

The Medical Nutrition Therapy Action Team (MAT)<sup>1</sup> has created an RPMS Electronic Health Record (EHR) template for the Indian Health Service Dietitian that utilizes the nutrition care process (NCP). This template encompasses information from the Academy of Nutrition and Dietetics *International Dietetics & Nutrition Terminology* (IDNT)©, 4th edition (2013) and the American Association of Diabetes Educators (AADE) Self Care Behaviors/AADE 7™. The IHS DDTP has obtained the Academy of Nutrition and Dietetics licensing agreement for the use of the IDNT© and the AADE has given the agency permission to use the (AADE) Self Care Behaviors/AADE 7™ in the IHS EHR MNT NCP template.

The 2013 version of the MNT NCP Template was designed to be a “Load and Go” Template. The facility’s Clinical Application Coordinator (CAC) is able to easily load the MNT NCP 2013 into the EHR system. Once the template is loaded, the Registered Dietitian (RD) will have the opportunity to immediately begin documenting patient care utilizing the MNT NCP template. The template has been redesigned to be used in pieces – the theory behind this is to have the End User be able to load the large EHR template quickly. In addition, the End User is not bound to complete the entire note in one session. This template provides the option of using only the sections that are appropriate for those patient care services that were provided.

For additional information and training on the use of the template, please attend a free continuing education MAT Adobe Connect Training on the MNT NCP 2013 EHR Template on May 28, 2013. Registration Information will be sent out to the **IHS Dietitians ALL** mailing list. The training will be recorded for viewing at your convenience.

The intent of this guide is to provide you with a brief pictorial guide of the various applications of the template. Please be sure to attend one of the Adobe Connect trainings sessions for additional training on the use of the template.

Once the template is loaded into your EHR system, you are ready to begin documentation. Prior to opening the MNT template, enter the POV, CPT code, education, health factors, vitals, chief complaint, exams, personal history and other appropriate patient care activities. By first entering the patient care data, this will allow all pertinent patient data to cross over into the MNT template.

Below are snapshots of the sections contained within the IHS MNT NCP Template.

## EHR View of the Notes Tab

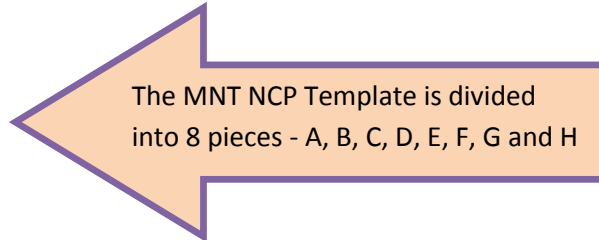
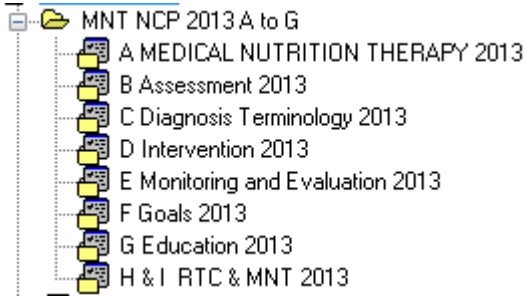
The screenshot shows the EHR interface for a patient named Demo, Patient Father. The interface includes a navigation menu on the left with categories like Overview, Data Entry, Coding, Health Maintenance, and Provider. The main area displays a list of 'Last 100 Signed Notes' and a table for 'All signed notes' with columns for Date, Title, Author, and Location. The status bar at the bottom shows the user as RAUTH, LESLYE and the location as FT YATES HOSPITAL.

## View of the Note Title Selection

The screenshot shows the 'Progress Note Properties' dialog box. The 'Progress Note Title' field is set to 'NUTRITION'. A dropdown menu is open, showing a list of note titles including 'NUTRITION', 'NUTRITION CONSULT', 'ADIR <ADVANCE DIRECTIVE>', 'ADMISSION <INPT NURSING ADULT ADMISSION>', and 'ADMISSION <INPT NURSING PED ADMISSION>'. The 'Date/Time of Note' is set to 06-Feb-2013 12:14 and the 'Author' is Rauth, Leslye L.

