder/youth focus groups
- May 4, 2023 YRTC TAC stakeholder meeting/focus group

DESERT SAGE LANDSCAPE PROJECT

- Project completed with an opening blessing and dedication occurred on May 12, 2023



DESERT SAGE LANDSCAPE PROJECT



DESERT SAGE LANDSCAPE PROJECT



DESERT SAGE LANDSCAPE PROJECT



DESERT SAGE LANDSCAPE PROJECT



DESERT SAGE LANDSCAPE

Kitchen/Restroom/
Dining

Therapeutic field

Residential building

Sand volleyball

Covered seating

Horseshoes/
Outdoor games

Cultural Space

Amphitheater

Garden boxes

Fire/Water
gathering space



BEST ROAD STATUS

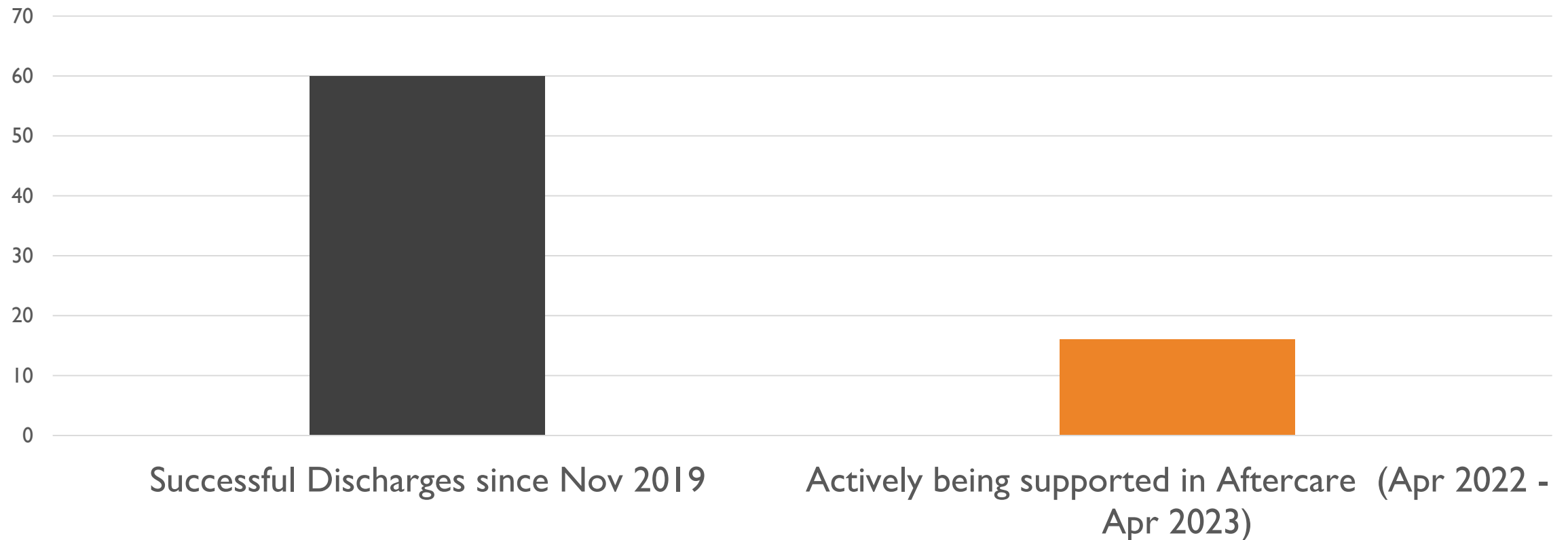
- CAO OEHE is working with Riverside County to explore right of way and other historical documentation which may impact next steps
- OEHE preparing for environmental impact study pending results of work with Riverside County
- Waiting on GSA related to land procurement process

SACRED OAKS HEALING CENTER PROJECTS

- Stormwater Chamber
 - Project undergoing updated design work
 - Once design work is completed, a contract for construction can be completed
 - Anticipated project to start March 2024
- Therapeutic Field
 - This is included in the Stormwater Chamber project

