



Sonoma County Indian Health Project, Inc.



# AUNTIES & UNCLES PROGRAM

Presented by:

Kolby Cordova & TJ Talamoni-Marcks



# SONOMA COUNTY INDIAN HEALTH PROJECT

Sonoma County Indian Health Project, Inc. (SCIHP) was established in 1971 by a group of leaders from the Indian communities of Sonoma County. Their goal was to provide health care for all Indians of Sonoma County and to provide services in a manner which is sensitive to the culture and traditions of the local Indian Tribes.

### **SCIHP's Tribal Consortium includes:**

- Cloverdale Rancheria of Pomo Indians of California
- Dry Creek Rancheria Band of Pomo Indians
- Federated Indians of Graton Rancheria
- Lytton Rancheria of California
- Manchester Point Arena Band of Pomo Indians
- Kashia Band of Pomo Indians of Stewarts Point Rancheria

### **Our Mission:**

“To continually improve and maintain a comprehensive healthcare system to serve the needs and traditional values of our American Indian Community.”



SONOMA COUNTY  
INDIAN HEALTH PROJECT

## SERVICES AT SCIHP:

**MEDICAL**

**DENTAL**

**PHARMACY**

**WIC**

**BEHAVIORAL HEALTH**

**SENIOR SITE**

# MEET THE TEAM

**Candace Zamora**

Program Coordinator



**TJ Talamoni-Marcks**

Youth Programs Specialist



**Kolby Cordova**

Community Outreach Specialist



# About

## Us

Aunties and Uncles Program is an innovative, strengths-based program that centers culture as a protective factor in intergenerational, youth-focused behavioral health interventions. To normalize behavioral health challenges and reduce stigma, we engage youth and their families in cultural activities combined with behavioral health education, community resources, and self-care practices.



The California Reducing Disparities Project (CRDP) was founded in 2009 with the goal of achieving mental health equity for five priority populations in California – African American, Latino, Native American, Asian and Pacific Islander, and LGBTQ+. 35 programs in California have received this funding and there are 4 programs in Sonoma County.

# PROGRAM GOALS

## GOAL 1:

REDUCE MENTAL  
HEALTH-RELATED  
STIGMA IN NATIVE  
AMERICAN TRIBAL  
COMMUNITIES.

## GOAL 2:

RECRUIT AUNTIES AND  
UNCLES TO SUPPORT  
COMMUNITY OUTREACH,  
LEAD CULTURAL  
WORKSHOPS FOR YOUTH,  
AND JOIN OUR EAGLE  
COUNCIL TO ADVISE AUP  
AND EVALUATION  
DESIGN.

## GOAL 3:

PROVIDE A SERIES OF  
YOUTH FOCUSED (AGES  
14-24), FAMILY  
INCLUSIVE,  
TRADITIONAL AND  
CULTURAL EVENTS IN  
SCHOOLS AND TRIBAL  
COMMUNITIES.

## GOAL 4:

DEVELOP NATIVE  
YOUTH LEADERSHIP  
BASED ON  
CULTURALLY  
TRADITIONAL VALUES  
AND PRACTICES.



# WHO ARE OUR AUNTIES AND UNCLES?

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- Indian Education Counselors
- Tribal Liaisons
- Eagle Council Members
- Traditional Teachers
- Parents
- Elders

Our Aunties and Uncles support our community outreach, lead cultural workshops, and are an important factor in keeping the culture alive and well.



# EAGLE COUNCIL

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The Eagle Council is a community driven advisory committee created to provide input, guidance, and feedback on program development, implementation, and evaluation. The Eagle Council is comprised of local tribal community members.



WHAT WE DO...

# TALKING CIRCLES

These circles are a safe environment for tribal community members to engage in dialogue about current challenges in their lives and to identify solutions that offer hope and healing. The talking circles use culturally defined evidence practices to increase protective factors for substance use and mental health challenges.