## Viewing the Medical Nutrition Therapy Template

### View of the MNT NCP 2011 folder and pieces A to G



### Section A of the MNT Template

A screenshot of a software window titled "Template: A MEDICAL NUTRITION THERAPY 2013". The window contains a form with several sections, each preceded by a checkbox:

- MEDICAL NUTRITION THERAPY ASSESSMENT 2013

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- DEMO, PATIENT H, 37 year old FEMALE  
referred on [ ] by [ ] .
- Purpose of today's visit:
  - 1) Nutrition Counseling [P]
  - 2) TYPE 2 DM
- Chief Complaint: MNT consult form Dr. Bacon.
- (CLICK HERE TO ADD FREE TEXT INFORMATION)

### Section B, of the MNT Template (Assessment)

A screenshot of a software window titled "Template: B Assessment 2013". The window contains a form with the following text and a checkbox:

Nutrition Assessment Terminology -Academy of Nutrition and Dietetics  
Nutrition Care Process  
International Dietetics and Nutrition Terminology Reference Manual (Fourth Edition)  
Copyright© 2013 Academy of Nutrition and Dietetics

Assessment Documentation

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ASSESSMENT

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**Section B, continued (expanded view of the assessment section)**

Template: B Assessment 2013

Nutrition Assessment Terminology -Academy of Nutrition and Dietetics  
Nutrition Care Process  
International Dietetics and Nutrition Terminology Reference Manual (Fourth Edition)  
Copyright© 2013 Academy of Nutrition and Dietetics

Assessment Documentation

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ASSESSMENT

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FOOD /NUTRITION-RELATED HISTORY (FH)  
 ANTHROPOMETRIC MEASUREMENTS (AD)  
 BODY COMPOSITION/GROWTH/WEIGHT HISTORY (1.1)  
    Height: 63.00 in [160.02 cm] (Feb 06, 2013@12:13)  
    Weight: 147.00 lb [66.74 kg] (Feb 06, 2013@12:13)  
 Frame size [ ]  
 Weight change [ ]  
 Growth pattern indices/percentile ranks [ ]  
 Body compartment estimates [ ]  
 Last blood pressures: 160/100 (Jan 22, 2013@14:50)  
 (CLICK HERE TO ADD FREE TEXT INFORMATION)

BIOCHEMICAL DATA, MEDICAL TESTS AND PROCEDURES (BD)  
 NUTRITION-FOCUSED PHYSICAL FINDINGS (PD)  
 CLIENT HISTORY (CH)  
 COMPARATIVE STANDARDS (CS)

**Section C, of the MNT Template (Diagnosis)**

Template: C Diagnosis Terminology 2013

International Dietetics and Nutrition Terminology Reference Manual (Fourth Edition)  
Copyright© 2013 Academy of Nutrition and Dietetics

Nutrition Diagnostic Documentation

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NUTRITION DIAGNOSIS

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**Section C, continued (expanded view of the diagnosis section)**

Template: C Diagnosis Terminology 2013

International Dietetics and Nutrition Terminology Reference Manual (Fourth Edition)  
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Nutrition Diagnostic Documentation

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NUTRITION DIAGNOSIS

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NUTRITION DIAGNOSIS:

NUTRITION DIAGNOSIS:

Intake (NI)  
 Clinical (NC)  
 Behavioral Environmental (NB)

