

Inflatable Colon: “Ynez”

Have you ever wondered what the inside of your colon looks like? Our Medium Inflatable Colon is an innovative educational resource for promoting colorectal health awareness to help your program increase screening in your patient population. Walking inside the colon one can see what normal colon tissue looks like, what a polyp looks like, and the transformation of an unremoved polyp into colon cancer. We recommend that you partner “Ynez” with a staff member who can educate your guests on the basics of Colorectal Cancer Screening, explain risk factors and symptoms and outlines prevention tips, otherwise she may not make the impact you are hoping for.

There is no charge for “Ynez” to attend your event.



Logistics

“Ynez” is in at the IHS California Area Office (CAO) in Sacramento.

Transport options:

- Coordinate with IHS CAO staff to pick up “Ynez” before your event and return her within 3 business days.
- Invite IHS CAO staff to table at your event to provide education and if staff are available, they can deliver and return “Ynez” for you.
- *The program borrowing the colon is responsible for all handling, lifting and transportation of the colon.*

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Details

- She includes blower, 8 tethers (4 ft. 10 inches and 4 ft. 15 inches) and storage bag. Made from flame retardant 8.5 oz. vinyl-coated nylon.
- Because she is made of vinyl-coated nylon, *we ask that you display her indoors, or on grass or concrete. (Asphalt leaves marks).*
- The colon is in a container with a handle and two wheels and cannot do stairs.
- It takes approximately 30 minutes to set up and break down.
- The inflatable colon is free standing, sits in a “U” shape and site 10 ft. tall when inflated, and if inside you will need to ensure adequate ceiling clearance of a minimum of 13 ft.
- We recommend, for optimum showing, a space of 20 ft. x 20 ft. to accommodate room for a table and space for people to walk in and out.
- The inflatable colon requires electricity, a 15-amp plug which needs to be within several feet of the pump. Extension cords must be less than 75 ft., or the blower will burn out. The sound of the exhibit is about the same as that of a hair dryer and must run continuously to keep the colon inflated.
- The colon is wheelchair, stroller and motorized scooter accessible.
- Specs:
 - Packed Dimensions: 4 ft. x 3.5 ft. x 3.5 ft.
 - Weight: 100 lbs. including blower
 - Inflated: 10 ft. tall 10 ft. wide, 12 ft. long
 - Power: required 2,000 watts (she does not come with a generator)

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Educational Material Handouts

Handouts you can print and share with guests at your event as well as relevant resources on using inflatable colons.

American Indian Cancer Foundation has a colorectal cancer printable infographic card promoting screening. [CRC Signs and Symptoms](#)

Kaiser Permanente partnered with tribes in the Pacific Northwest as well as the Great Plains to create culturally tailored materials that include various messages on colorectal cancer screening. [Materials](#)

American Cancer Society colorectal cancer fact sheet, printable, front and back [Colorectal Cancer Fact Sheet for Patients and Caregivers](#)

American College of Gastroenterology community education toolkit link to printable resources [Colorectal Cancer \(CRC\) Community Education Toolkit | ACG](#)

[YouTube video providing the information needed to guide community members through the colon:](#)

Published evidence in support of using inflatable colons to improve patient knowledge: *[Scripted tours through a giant inflatable colon: An innovative and effective educational tool in urban communities.](#)*