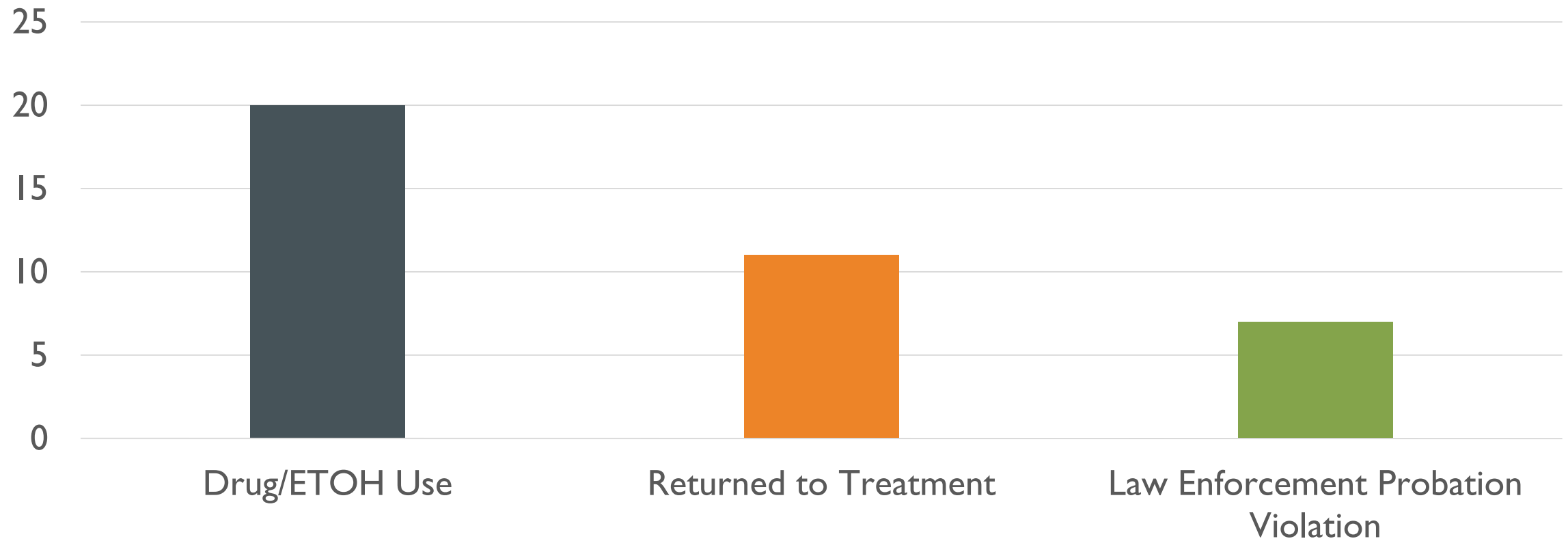
AFTERCARE PROGRAM UPDATE

Aftercare Data October 2020 - April 2023



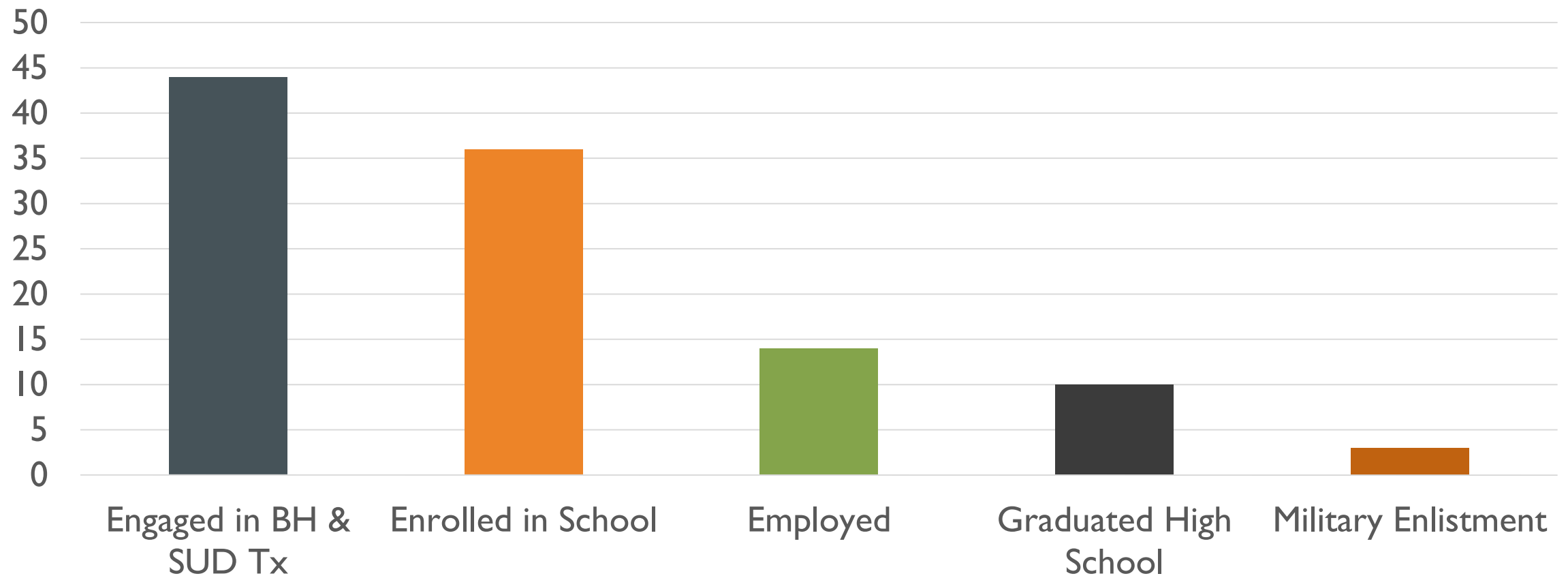
AFTERCARE PROGRAM UPDATE

Common Challenges



AFTERCARE PROGRAM UPDATE

Successes Reported



CENSUS

Desert Sage Youth Wellness Center

- 2 males
 - Average age: 14.5 years
 - 100% CA Tribal affiliation
- 7 females
 - Average age: 15 years
 - 57% CA Tribal affiliation
 - 14% NV Tribal affiliation
 - 14% AZ Tribal affiliation
 - 14% ND Tribal affiliation

Sacred Oaks Healing Center

- 5 females
 - Average age: 15.6 years
 - 100% CA Tribal affiliation

Tribal affiliation does not equal state of residence (as of 4/13/2023)

CENSUS

Desert Sage Youth Wellness Center

- Successful Completion
 - 6 male
 - Average length of stay: 105 days
- Early Discharge
 - 7 male
 - Average length of stay: 31 days