**Section D, of the MNT Template (Intervention)**

Template: D Intervention 2013

Nutrition Intervention Documentation

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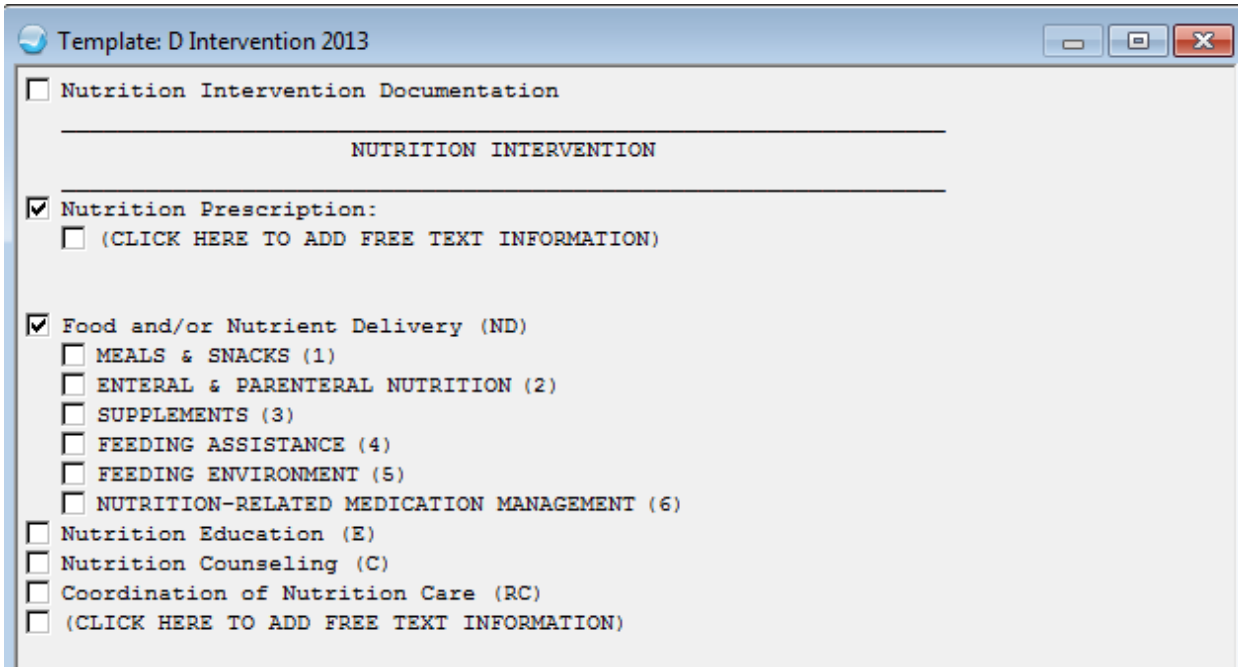
NUTRITION INTERVENTION

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Nutrition Prescription:

Food and/or Nutrient Delivery (ND)  
 Nutrition Education (E)  
 Nutrition Counseling (C)  
 Coordination of Nutrition Care (RC)  
 (CLICK HERE TO ADD FREE TEXT INFORMATION)

**Section D, continued (expanded view of the intervention section)**



Template: D Intervention 2013

Nutrition Intervention Documentation

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NUTRITION INTERVENTION

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Nutrition Prescription:  
 (CLICK HERE TO ADD FREE TEXT INFORMATION)

Food and/or Nutrient Delivery (ND)

- MEALS & SNACKS (1)
- ENTERAL & PARENTERAL NUTRITION (2)
- SUPPLEMENTS (3)
- FEEDING ASSISTANCE (4)
- FEEDING ENVIRONMENT (5)
- NUTRITION-RELATED MEDICATION MANAGEMENT (6)

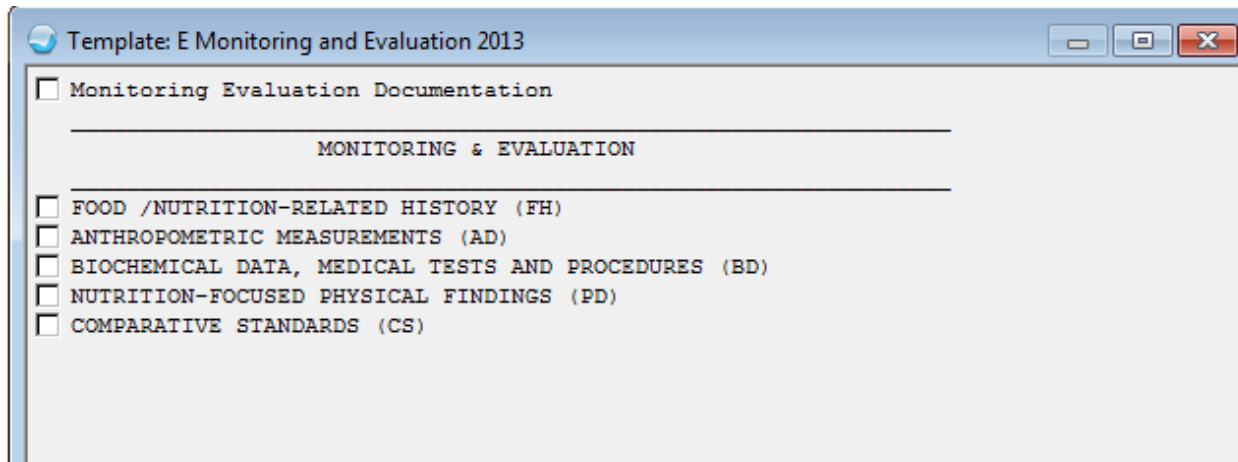
Nutrition Education (E)

Nutrition Counseling (C)

Coordination of Nutrition Care (RC)

(CLICK HERE TO ADD FREE TEXT INFORMATION)