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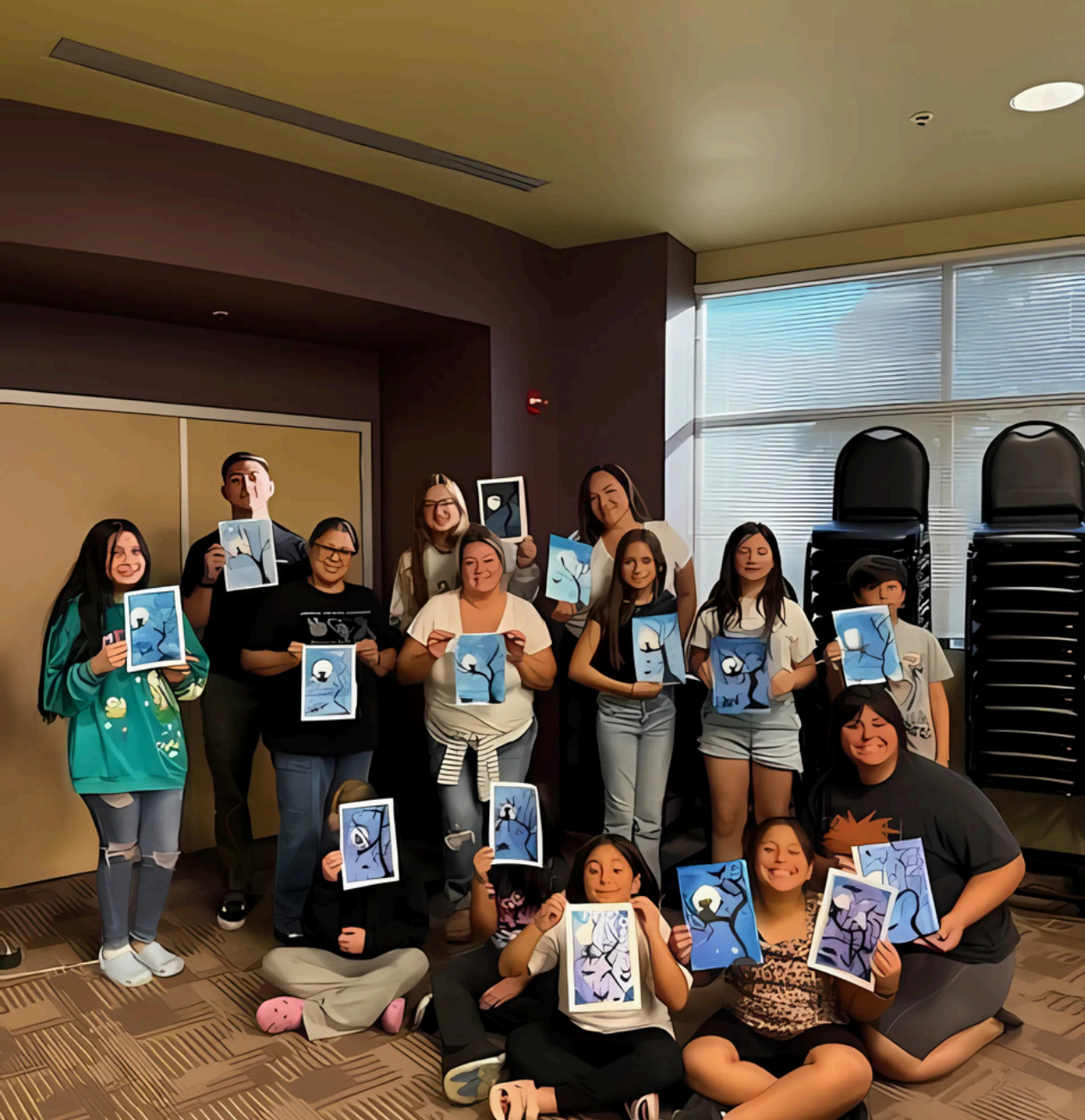
## ELDERS SOCIAL CIRCLE

The Behavioral Health Department welcomes our beloved Elders to come together to make new friends, engage in heartwarming conversations & discuss Mental Health topics.