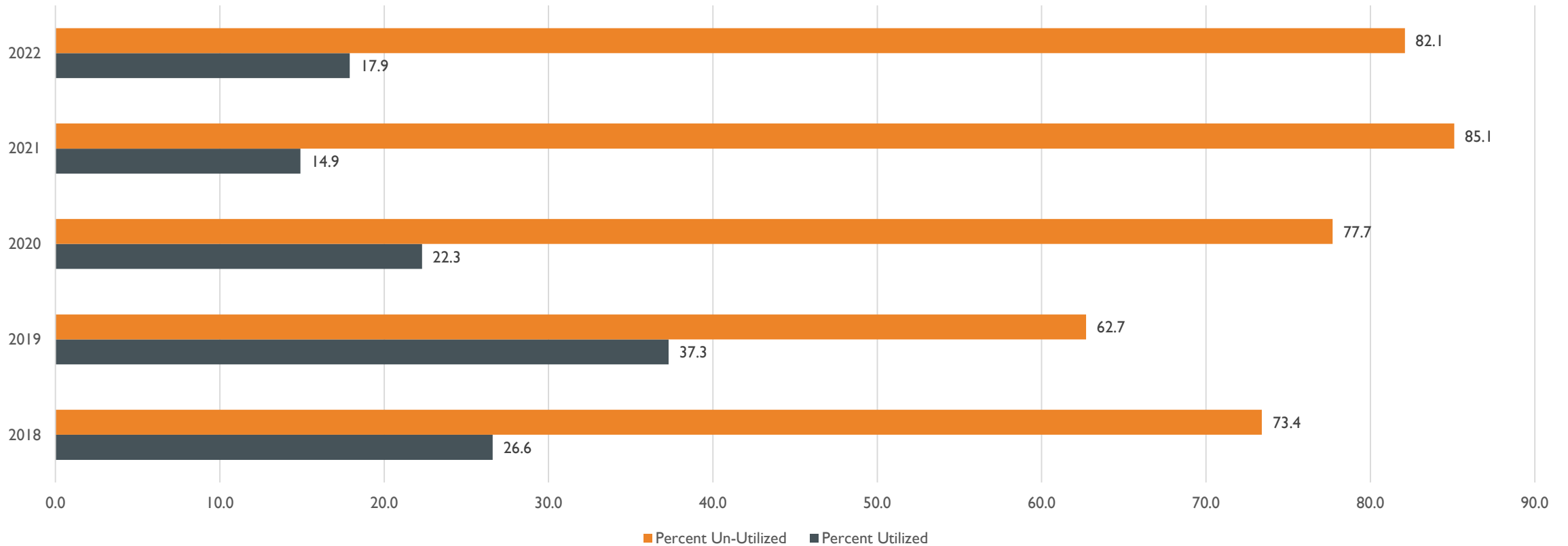
Sacred Oaks Healing Center

- Successful Completion
 - 3 females
 - Average length of stay: 107 days
- Early Discharge
 - 2 females
 - Average length of stay: 66 days

(From October 2022 to April 13, 2023)