**Section E, of the MNT Template (Monitoring and Evaluation)**



Template: E Monitoring and Evaluation 2013

Monitoring Evaluation Documentation

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MONITORING & EVALUATION

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FOOD /NUTRITION-RELATED HISTORY (FH)

ANTHROPOMETRIC MEASUREMENTS (AD)

BIOCHEMICAL DATA, MEDICAL TESTS AND PROCEDURES (BD)

NUTRITION-FOCUSED PHYSICAL FINDINGS (PD)

COMPARATIVE STANDARDS (CS)

### Section E, continued (expanded view of the monitoring and evaluation section)

Template: E Monitoring and Evaluation 2013

Monitoring Evaluation Documentation

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MONITORING & EVALUATION

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FOOD /NUTRITION-RELATED HISTORY (FH)

- FOOD AND NUTRITION INTAKE (1)
- FOOD AND NUTRIENT ADMINISTRATION (2)
- Medication and Complimentary/Alternative Medicine Use (3)
- KNOWLEDGE/BELIEFS/ATTITUDES (4)
- BEHAVIOR (5)
- FACTORS AFFECTING ACCESS TO FOOD AND FOOD/NUTRITION-RELATED SUPPLIES (6)
- PHYSICAL ACTIVITY AND FUNCTION (7)
- NUTRITION-RELATED PATIENT/CLIENT CENTERED MEASURES (8)

ANTHROPOMETRIC MEASUREMENTS (AD)

BIOCHEMICAL DATA, MEDICAL TESTS AND PROCEDURES (BD)

NUTRITION-FOCUSED PHYSICAL FINDINGS (PD)

COMPARATIVE STANDARDS (CS)

### Section F, of the MNT Template (Goals)

Template: F Goals 2013

GOALS

(CLICK HERE TO ADD FREE TEXT INFORMATION)

Clinical Goals:  
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Behavioral Goals:  
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Patient Goals:  
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### Section F, continued (expanded view of the goals section)

Template: F Goals 2013

GOALS

(CLICK HERE TO ADD FREE TEXT INFORMATION)

Clinical Goals:  
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Behavioral Goals:  
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Patient Goals:  
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Healthy Behaviors (AADE7;2007)  
~~~AADE7™ Self-Care Behaviors is a Trademark (TM)~~

Goal Setting completed by DEMO, PATIENT H on [ ] .

Confidence Level of Achieving  
Rating Scale:  
0= Not Appropriate  
1= Not interested at all  
2= No interested in at this time  
3= Thinking About  
4= Working towards  
5= Habit

Re-evaluate Self Care Behaviors in: [ ]

Healthy Eating: [ ] Goal: [ ]

Rate: 0 [ ]

(CLICK HERE TO ADD FREE TEXT INFORMATION)

All None \* Indicates a Required Field Preview OK Cancel

### Section G, of the MNT Template (Education)

Template: G Education 2013

Patient Education:  
\_\_\_\_\_

All None \* Indicates a Required Field Preview OK Cancel



**Section G, continued (expanded view of the education)**

Template: G Education 2013

Patient Education:

1 DM-N: 30 min.; INDIVIDUAL; Understanding-GOOD  
Comment:

(CLICK HERE TO ADD FREE TEXT INFORMATION)

Patient Education Handouts given and discussed:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

All None \* Indicates a Required Field Preview OK Cancel

**Section H and I, of the MNT Template (Scheduling and MNT Tracking)**

Template: H & I RTC & MNT 2013

Scheduling Tracking & MNT Management

Scheduled Appointments

MNT Tracking

All None \* Indicates a Required Field Preview OK Cancel

**Section H and I, continued (expanded view)**

Template: H & I RTC & MNT 2013

Scheduling Tracking & MNT Management

Scheduled Appointments

Patient is scheduled to return to clinic: Future Appt: None Found

(CLICK HERE TO ADD FREE TEXT INFORMATION)

Patient will return to clinic: \_\_\_\_\_

The patient has been released/discharged from MNT services.

Patient will return to MNT clinic: \_\_\_\_\_

MNT Tracking

Time in: \_\_\_\_\_ Time Out: \_\_\_\_\_

CPT codes: MEDICAL NUTRITION INDIV IN Qty=3 (97802)

All None \* Indicates a Required Field Preview OK Cancel

<sup>1</sup> The **Medical Nutrition Therapy Action Team (MAT)** is a national team of registered dietitians (RDs) with the objective of promoting the adequate and coordinated access to high quality nutrition services throughout the Indian health system. Service on MAT is a collateral duty.