

# CALIFORNIA

## INDIAN HEALTH SERVICE

### Youth Regional Treatment Centers

**Serving AI/AN youth ages 12-17 who are struggling with substance use and mental illness.**

#### TREATMENT

Behavioral Health Counseling  
Substance Use Counseling  
Individual and Group Counseling  
Family Therapy  
Family Reunification  
Family Visits  
Mending Broken Hearts  
Medicine Wheel and 12 Steps

#### CULTURAL PROGRAMMING

Ceremonies  
Dancing  
Drumming  
Songs  
Powwows  
Community Gatherings  
Traditional Healing Services  
Traditional Arts & Crafts

#### SERVICES

Field/Recreational Trips  
Educational Opportunities  
Academic and Life-Skills Education  
On-site Kitchen Serving Meals and Snacks Daily  
On-site Recreational Spaces  
Fitness Rooms  
Access to Medical & Dental Care

**Desert Sage Youth Wellness Center (DSYWC)** is accredited by The Joint Commission, located south of Hemet, California, on nearly 20 acres of former farming and residential land.

**Sacred Oaks Healing Center (SOHC)** is our newest program. Situated on more than 11 acres of land in Davis, California, SOHC is located next to the former D-Q University.



If you are interested in additional information or have a youth to refer, please feel free to contact CAL YRTC and ask to speak with one of our intake coordinators.  
951-708-4019 (Hemet) - Desert Sage  
530-702-6000 (Davis) - Sacred Oaks