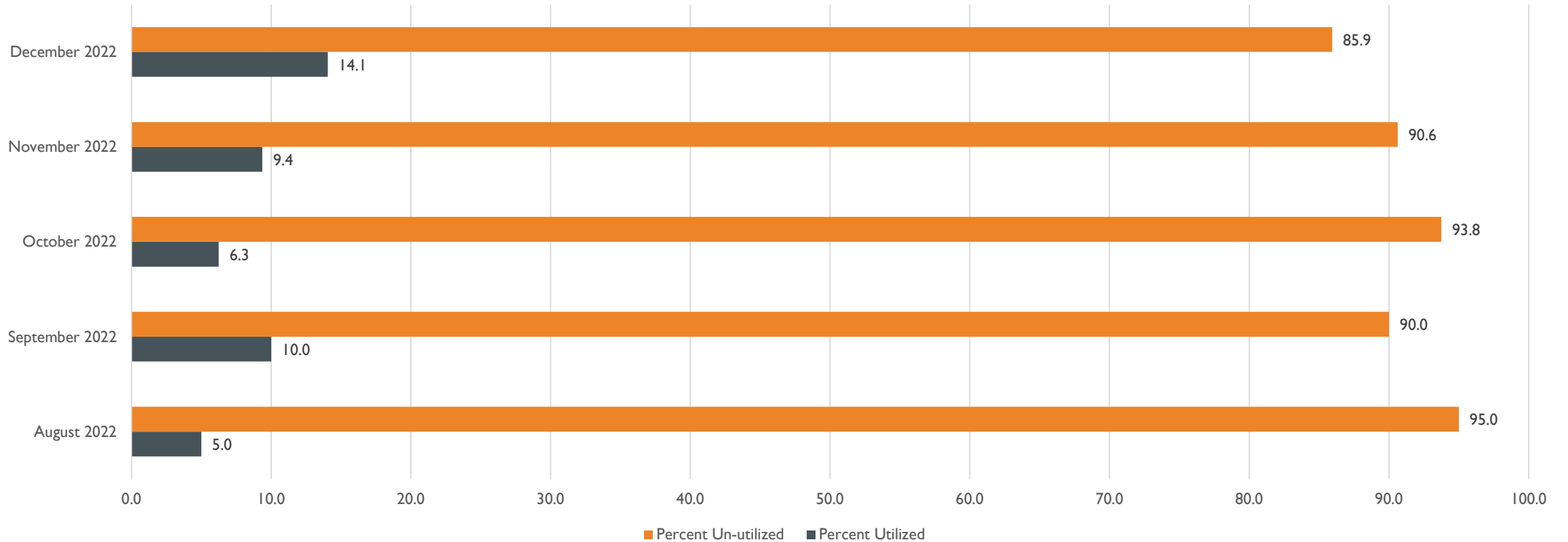
BED UTILIZATION

Desert Sage
Bed Utilization



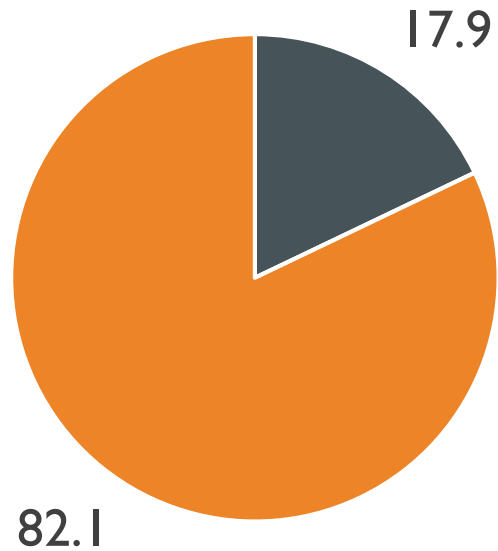
BED UTILIZATION

Sacred Oaks
Bed Utilization



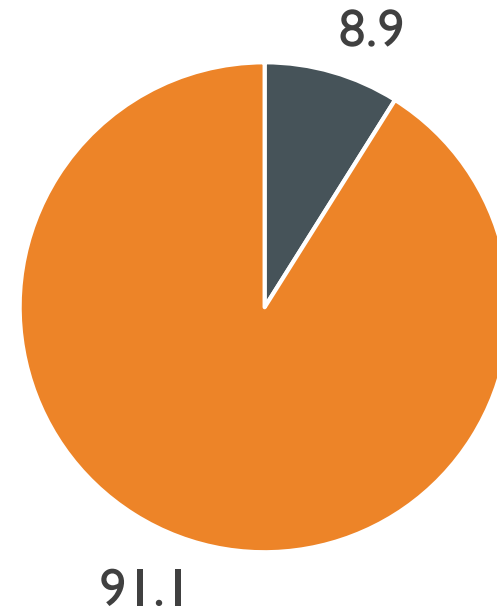
BED UTILIZATION

Desert Sage
2022



■ Percent Utilized
■ Percent Un-Utilized

Sacred Oaks
2022*



■ Percent Utilized
■ Percent Un-Utilized

*Sacred Oaks opened in August 2022

STAFFING UPDATES

- Staffing continues to be a challenge, especially at Sacred Oaks.
- Leadership has completed pay reviews for positions and is including recruitment and retention incentives for most positions.
- Staffing continues to be the limiting factor on increasing census. In addition to staffing the CNACI clearance process remains very slow further complicating our ability to expand the census.
 - This results in the need to limit Sacred Oaks to just one treatment group (8 residents), which is why we aren't yet co-ed.
- At this time, Desert Sage has a healthier ratio of staff and cleared staff which allows Desert Sage to be co-ed.



QUESTIONS?



CONTACT INFORMATION

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