FRIDAYS  
12:30 PM - 1:30 PM

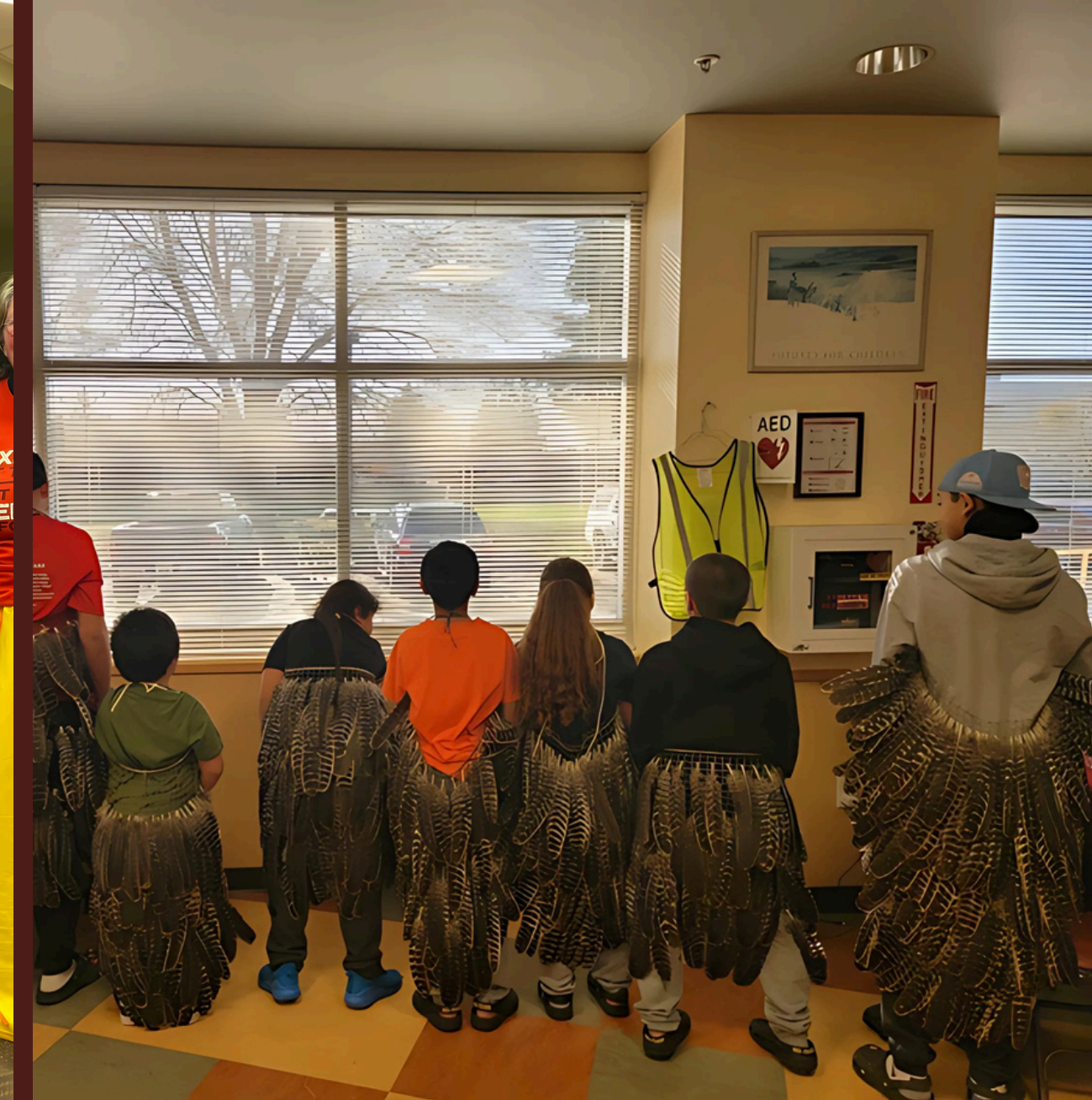
SCIHP  
SENIOR SITE

FOR MORE INFO PLEASE CONTACT  
CHRISTINA INONG, ASW | 707.565.1039 OR CANDACE ZAMORA, PROGRAM COORDINATOR | 707.521.4559



# FAMILY FUN NIGHTS

- Paint Night
- Game Night
- Bingo Night
- Sonoma County Children's Museum
- Holiday craft night/cookie decorating



# CULTURAL WORKSHOPS

- Medicine Bag
- Beading
- Regalia
- Clapper Stick



# NATIVE GRADUATION

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Annual Graduation celebration for all Native High School, College and Trade School students living in Sonoma County or any enrolled consortium tribal member.

- Dinner
- Graduate Questions
- Traditional Pomo Dancing
- Raffles
- Graduate gifts

We had 32 graduates in 2024!



# G.O.N.A.

(Gathering of Native Americans)

The Gathering of Native Americans (GONA) is a proven model to assist communities to heal from the lasting impacts of colonization. Historical and intergenerational trauma is at the root of hopelessness and healing is the answer to trauma. The GONA follows four developmental phases and values of **Belonging, Mastery, Interdependence and Generosity.**



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# BACK TO SCHOOL GIVEAWAY

FRIDAY, AUGUST 2, 2024  
10:00AM-2PM  
WHILE SUPPLIES LAST!

**3771 CLEVELAND AVE, SANTA ROSA**  
(PREVIOUSLY KMART PARKING LOT)

Children must be present

For more information please contact:

✉ [AUPEVENTS@SCIHP.ORG](mailto:AUPEVENTS@SCIHP.ORG)  
☎ KOLBY: 521-4684



# BACK-TO-SCHOOL GIVEAWAY

Our Annual Back-to-School event occurs every August and we gave out over 200 backpacks filled with school supplies to our SCIHP families last year!



# MEMORIAL GATHERING

Our Annual Memorial Gathering is a healing ceremony that takes place in October of each year. It is an event where our community comes together to celebrate and honor their loved ones that have passed on with traditional Pomo Dancing, a drumming group, guest speakers, food, raffles, and healing with our community.



# VETERANS CELEBRATION

Our Annual Veterans Celebration takes place in November of each year. It is an event to celebrate and honor the Native Veterans in our Community.

# NATIVE CLUBS AT LOCAL HIGH SCHOOLS

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- 2x a Month at Piner High School during Lunch break.
- Focus on prevention and early intervention through culture. (Beading, basket weaving, etc.)
- Make sure students know who we are and know how to get services at SCIHP.
- Increased presence on more high school campuses in the Fall of 2025 with the integration of middle school partnerships.

# NATIVE YOUTH INTERNSHIP PROGRAM

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- 9 Month Leadership Internship Program for youth ages 14-24
- Meetings 2x a Month @ SCIHP
- Some training topics include:
  - Values and Identity
  - Native History
  - Medicine Wheel
  - Public Speaking
  - Communication skills
  - Naloxone Training/Setting Healthy Boundaries
  - Digital Storytelling
  - Suicide Prevention/Self care kits
  - Goal Setting
- Currently on our 3rd Cohort
- There has been 30 Interns graduate the program!



QUESTIONS?